

Louisville Bicycle Club

February 2012 Rides & Events

Ride difficulty ratings are approximate:

#1: Family/Beginner Ride

#2: Mostly flat to rolling, up to 1/3 hills

#3: Rolling, up to 1/2 hills

#4: Rolling, mostly hills, some long, steep grades and/or long mileage

#5: Mostly long, steep hills and/or extremely long mileage

CPSC- or Snell-approved helmets are required.

All rides will begin 15 minutes after the scheduled ride time. All riders are welcome to join us!

All phone numbers are 502 area code except where noted.

For Ride Updates and Cancellations

See: <http://www.louisvillebicycleclub.org/RideUpdates>

For Basic Rider Responsibility See: <http://www.louisvillebicycleclub.org/Resources/Documents/RiderResponsibilities2011.pdf>

Wednesday, February 1

- 10:00 am – 54 miles, #3, **Long Run Park**, RC: Mark Rougeux, 502-494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night Hogans Fountain** to Iroquois Park & return (Lights required) Headlight & (2)taillights reflective - high visibility gear encouraged RC Perry Finley 852.5874

Thursday, February 2

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremeyn Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOUR(20 mile credit)**. Bring your own bike and trainer (or rollers) and enjoy some wintertime indoor training with fellow cyclists. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A.B. Sandefur 425-9463 (no wheelman time).

Friday, February 3

- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees. RC: Connie Guild, (502) 608-7758.

Saturday, February 4

- 10:00 am – 35 mi. #2 **Iroquois Special** & 17 mi. Slow & Easy. Waterfront Park, Yellow Lot. RC Steve Highbaugh 445-1290
- 1:00 pm – 10 miles 3850 Crandall Station Rd, Crandall, IN "**The Crandall Fat Tire Frozen Trail Classic**", a tribute/memorial (depending on whether he lives) to Steve Rice's exploits on the Arrowhead 135. Bring a mountain bike to ride loops on a five mile marked course on little used trails through private forest land and fields in Harrison Co. Indiana. Trail runners and hikers also welcome on course. (club mileage for bikes only) Chili, adult beverages, and hot tub after ride/hike for all at Roggenhill residence. More info posted on kycyclist week before event. RC: Kirk Roggenkamp 718-1911 anchorog@insightbb.com and Cathy Hill 589-509-4425

Sunday, February 5

- 8:00 a.m. 100/50 miles. #3+. **Silvercreek Century and 50 miler**. These routes were pulled from Gizmo's site. I believe the century is the same as the Virgin Century. Only the 100 mile route will be swept unless someone volunteers to sweep the shorter route. Ride start at Silver Creek High School in Sellersburg, IN.

RC: Melissa "Puddle" Hall, (8120 752-3973 or lissh45@yahoo.com).

- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 2:00 pm – 15/25 mi. #3. **Heine Bros. Coffee**, Chenoweth Ln. RC Connie Guild 608-7758

Monday, February 6

- 9:30 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective - high visibility gear encouraged RC Perry Finley 852.5874

Tuesday, February 7

- 9:30 am – 55 miles, #3+, **Loch Ness Monster Ride**, Floyds Fork Park, Bill Pustow, 777-2847.
- 5:15 pm – 15 miles, #2, **Adam's Short Tuesday Night ride**, meet in Burdorf's parking lot just like last year, NOT for the "fair weather cyclist", because I rarely cancel a ride. RC: Adam Livingston, (502)287-3837.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Wednesday, February 8

- 10:00 am – 15/36 miles #3 **Memphis Truck Stop** Alison Ewart 502 541 1026
- 10:00 am – 51 miles, #3, **Long Run Park**. RC: Mark Rougeux, 502-494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night Hogans Fountain** to Iroquois Park & return (Lights required Headlight & (2)taillights) reflective - high visibility gear encouraged RC Perry Finley 852.5874

Thursday, February 9

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremen Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Friday, February 10

- 9:45 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees. RC: Connie Guild, (502) 608-7758.

