

Louisville Bicycle Club

January 2011 Rides & Events

Ride difficulty ratings are approximate:

#1: Family/Beginner Ride

#2: Mostly flat to rolling, up to 1/3 hills

#3: Rolling, up to 1/2 hills

#4: Rolling, mostly hills, some long, steep grades and/or long mileage

#5: Mostly long, steep hills and/or extremely long mileage

CPSC- or Snell-approved helmets are required.

All rides will begin 15 minutes after the scheduled ride time. All riders are welcome to join us!

All phone numbers are 502 area code except where noted.

For Ride Updates and Cancellations

See: <http://www.louisvillebicycleclub.org/RideUpdates>

Sunday, January 1

- 11:00 am – **POLAR BEAR RIDE and CHILI COOK-OFF**. Join us to ring in the new year! The mileage will depend on the weather, the CHILI COOK-OFF will not! After the ride, enjoy some chili and drinks which will be provided. If you haven't entered your chili in the COOK-OFF, please bring a side dish or dessert. Highland Post 201 of The American Legion, 2919 Bardstown Road, 40205. RC: Andy Murphy 526-1040.
- 12:00 pm – **Annual New Year's Day SWAP MEET**. Go down in the cellar and dig out some of those old bikes, components or other bicycling related knick-knacks you don't need any more and trade them for something you can use--or sell them for something you can use--CASH! Highland Post 201 of The American Legion, 2919 Bardstown Road, 40205. RC: Andy Murphy 526-1040.
- 1:00 pm – **General Membership Meeting**. After Lunch. Highland Post 201 of The American Legion, 2919 Bardstown Road, 40205.

Monday, January 2

- 9:15 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Tuesday, January 3

- 1:00 pm – 36 miles #3. **Long Run Park**. (cancelled if under 40 degrees) RC: Jim Tretter 491-7120.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) Bring your own bike and trainer (or rollers) and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$ 1.00/night or \$10.00 pr. Yr. fee required. RC A. B. Sandefur 425-9463 (no wheelman time)

Wednesday, January 4

- 10:00 am – 51 miles, #3, **Tom Sawyer Park**. RC: Mark Rougeux 494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night** Hogans Fountain to Iroquois Park and return (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Thursday, January 5

- 10:00 am – 50 mi. #2. **Louisville Loop 50.** Waterfront Park to Farnsley-Moremén Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) Broadway Baptist Church, 4000 Brownsboro Rd. RC A. B. Sandefur (no wheelman time)

Friday, January 6

- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees. RC: Connie Guild, (502) 608-7758.

Saturday, January 7

- 8:00 am – 8:00 a.m. 105 miles. 4. **Orleans: The Back Way.** Please be capable of maintaining a pace that will allow us to get in before dark. Ride start at Finley Firehouse, Scottsburg, Indiana. RC: Melissa "Puddle" Hall, 812-752-3973. lissah45@yahoo.com.
- 10:00 am – 35 mi. #2 **IROQUOIS SPECIAL** & 17 mi. #1 SLOW & EASY. Waterfront Park, Yellow Lot. RC Steve Highbaugh, 445-1290

Sunday, January 8

- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 9:00 am – 47 miles, #3, **Long Run Park.** Ride Captain - John Larson 553-8107
- 2:00 pm – 15/25 mi. #3. **Heine Bros.** Coffee, Chenoweth Ln. RC Eric Sellers 216-8248

Monday, January 9

- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Tuesday, January 10

- 1:00 pm – 40 miles #3. **Floyd Fork Park.** (cancelled if under 40 degrees) RC: Jim Tretter 491-7120.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) Broadway Baptist Church, 4000 Brownsboro Rd. \$1.00/night or \$10.00 pr. yr. fee required. RC A.B.Sandefur 425-9463 (no wheelman time)

Wednesday, January 11

- 10:00 am – 50 miles, #3, **Long Run Park.** RC: Mark Rougeux, 494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night** Hogans Fountain to Iroquois Park and return (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Thursday, January 12

- 8:00 am – **2012 UCI Masters Cyclocross World Championships.** Eva Bandman Park, River Road. 8 AM – 5 PM
- 10:00 am – 50 mi. #2. **Louisville Loop 50.** Waterfront Park to Farnsley-Moremén Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night Or \$10.00 pr. yr. fee required. RC A.B. Sandefur 425-9463 (no wheelman time)

Friday, January 13

- 8:00 am – **2012 UCI Masters Cyclocross World Championships.** Eva Bandman Park, River Road. 8 AM – 5 PM
- 9:00 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees.

RC: Connie Guild, (502) 608-7758.

Saturday, January 14

- 8:00 am – **2012 UCI Masters Cyclocross World Championships**. Eva Bandman Park, River Road. 8 AM – 5 PM
- 9:45 am – 9:45 am – **January Populaire 100K #3**. Slugger Field Parking Lot, Jackson and Main. This populaire will be run just like a brevet, but there is no entry fee. We do ask that you notify the ride captains in advance so that we may prepare brevet cards for you. If you have questions, please ask me or Steve and we will be glad to attempt to answer them for you. RC: Timothy Stephen 502-608-6174 barturtle at gmail.com or Steve Rice sriceky at gmail.com
- 10:00 am – 35 mi.#2 **IROQUOIS SPECIAL** and 17 mi.# 1 **SLOW & EASY**. Waterfront Park, yellow lot. RC George Cooper, 499-1652.
- 6:00 pm – **LBC Annual Awards Banquet. Big Spring Country Club**. Celebrate another great year of cycling as the the Touring and Volunteer Awards are announced. This is also the Annual Meeting where Club Officers for 2012 are elected.

