



Louisville Bicycle Club member recognized during Metro Council's Black History Month Program



Percy Black was nominated by Metro Councilman Kevin Kramer, Council District 11, to receive this year's Honoree Black History Award for his volunteer work with the **Louisville Bicycle Club**. Councilwoman Dr. Barbara Shanklin chairs the Equity, Community Affairs, Housing, Health & Education Committee and under her leadership has developed a program recognizing outstanding African Americans and their contributions to Louisville Metro through a Black History Month program.

On February 23rd, 2023, the Louisville Metro Council hosted the 21st Annual Black History Month Program with the theme of "**Reaffirming Our Diverse Culture**" and recognized Percy for having honorably served his country in the United States Army during the Vietnam War. His exemplary call to duty is one for which he is humble yet remains a vital role that he played in our country's history. In 2012, he retired from United Catalyst as a chemist for 33 years.

Members of the Executive Committee also had a surprise for Percy! In addition to being awarded a Black History Month trophy, Percy was presented his 50,000 Life-time Miles Cycling Jersey with the Louisville Bicycle Club by Jeff White, Club President, and Steve Sarson, Vice President Touring. Former club president, Andy Murphy was also present to support Percy.



Black History Month—Louisville Metro Council Recognizes: Percy Black .



Percy excels as a cyclist because he faces every long distance or steep incline with honor, courage, and enthusiasm; the traits needed to conquer challenges. In Percy's words, "There are tough rides in life, but that's when I push harder to my best."

"Percy is an inspiration to new bicycle riders and an active volunteer who continues recruiting other members so our Club can embrace diversity. Cycling is Percy's passion, but his gifts are friendship, mentoring, and being a positive role model for others. Volunteers are vital to our future and Percy is an excellent example of the best of our city and club," says Scott Harrington, VP Advocacy.

*On behalf of the Louisville Metro Council
and Louisville Bicycle Club,*

Congratulations

Percy Black!



A video of the event can be viewed:

[HERE](#)

Scott W. Harrington

VP of Advocacy - LBC

Legislative Assistant

Office of Councilman Kevin J. Kramer

Louisville Metro Council | District 11





2022 Louisville Bicycle Club Financials Wrap up



The Louisville Bicycle Club continues to maintain a strong financial position. Our fiscal year ends on January 31st and the balance sheet and income statement for the year can be found on our website (see below).

Our membership dues continue to remain low and accounts for just over \$10K of our annual receipts. This is not enough to cover our regular expenses that include insurance, website, storage, accounting software, Ride with GPS, annual awards, and more. We make up the difference through the generosity of our sponsors and selling some merchandise. We also receive some money for working the Tour de Lou and selling some Derby Festival pins. A successful OKHT event this year also resulted in a net profit.

Let us know if you have any questions after looking through the details.

Phil Mattingly

Treasurer

LBC Members Only:

See the full reports from the treasure here:

[Treasurer Reports](#)

(You must be logged into the website to access.)

Louisville Bicycle Club
Ride Schedule





2023 LBC Sponsors





Changes to the LBC Touring Guidelines

On January 22, 2023, acting Louisville Bicycle Club (LBC) president Jeff White sent an email to all club members regarding the Lifetime Mileage Award jerseys beginning at 25,000 miles and increasing in 25k mile increments. Also included in this email was a question regarding the status of the yellow and blue annual Mileage Champion awards.

There were numerous responses to this email from members of the LBC. These responses were read by all members of the Executive Committee and were discussed during our February meeting. Based on these responses and the discussion at the meeting, some changes to the LBC mileage award program were made.

The LBC will continue to award Lifetime Mileage jerseys to club riders as they meet the mileage milestones. The Lifetime Mileage jerseys will begin at 25,000 miles and increase in 25,000 mileage increments. These jerseys will be awarded to club members who achieve these levels as they are met.

The decision was also made to discontinue the annual yellow and blue Mileage Champion jerseys. This was not an easy decision, but is one that we feel is for the best. We considered all of the responses, the LBC traditions surrounding these awards and contacted other clubs regarding similar awards.

Further to this decision, we will discontinue the Touring Season – March 1 – October 31 as it is now. We will go to a January 1 – December 31 season for the purposes of additional Touring awards to be presented at the annual banquet. The Touring Committee, at its discretion, will confer these awards for outstanding accomplishments or contributions to the Touring Program. This may include top ride captain, ride captain recognition and best new rider (male and female) to name a few.

I would like to thank all LBC members in advance for their support of these decisions and for their continued participation in our touring program. Our wide range of ride offerings and options continue to impress people from other areas of the US. Let's all work together to continue our top notch touring program.

Bike On!

Steven Sarson

VP-Touring LBC

Updated touring guidelines are posted on the website here: <https://louisvillebicycleclub.org/touring>

Touring



LOUISVILLE BICYCLE CLUB STORE

LouisvilleBicycleClub Kits and Jerseys Store is Now Open!

The Louisville Bicycle Club merchandise store is now open! You can purchase your 2023 cycling kit, jersey, arm warmers, shorts, and more at <https://louisvillebicycleclub.org/store/>. The custom order store will be open until **Monday, March 13th**. We also have items in stock for you to choose from.



The Louisville Bicycle Club has partnered with Primal for our cycling kits and jerseys.

The kits and jerseys are custom ordered through the Primal website. Click on the link [HERE](#) or click on any of the images you are interested in ordering.

The store will close on Monday March 13th.

