

THE LOUISVILLE BICYCLE CLUB

Founded in 1897

www.louisvillebicycleclub.org

July/August 2006

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The Louisville Cyclist is a bi-monthly newsletter of the Louisville Bicycle Club.

Please submit articles, copy, ads and photos to Sara Ferebee, 2900 Cannons Lane, 40205, editor@louisvillebicycleclub.org, 502.473.7447.

Deadline for the September/October 2006 issue is August 1, 2006.

Please let us know what you think this newsletter needs. After all, it's your newsletter!



THE BURDENS OF A ROLE MODEL *by Earl Jones, LBC President*

Although not as suspenseful as “24,” many Club members have been following my progress in accumulating mileage with much interest. I guess I should have expected that after last season’s expose’ that I had all of 100 miles for the entire season. (As I reported in a subsequent newsletter clarification, that mileage total was a typo: the actual total just exceeded 1000 miles.)



But the story of my 100-mile season stuck. It became a useful metaphor for the reality of too-little riding and way too few LBC rides.

So I’m glad to report that as of this writing, our crack statisticians, Sandy and Carl Davis, report that I was at 207 miles and had done 10 rides. Better still, based on our growing membership numbers – over 900 – I’m among the Club’s top riders: Only 159 members have more miles.

Admittedly, I may not be in the same league as Steve Sarson, the current leader with 3,400+ miles. But there are 5 more months in the season.

This rationalization put me in great spirits. When the weather cleared, I did the 2 p.m. Sunday ride. Nice cool weather, great ride. It was during a conversation in the après-ride socializing that I got another perspective on why some LBC members monitor my progress.

The member in question was in the top 150 riders (and a former yellow jersey winner). Her husband joked that she’d have to step up her riding to make sure that she didn’t wind up with fewer miles than yours truly.

We had a good laugh. But the truth can’t be ignored: I’ve become a sort of anti-role model, what not to be.

We have awards and jerseys for most miles, most improved, best racers. I think we need a few anti-awards. I’ll be the awards committee. Nominate yourself or another worthy club member. Non-extraordinary riders unite!

This could catch on.

THE MAGIC OF BARDSTOWN AWAITS YOU *by Deb Sexton*

The Magic of Bardstown Awaits You During the 29th Old Kentucky Home Tour September 9 and 10, 2006

Scenic byways, rolling hills and miles of road await to create a magical delight and challenge for this year's participants in the Louisville Bicycle Club's 29th Old Kentucky Home Tour on September 9 and 10. And, the magic doesn't end when riders arrive at the sprawling lawn of Spalding Hall in Bardstown. In fact, the land of enchantment has only just begun!

After putting away the bike and taking a refreshing shower, the enchantment of Bardstown continues with a plethora of activities to soothe, invigorate and entertain one and all from Saturday afternoon to Sunday morning. Good food, live musical entertainment, soothing massages and relaxing yoga are only the beginning of what OKHT 2006 has to offer in Bardstown.

Some highlights of the delights that await one and all include:

- After people have traversed around historic Bardstown's dining scene for dinner, enjoying the delectable food to be offered, be sure to gather around for live entertainment on the lawn of Spalding Hall. The "**Mad Dog Rhythm and Blues Quartet**" will be sure to have you dancing on your feet and clapping your hands to the rhythm of the music.
- **Baptist East Milestone Fitness Center** will be providing yoga (light stretching to loosen up the muscles of riders after their long ride through the land of enchantment between Louisville and Bardstown). Baptist East Milestone Fitness Center has been an outstanding sponsor of yoga for the OKHT for several years.
- **Dr. Margaret Preble** and her crew, along with staff from **Advanced Massage Therapeutics**, will be offering massages to riders. There will be two tents with wonderful massage therapists who will work out all the tension and straining of muscles with their magical powers of massage.
- **Ice cream on the Spalding Hall lawn** is being offered again this year by Robert Hamilton. Look for the ice cream station and enjoy a cool, creamy soft-serve ice cream cone or sundae for a terrific price. Be sure to check out the special Caramel Bourbon Sundae.
- **Buffalo Trace Distillery** will be serving samplings of their delightful brew of bourbon to all who wander through the halls of time at Spalding Hall Museum. Buffalo Trace Distillery has been a favorite sponsor of this activity for OKHT.
- Special arrangements have been made for several museum tour opportunities:
 - *St. Joseph's Proto Cathedral* (located next to Spalding Hall) – the staff at this historic cathedral has graciously offered an opportunity for a guided tour for OKHT participants from 3:00-3:30 p.m. A \$2 donation is suggested. Be sure to tell the tour guide you are an OKHT participant to take advantage of this special tour.