Sunday, January 15

- 8:00 am – **2012 UCI Masters Cyclocross World Championships**. Eva Bandman Park, River Road. 8 AM – 5 PM
- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 9:00 am – 55 miles,#3,Shepherdsville **Double Nickel**. Meet at Paraquet Center. I65 to exit #117,right off ramp and left at light, left at steakhouse. Ride Captain - John Larson 553-8107
- 2:00 pm – 15/25 mi. #3. **Heine Bros**. Coffee, Chenoweth Ln. RC A.B. sandefur 425-9463

Monday, January 16

- 9:15 am – 40 mi. #3. **Fat Forty**. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RC Dave Combs (724-9405).
- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Tuesday, January 17

- 1:00 pm – 35 miles #3. **Vettiner Park**. (cancelled if under 40 degrees) RC: Jim Tretter 491-7120.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00 /night or \$10.00 pr.yr.fee required. RC A.B. Sandefur 425-9463 (no wheelman time)

Wednesday, January 18

- 10:00 am – 50 miles, #3, **Tom Sawyer Park**. RC: Mark Rougeux, 494-9056.
- 6:30 pm – 26 Miles #2 **Wheeling in the Night** Hogans Fountain to Iroquois Park and return (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Thursday, January 19

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremen Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit)4000 Brownsboro Rd. \$1.00/night or \$10.00 pr. yr. fee required RC Donna connell 231-5853

Friday, January 20

- 9:00 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees.

RC: Connie Guild, (502) 608-7758.

Saturday, January 21

- 8:00 am – 70/100 mi. #3. **Boston-Mundfordville-Boston Mad Dog Century**. [Not a TMD Stage]. Celebrate the 10th Anniversary of the first Mad Dog event! Boston Elementary School (I65- South to Lebanon Jct. exit, left to US 61/62, left on KY 733). RC: David R. King 500-7351.
- 10:00 am – 35 mi. #2 **IROQUOIS SPECIAL** & 17 mi. SLOW & EASY. Waterfront Park, Yellow Lot. RC Laura Trachtenberg, 905-1365

Sunday, January 22

- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 9:00 am – 41 miles, #3, **Long Run Park**. Ride captain - John Larson 553-8107
- 2:00 pm – 15/25 mi. #3. **Baptist East/Milestone Fitness Center**, 750 Cypress St. Dr. RC Steve Sarson 499-7089

Monday, January 23

- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2) taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Tuesday, January 24

- 1:00 pm – 35 miles #3. **Floyd Fork Park**. (cancelled if under 40 degrees) RC: Jim Tretter 491-7120.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) Broadway Baptist Church, 4000 Brownsboro Rd. \$1.00/night or \$10.00 pr. yr. required. RC A.B.Sandefur 425-9463 (no wheelman time)

Wednesday, January 25

- 10:00 am – 15/32 miles #3 **Memphis Truck Stop** Alison Ewart 502 541 1026
- 10:00 am – 50 miles, #3, **Long Run Park**. RC: Mark Rougeux, 494-9056
- 6:30 pm – 26 Miles #2 **Wheeling in the Night** Hogans Fountain to Iroquois Park and return (Lights required) Headlight & (2) taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Thursday, January 26

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park to Farnsley-Moremeyn Landing and back via The Loop. RC: Andy Murphy 502.526.1040
- 6:30 pm – **TRAINER TOURS** (20 mile credit) Broadway Baptist Church, 4000 Brownsboro Rd. \$1.00/night or \$10.00 pr. yr. fee required. RC Donna Connell 231-5853 (no wheelman time)

Friday, January 27

- 9:00 am – 43 mi. #3. **Iroquois Park thru Jefferson Memorial Forest** and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:30 am – 15 mi. #2 Meet at the 2201 Lakeland Rd, **Sawyer-Hayes** parking lot. A lunch stop will be considered for post ride. The ride will be automatically cancelled if the temperature is below 32 degrees. RC: Connie Guild, (502) 608-7758.

Saturday, January 28

- 8:30 am – 25/60 mi. #3. **Fairly Flat Fixie Friendly 60**, Hogans Fountain, Cherokee Park. RC: David R. King 500-7351.
- 10:00 am – 35 mi. #2 **IROQUOIS SPECIAL** & 17mi. #1 SLOW & EASY. Waterfront Park, Yellow Lot. RC Gil Crenshaw, 418-1507

Sunday, January 29

- 9:00 am – 25 mi. #3 **Sunday Morning Ride from Vic's Classic Bikes** 921 Baxter Ave. RC: Perry Finley 852.5874 & Vic Miller 552.5669
- 9:00 am – 45 miles, #3, **Tom Sawyer Park**. Ride captain - John Larson 553-8107

- 2:00 pm – 15/25 mi. #3. **Heine Bros.** Coffee, Chenoweth Ln. RC Stewart Prther 895-9094
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Monday, January 30

- 6:15 pm – 20 mi #2 **Recovery Ride**, Hogan's Fountain (Lights required) Headlight & (2)taillights reflective apparel - high visibility gear encourage RC Perry Finley 852.5874

Tuesday, January 31

- 1:00 pm – 25 miles #3. **Long Run Park.** (cancelled if under 40 degrees) RC: Jim Tretter 491-7120.
- 6:30 pm – **TRAINER TOURS** (20 mile credit) 4000 Brownsboro Rd. \$1.00/night or \$10.00 pr. yr. fee required. RC A.B. Sandefur 425-9463 (no wheelman time)