Saturday, February 11

- 9:45 am – **February Populaire 100K #3**. Slugger Field Parking Lot, Jackson and Main. This populaire will be run just like a brevet, but there is no entry fee. We do ask that you notify the ride captains in advance so that we may prepare brevet cards for you. If you have questions, please ask me or Steve and we will be glad to attempt to answer them for you. RC: Timothy Stephen 502-608-6174 barturtle at gmail.com or Steve Rice sriceky at gmail.com
- 10:00 am – 35 mi. #2 **Iroquois Special** & 17 mi. #1 Slow & Easy. Waterfront Park, Yellow Lot. RC George Cooper 499-1652

Sunday, February 12

- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 2:00 pm – 15/25 mi. #3. **Heine Bros. Coffee**, Chenoweth Ln. RC Eric Sellers 216-8248

Monday, February 13

- 9:30 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective - high visibility gear encouraged RC Perry Finley 852.5874

Tuesday, February 14

- 9:30 am – 57 miles, #3+, **Tire Breaker Ride**, Floyds Fork Park, Bill Pustow, 777-2847.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Wednesday, February 15

- 10:00 am – 51 miles, #3, **Tom Sawyer Park**. RC: Mark Rougeux, 502-494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night Hogans Fountain** to Iroquois Park & return (Lights required Headlight & (2)taillights) reflective - high visibility gear encouraged RC Perry Finley 852.5874

Thursday, February 16

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremén Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Friday, February 17

- 9:45 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees. RC: Connie Guild, (502) 608-7758.

Saturday, February 18

- 9:00 am – 66 miles. #3. **Salem 65 miler**. Ride start at Clark Forestry, Henryville, IN. RC: Melissa "Puddle" Hall, (812)752-3973 or lissah45@yahoo.com.
- 10:00 am – 35 mi. #2 **Iroquois Special** & 17 mi. #1 Slow & Easy. Waterfront Park, Yellow Lot. RC Laura Trachtenberg 905-1365

Sunday, February 19

- 8:00 am – 100 mi #4 Starts at **Shelbyville McDonald's** at intersection of Hwy 53 and US 60 RC Steve Rice 502-494-5288.
- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 2:00 pm – 15/25 mi. #3. **Baptist East/Milestone Fitness Center**, 750 Cypress St. Dr. RC Steve Sarson 499-7089

Monday, February 20

- 9:30 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective - high visibility gear encouraged RC Perry Finley 852.5874

Tuesday, February 21

- 9:30 am – 63 miles, #3+, **Loop de Loop Ride**, Floyds Fork Park, Bill Pustow, 777-2847.
- 5:15 pm – 15 miles, #2, **Adam's Short Tuesday Night Ride**, meet in Burdorf's parking lot just like last year, NOT for the "fair weather cyclist", because I rarely cancel a ride. RC: Adam Livingstgon, (502)287-3837.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Wednesday, February 22

- 9:45 am – 59 miles, #3. **Long Run Park**. RC: Mark Rougeux, 502-494-9056
- 10:00 am – 15/40 miles #3 **Memphis Truck Stop** Alison Ewart 502 541 1026
- 6:30 pm – 26 Miles #2 **Wheeling in the Night Hogans Fountain** to Iroquois Park & return (Lights required Headlight & (2)taillights) reflective - high visibility gear encouraged RC Perry Finley 852.5874

Thursday, February 23

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremén Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Friday, February 24

- 9:45 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be

considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees.
RC: Connie Guild, (502) 608-7758.

Saturday, February 25

- 8:00 am – 100/56 mi. #4. **Carl's Maple Syrup Festival Ride**. Ride start under 2nd Street Bridge, Jeffersonville, IN. Please note that the 56 mile option ENDS at the festival and you must provide your own transportation home from the festival. People have had their families meet them at the festival in the past. Only the century riders will be swept. Ride to Salem for hot pancakes and freshly harvested maple syrup. Due to darkness and safety concerns, please be capable of maintaining a pace that will allow the group to get in before dusk. RC: Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.
- 10:00 am – 35 mi. #2 **Iroquois Special** & 17 mi. #1 Slow & Easy. Waterfront Park, Yellow Lot. RC Gil Crenshaw 418-1507

Sunday, February 26

- 8:00 am – 30/62 mi. #3 **Vettiner Park** RC: David King 500-7351.
- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 2:00 pm – 15/25 mi. #3. **Heine Bros Coffee**, Chenoweth Ln. RC Stewart Prather 609-6339.

Monday, February 27

- 9:30 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective - high visibility gear encouraged RC Perry Finley 852.5874

Tuesday, February 28

- 9:45 am – 53 miles #3. **Long Run Park**. RC: Mark Rougeux, 502-494-9056.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 per yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time).

Wednesday, February 29

- 9:30 am – 61 miles, #3+, **Henry County Ride**, Long Run Park, Bill Pustow, 777-2847.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night Hogans Fountain** to Iroquois Park & return (Lights required Headlight & (2)taillights) reflective - high visibility gear encouraged RC Perry Finley 852.5874