- *Civil War Museum* – There are five attractions to tour at this museum. Come discover the past in the Pioneer Village, Wildlife Museum, Women's Civil War Museum or Mid-America Wars Museum (exhibits include artifacts from every war since the Civil War to the present day war in Iraq). Tours are from 10:00 a.m. to 5:00 p.m. for the Pioneer Village, Wildlife Museum and Main Museum. The Mid-America War Museum and Women's Civil War Museum hours are 10:00 a.m. to 4:30 p.m. Groups of 20 are offered a special rate of \$8.50 for all five museums. Regular Museum rates are \$10.00 for all five museum tours.

- *My Old Kentucky Home & Federal Hill Mansion* – guided tours are being offered at a special price for OKHT participants: Adults are \$5.50; Seniors \$5.00; Children 6-12 years old \$3.50 and children under 6 are free. Tours begin at 9:00 a.m., with the last tour starting at 4:45 p.m.

- *Carriage rides around historic Bardstown* are always fun and interesting. Around the Town Carriages are offering free horse-drawn carriage rides from 4:00 p.m. until 8:00 p.m. on Saturday. Just come to the corner of the Spalding Hall street entrance and hop on a ride around town. LBC is pleased to have Byerly Ford as the new sponsor of this activity at the OKHT.

• **Sunday Morning Sunrise Worship Services** are being offered at the elementary school beginning at 7:00 a.m. Start your ride Sunday morning with a short inspiring message and song in your heart. Glen and Lisa Todd are our guests providing this wonderful start to your day.

Come – enjoy the day or an entire weekend – the magic of historic Bardstown awaits with events and attractions for everyone to participate in during the 29th Old Kentucky Home Tour.



OKHT by Cathy Kinberger, 2006 OKHT Director

It's that time of year again. The 29th Annual OKHT Sept 9th & 10th.

It is my hope to make this year's ride every bit as good as last year's. To do that, I will need your help. It is time for volunteers. You came through for Kathy every year; I hope that you do the same for me. I was extremely lucky as the core team came back this year. It has made for a very easy transition. Kathy gave me all the details she could and answered every silly question I asked.

Two of the people who came back this year are Tracy Barnes and Marion VanIngen, our volunteer coordinating team. They want to hear from you, and as always, they will need a filled out registration form.

The team has really stepped up for me. Every time something fell through, they got the replacement. We are working on trying some different things both this year and next year, too. We already have a new and improved breakfast in place for Sunday. When you see Deb in Bardstown, thank her; without her it would not have happened.

Jamie will be back in Bardstown again this year, too. These gals are the ones who

make your Saturday in Bardstown happen. You know it wouldn't be our OKHT without the cookie stop. This is another area where we have a team coming back from last year. Carl and Sandy Davis. Coming into the cookie stop last year was very enjoyable. They had some great signage going on. So, don't forget to make your cookies. We always have room for them, and there can never be too many.

One of the best things about this ride is seeing the same people each year; this is especially true of the volunteers. At many of the SAG stops, if you were to ask, you would find that the same leader has manned most of them for many years. The leaders coming back make it a very smooth day for our volunteers. They know what to do and how to do it. Volunteer to be on a SAG stop. You will have a fun day and can still ride part of the tour. The sag stops were one of the most enjoyable parts of the ride last year. Many of them had themes, and you really missed the boat if you missed our new SAG at Harmony Habitat last year. I have been told they are trying for better this year. One of my goals as the director is to get all the SAGs to do themes. And next year I'll have a theme for the ride that everything will revolve around. You can help – volunteer! Do it early to get the job you really want!

YOUR EXECUTIVE COMMITTEE

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The Louisville Bicycle Club is affiliated with the **League of American Bicyclists (LAB)** and the **United States Cycling Federation (USCF)**.

OKHT WEB SITE, JERSEY AND REGISTRATION by Sara Ferebee

The **2006 Commemorative Jersey** and **online registration** are available at the OKHT web site (www.okht.org).

This year, in addition to the Club-fit short-sleeve jersey, we are offering a women's specific sleeveless jersey - after many requests by women in previous years. Be sure to get your order in early if you want a sleeveless jersey. My preliminary polling suggests they may go quickly.



Check out the OKHT web site (www.okht.org) for a larger, full color view of the jersey.

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L'SPIRIT ROAD RACE RAISES FUNDS FOR CRUSADE *by Mark Luking*

Letter to Team Louisville by VP of Racing Mark Luking

I met with LaGrange Fire Chief, Jim Sitzler today to make a donation of \$221 to the Crusade for Children on behalf of our racing team (\$1 for each racer that attended this year's L'Spirit race).

As you know, we have been hosting a race at L'Spirit, just outside LaGrange for several seasons, and this year we were fortunate to have a very large turnout.

This seemed to be a great opportunity to give something back to the community of La Grange for their support in allowing us to use this venue.

I also spoke to Chief Sitzler and some of his staff about the possibility of a partnership with their Fire Department for future races to help raise money for this worthy cause.

One idea that we discussed was offering a hot meal, and perhaps some musical entertainment at Fire Station #3 for a nominal fee after the race.

I think that this will be a chance for us to build a positive image for bicycle racing in the community as well as adding to the fun of the L'Spirit Road Race.



TOUR DE SPIRIT, A NEW LOUISVILLE TRADITION *by Deb Conrad*

There's a cemetery in Louisville whose beginning in the 1850s was marked by protests, a church brawl, deposed trustees and a radical group of "malcontents." Funny, huh? You could find that out by calling Julie in the office of Catholic cemeteries.

Better would be to sign up for the Tour de Spirit, a wonderful bike ride of 10, 25 or 40 miles through a couple dozen interesting Louisville neighborhoods.

Ride the Tour de Spirit, and you'll see that cemetery, the cemetery where actor Victor Mature is buried, and the cemetery that had a problem with disappearing bodies in decades past. You'll also see the place where filmmaker DW Griffith went to church; the house where Muhammad Ali grew up; a huge water tower shaped like an Old Forrester bourbon bottle at the Brown-Forman distillery; the Cabbage Patch Mrs. Wigg's made famous; a bridge that goes nowhere; a pre-Civil War marine hospital; the house where Thomas Edison may or may not have invented the lightbulb; and the place where 30,000 cyclists gathered in 1896 for races and a convention. If you think Kentucky worships tobacco, you may be interested in the tobacco mogul's mansion that is now a church. Something for everyone! About 50 sites in 20-plus neighborhoods. What a great day. (We thought of re-enacting the church brawl, but then we'd have to charge more.)

The Second Annual Tour de Spirit is September 30 in Louisville, benefiting the poverty education work of UrbanSpirit, itself something of an oddity - a church with no members. Check it out on the web: www.urbanspirit.org.

The Tour de Spirit is designed to highlight Louisville's underappreciated areas, but will also leave you well-fed and entertained. Live music, lots of food, nice people, door prizes and free t-shirts are all included in the entry fee. Showers and dorms are also available, if you'd like to make it a weekend.

Additionally, riders who bring donations for UrbanSpirit will receive additional raffle tickets (one for each 50 dollars) for other great prizes from Quest Outdoors and others. Bring in \$500, and you'll be entered into a drawing for a new bicycle!

Our ride captain is Joe Ward, author of *Wheeling around the Bluegrass*. In addition to his captain duties, Joe will sign copies of his books and swap "true" stories of ride adventures. Honorary Ride Captains include the mayor of Louisville, the superintendent of Catholic schools, a world famous jazz musician, and a public radio personality.

It's a great day and a great deal. Cost is just \$20 for now, but will go up later in the summer. Find out more, even register on-line, at www.urbanspirit.org/2006tourdespirit.htm.

EMAIL NEWSLETTER DELIVERY

The LBC 2006 budget for newsletter costs is \$5,000, which represents nearly 25% of our total program costs. In an attempt to reduce this cost so monies can be used by other programs, the Executive Committee is introducing email newsletter delivery. This optional service will begin with the newsletter for May/June 2006. The newsletter will be sent in PDF format to those who have signed up for this service. Each delivery will save the club \$1.25 in printing and mailing costs per issue per membership. Those who choose this email delivery will typically receive their newsletter 4-7 days before those who receive their newsletters via regular mail.

Club membership applications and membership reminder postcards will be modified to include this option. If, after trying email

delivery, members don't like this method, they may revert back to regular mail delivery.

More than 100 LBC members have already signed up to receive the e-newsletter.

To sign up for this option please go to <http://www.louisvillebicyccleclub.org/forms/enewsletter.htm>.

Thanks for your cooperation.
LBC Executive Committee

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NEW MEMBERS

Abell, Don	3201 Dale Ann Dr	Louisville, KY	40220	502 458-8092
Acampora, Lewis, Lenore Hoyt	1843 Shady Lane	Louisville, KY	40205	949 887-9032
Babiasz, Carl	5614 Cynthia Dr	Louisville, KY	40291	502 239-4087
Beaver, Tanya	270 Redmon Rd	Vine Grove, KY	40175	414 289-9083
Bernardi, Brian & Jody, Natalie, Robby	3020 S Winchester Acres Rd	Louisville, KY	40223	502 245-2210
Bishop, Elijah	716 Speckert Ct	Louisville, KY	40203	502 715-8812
Blair, Robbie & David				
Corwyn, Lachlan, Asiauna	3028 Leman Dr	Louisville, KY	40220	502 235-6263
Bostic, Ami	5010 Wolf Pen Woods Dr	Prospect, KY	40059	502 558-8136
Bronner, Edward & Pamela				
Christina, Stephanie, Joseph	1040 Lynnhurst Ave	Louisville, KY	40215	502 367-8432
Brooks, Paul	2605 Meadow Rd	Louisville, KY	40205	502 459-9423
Buddeke, Charles	2325 Woodford Pl	Louisville, KY	40205	502 473-0287
Burton, Jeffrey	PO Box 43174	Louisville, KY	40253	502 419-8828
Dailey, Mike	6007 Hwy 111	Sellersburg, IN	47172	812 246-9540
Daniel, Brian	3611 Wynbrooke Cr	Louisville, KY	40241	502 339-1812
Davis, Irene	433 E Brandeis Ave	Louisville, KY	40217	502 638-0737
Dougherty, William	7422 Steeplecrest Cr #110	Louisville, KY	40222	502 425-3872
Dresselhaus, Joseph	634 Lynn St	Louisville, KY	40217	
Ezell, George	8014 Cedar Glen Ln	Louisville, KY	40291	502 239-4857
Hardison, Melanie	1823 Edenside Ave #1	Louisville, KY	40204	
Harris, Melanie	1010 Horseshoe Dr	Shelbyville, KY	40065	502 212-1598
Hayes, Nick	4527 Coffee Tree Lane	Louisville, KY	40299	502 263-7259
Highbaugh, Steve	10713 Bluelick Rd	Louisville, KY	40229	502 966-2115
Hirschy, Amy	3003 Sherbrooke Rd	Louisville, KY	40205	615 414-4356
Hite, Scott	8002 Sycamore Creek Dr	Louisville, KY	40222	502 425-5348
Howes, Scott	3500 Hycliffe Ave	Louisville, KY	40207	502 445-8201
Kiefer, Chris	2800 Belknap Beach Rd	Prospect, KY	40059	502 228-5038
Klein, Doug & Pamela	4806 Tipton Place	Louisville, KY	40272	502 724-1819
Lane, Prewitt	13905 Rutland Rd	Goshen, KY	40026	
McCarty, Shawn, Sam, Harry, Ben	9521 Norton Commons Blvd	Prospect, KY	40059	502 394-0120
McNary, Ross & Lacey	406 Ewing St	Frankfort, KY	40601	502 417-9173
Miller, Jim	3642 Mobley Mill Rd	Cox's Creek, KY	40013	502 350-4543
Nestmann, Robert	123 Woodmore Ave	Louisville, KY	40214	502 368-6160
Nolan, Robert	7108 Chippenham Rd	Louisville, KY	40222	502 290-1688
Orberson, Elizabeth & David, Olivia	1506 Quail Ridge Trail	New Albany, IN	47150	812 944-2564
Phu, Cam	2445 Idlewylde Ct	Louisville, KY	40280	502 767-4131
Plummer, David	7019 Chippenham Rd	Louisville, KY	40222	502 295-5370
Ratcliffe, Jim & Amber	13501 Diane Ave	Louisville, KY	40272	
Recktenwald, Tom	2717 Benoch Ave	Louisville, KY	40216	
Render, Scott	1106 Old Cannons Lane	Louisville, KY	40207	502 592-1300
Rhodes, Brian, Michael	7524 Clipping Cross Rd	Louisville, KY	40241	502 228-5606
Rice, Paul	4619 Beaver Rd	Louisville, KY	40207	
Scheen, Randy	513 Morningside Dr	Louisville, KY	40206	502 895-3646
Scheller, Martin & Sue	11520 Shelbyville Rd	Louisville, KY	40243	
Sexton, Adam	222 W Esplanade Ave	Louisville, KY	40214	502 710-1162
Trial, TC	9301 Woodmont Ridge Dr	Louisville, KY	40245	502 552-6434
Walker, Bob & Linda	Wilson4002 Sunny Crossing Dr	Louisville, KY	40299	
Weitzen, Cassie	612 Mallard Creek Rd	Louisville, KY	40207	203 770-9350
Wiley, Charles & Betsy	915 Texas Ave	Louisville, KY	40217	502 636-2867
Wright, Timothy	4807 Tipton Place	Louisville, KY	40272	502 937-8226

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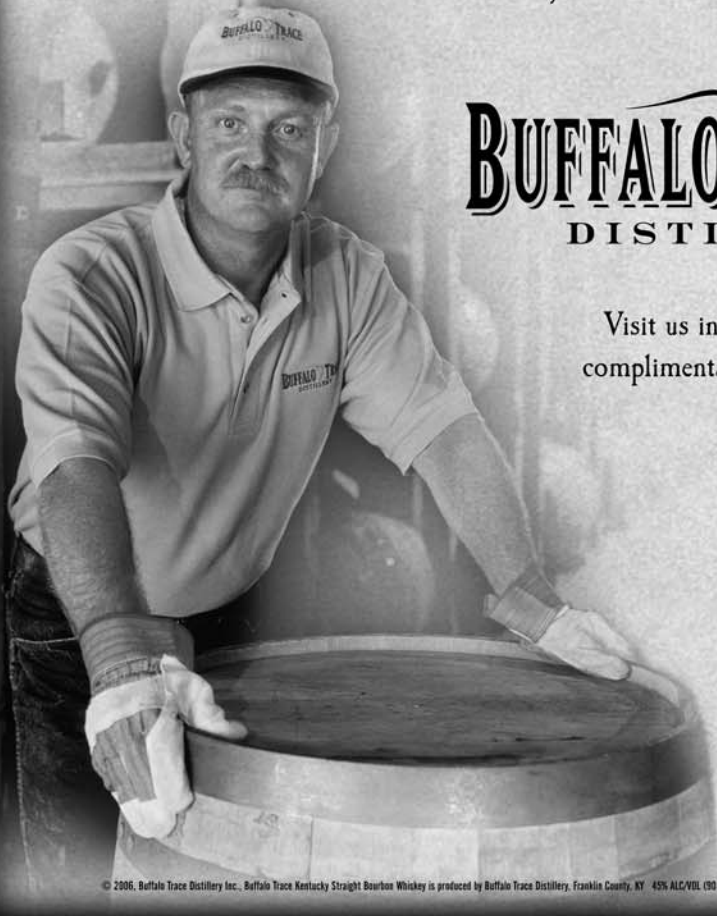
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BIKE TREK TO SHAKERTOWN American Lung Association of KY

Come September, the American Lung Association's Bike Trek to Shakertown will be launching its 3rd decade of bicycle trekking for the fight against lung disease! The spectacular at-your-own-pace Kentucky tour is scheduled for September 16-18. If you can't ride all three days, choose the two-day trek, Sept. 16 and 17.

The round-trip route begins and ends in historic Harrodsburg, with the first night's stay at Danville's Pioneer Playhouse. Sunday's ride takes cyclists on to Shakertown, where participants can tour the village, dine on fabulous "country gourmet" cooking, enjoy live entertainment and spend the night in the village's beautifully restored 19th century dwelling houses. The two-day trek includes Sunday's visit to Shakertown (excluding Sun. dinner and overnight stay) and a shuttle back to Harrodsburg.

No matter the level of cycling ability, there's something for everyone. Beginners can opt for the basic route of 30-35 miles each day, while those wanting a greater challenge will enjoy a 61-mile, moderately hilly ride on Saturday and a similar option on Sunday. Monday's routes will both be shorter. Each day's rides feature gorgeous rolling countryside, as well as historical and cultural points of interest along the way.

Whatever the route, riders can expect first class service with experienced tour leaders, on-the-road bike repair service, gear

trucks for luggage, rest stops with high-energy snacks, free massages and other amenities to make the ride fun and hassle-free.

Founded in 1904, the American Lung Association has worked for over 100 years to prevent lung disease and promote lung health. In support of the cause, each rider pays a \$50 registration fee and agrees to raise a minimum of \$300 (\$175 for 2-day ride). It's not hard and ALA staff will offer fund raising tips, assistance in collecting pledges and outstanding incentive prizes.

Brochures are available at all the local bike shops. For more information, call 363-2652 (toll free: 800-586-4872) or check the Lung Association's website: www.kylung.org.

NEWSFLASH: The 2006 trekker who recruits the most NEW riders wins a \$300 gift certificate from Bicycle Sport!



LBC ANNUAL PICNIC by Sara Ferebee

LBC Annual Picnic Sunday, August 27, 2pm

The LBC Annual Picnic will take place on **Sunday, August 27, at 2 pm at Hays Kennedy Park** (off upper River Road). Pre-picnic rides will include a 50-mile ride at 10am, a 30-mile ride at 12 pm and a 15-mile ride at 12:30pm. Check the ride schedule for more details.

Please note the times. They are slightly different from previous years, and we wouldn't want you to miss anything!

The club will provide beverages and the BBQ, catered by Country Bo's BBQ. Members are asked to bring salad, vegetables or dessert. Last year's "best dish of the day" competition was a big hit, so we'll do it again this year. Fabulous prizes await the winners, so break out the recipe box and whip up a winner!

See you on August 27!



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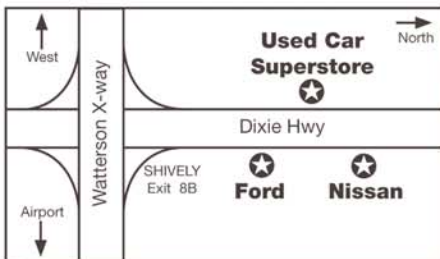
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HILL CLIMBING MOTIVATION AND POLICE REPORT ALL IN ONE! by Larry Stickler

Editor's Note: Larry sent me this article early this year, and I've been unable to fit it in the newsletter until now. Enjoy!

Dateline: December 27, 2005

A few of the newly launched Team Bolla members took advantage of December's mild weather and rode a late afternoon moderate 25 mile loop.

Jeff Murphy and Jack Grace and I started in New Albany and chose to ride Corydon Pike up a favorite curvy climb; Edwardsville Hill. I rode my fixed gear, Jack a mountain bike and Jeff - one of his road bikes. The topic du jour was Jeff's recent knee surgery. We quizzed him and quietly wondered what the heck he was doing riding with us.

More topics ensued, such as discussions on our first race, the Schabobele Road Race on February 18th (www.godzulla.com/schabobele). I asked if the 'toaster' was bigger than the hill we were climbing . . . it is? . . . I groaned, and how many loops Jack? Jack who raced it last year and did well just smiled . . . (Jack always smiles).

Given Jeff's recent surgery, we agreed to ride easy and to 'holster' any attempts to sprint to the Edwardsville sign. Well, we said we agreed anyway. Secretly, I was determining if my fixed gear could beat Jack's mountain bike - I think he was determining the same.

As we approached the northern track, we were stopped by an approaching train and waited for it to pass. A few cars lined up behind.

Unbeknownst to us, we were minutes away from experiencing a mean spirited JackAss episode gone wrong.

The train passed. We clipped in and started to climb. I jumped in front of Jack and Jeff trying to remember my promise to refrain from sprinting to the green sign while attentively listening for Jack's pending attack.

Cars passed us by and a strange faint repeating sound emerged. It sounded like freshly paved street gravel flying off a tire at a very high rate of speed. The rate of impact did not equate to the speed a car could drive around those curves. "TAT TAT TAT TAT TAT." It was very 'Ripley's Believe It or Not' strange. Unfortunately, it was not to be believed.

Out of the blue, I heard a sailor's words . . . NO, those were Jeff's as he called out to the passing car who possessed the strange sounds "TAT TAT TAT TAT TAT"

I'm gonna kick your <insert multiple expletives>

Leading in front, I wasn't sure what happened. Trying to navigate the curvy hill, I stayed on focus to keep from falling into the ditch. Shortly after Father Jeff's rump kicking statement, the gravelly sound got louder and approached me and my bike. "TAT TAT TAT TAT" A split second later, my leg felt repeated stings and I looked up to see some bucket head passenger leaning outside shooting me!

We believed it to be some sort of automatic CO2 powered BB gun. None the less, we were in shock. Quickly, our shock turned into collective anger. We asked if everyone was ok. Jeff's back got peppered and his helmet was hit too. Jack was not hit (I think he was still smiling). Fortunately, everyone was ok. It happened so fast, none of us got a full plate #, just 22 something.

The fight or flight emotion immediately sprung to action and I stomped on my bike's fixed gear cranks and climbed as hard and fast as I could. I thought I might have a slim chance to get a plate # or at least see where they would turn once they crested the hill.

No chance, the teenage boys in Mom and Dad's Gold Chrysler Intrepid sped away leaving me in the dust.

We asked folks at the top by a gas station, rode over to the local McDonalds, but did not see anyone fitting the description. Probably best we didn't catch them.

After the ride, we reported the incident to the Sheriff. The next day Jeff and I did hill repeats and funny how he suggested revisiting Edwardsville Hill. Fortunately for the Bucket Heads, we did not see them. Unfortunately for me, my climbs paled in comparison to the previous day's effort.

After our ride, Jeff received a call from the Sheriff's office. The bad boys were caught!

Apparently they continued their stupid rampage shooting multiple windows, a defenseless woman in the neck and another man. The man was able to ID the plates and called it in.

Thankfully, someone's new Christmas present just got confiscated.

Report all serious incidents to the police so the prosecutors will have something to work with.

BAD BOYS BAD BOYS WHATCHA GONNA DO?

Do you have something you want to share with your fellow club members?

Send us an article and photos for the newsletter! We can accept hand-written manuscripts, hardcopy print-outs or articles on disk (Word documents preferred), or e-mail.

Send to Sara Ferebee, VP Communications (see cover for addresses) or hand to any club officer.

The Louisville Bicycle Club reserves the right to edit all submitted articles.

See cover for deadlines.

The newsletter is sent third class. The post office will not forward to your new address. Please notify Barbara Tretter, club secretary, of any address changes.

**Goose Creek
Cycle**
Louisville, KY
www.goosecreekcycle.com

Finally...

...Online shopping & online prices from a local store promoting local cycling.

Discounts for LBC members.

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To receive discounts please e-mail jon@goosecreekcycle.com with your name and the text "LBC member wants discount" (We will not send you junk mail, but you have the option of receiving a monthly e-mail with deals you will not find online.)

Proudly supporting: **Agisko/Viner(ky)p/b Kinetic Koffee** racing

Editor's Note: An incorrect ad was placed in the 2006 LBC Directory for **Goose Creek Cycle**. We are providing this one-time newsletter advertisement for Goose Creek Cycle to correct the error. Please make a note of this information.

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