You have two options for shipping.

1. You can have your cycling kit or jersey sent directly to you from Primal for \$15.
2. You can choose the bulk ship option. This means that all of the jerseys and kits will come to the LBC office, and we will coordinate a pickup location at one of our local bicycle shops.

Orders will be shipped around May 12th.

If you ordered the bulk ship option, you will receive your jerseys and kits 10 business days after we receive them. This gives us time to process, sort, and deliver to the bike shops.

Primal Wear Size Chart: [Click Here](#)

The following items are available now from Primal:



[LBC Jersey: Short Sleeve - Women's](#)
\$70.00



[LBC Jersey: Short Sleeve - Men's](#)
\$70.00



[LBC Bib Shorts: Men's](#)
\$99.00



[LBC Arm Warmers: Unisex](#)
\$28.00



[LBC Shorts: EVO - Men's](#)
\$95.00



[LBC Shorts: EVO - Women's](#)
\$95.00



[LBC Wind Vest: Sport Cut](#)
\$77.00

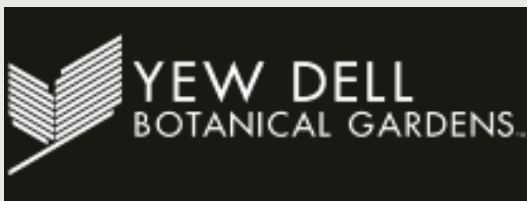
There are more items in stock that you can purchase directly from the LBC store here: <https://louisvillebicycleclub.org/store/>



114 Days. 114 Days until Saturday, June 17th for the 43rd OKHT!

(Maybe less by the time you read this!!!)

We hope you will support the club by volunteering or registering for the ride.



Rebecca Dimon will lead a team of volunteers at Circle Bar C Ranch (all riders)
Barbara Martin will lead a team of volunteers at Acorn Lane Farm (our World Famous Cookie Stop) (all riders)
Margaret Preble will lead a team of volunteers at the Hermitage Farm (Preble Chiropractic will offer free massages if you ride this far!) (50 & 62 milers)
Thomas & Nancy Nance will lead a team of volunteers at Chestnut Hall. (Our long distance riders, the Mad Dogs, will support this SAG stop) Alex White & his personal injury firm is sponsoring this SAG stop.(62 milers)
Kelly McGill is creating a great breakfast
Oldham County Tourism is sponsoring lunch

Don't see a specific volunteer spot that fits you? Contact okht@louisvillebicycleclub.org and we will find the spot for you.

Whether you volunteer or ride, this will be a fun day for everyone. And did you notice we added a 50 mile option? We want more riders to have the option to stop at the Hermitage Farm to enjoy all this farm has to offer.

We have planned activities to make this a 3 day weekend. We have riders registered from 10 states so far. We have Club rides and an opportunity to sign up for a bourbon, horses and train tour offered by Oldham County Tourism on Sunday, June 18th that includes lunch at 119 North Main in LaGrange. And don't forget Packet Pick-Up on Friday at Hive and Barrel Meadery.

Complete details on registration, sponsors, Oldham County tour and volunteering can be found at our website <https://www.louisvillebicycleclub.org/okht>

We will post highlights of our sponsors and ride information on our Facebook page: <https://www.facebook.com/OldKentuckyHomeTour>

Still have Questions? Contact okht@louisvillebicycleclub.org



NEW RIDER & BIKE HANDLING CLASSES

These classes are offered to the public at no charge (FREE!) thanks to our sponsors Baptist Health, Middle of Town Cycling, Mayor's Healthy Hometown, The League of American Bicyclists and Road ID. There are 3 clinics to choose from in various communities around Kentuckiana, each with 5 classes.

2023 New Rider Clinic Session 1: Goodwill Industries - Broadway

Location: Goodwill Industries, 909 E Broadway, Louisville, KY 40204

April 24th - Bike basics: bike/helmet fit; traffic laws; ABC Quick Check.

May 1st - Gearing/shifting; lane positioning; parking lot drills.

May 8th - Five layers of safety; riding in groups; parking lot drills.

May 15th - Tools & basic repairs; tire changing.

May 22nd - Nutrition/hydration/clothing; parking lot drills.
Evaluations & Presentation of Tech T-shirt.

REGISTER

** Classes begin at 6:00PM EST.*

Session 2: *St. Matthews Baptist Church
3515 Grandview Ave.
Wednesday nights 6-9
May 31, June 7, 14, 21, 28*

Session 3: *Baptist Healthcare Eastpoint
2400 Eastpoint Pkwy.
Sunday afternoons 2-5
July 9, 16, 23, 30 August 6*

Each class includes the following:

One hour of instruction by seasoned riders followed by practice on your bike.

An easy, 5 to 10 mile "practice" ride with traffic, signals, stop signs, lights, busy roads, park roads, and subdivision streets.

Class participants are split into smaller groups of similar ability with instructors in the front and rear of each group for the ride. Individual instruction/assistance is provided if needed.

Rest stops if and when needed – no one gets dropped or left behind.

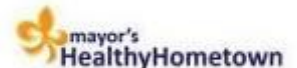
Follow-up discussion and evaluation after the rides.

Take-home educational material provided to all participants.

Riders who complete all 5 classes of a New Rider Clinic will receive a free Louisville Bicycle Club tech t-shirt and a one-year membership in the Louisville Bicycle Club. You may attend as many times as spots are available, however the free tech t-shirt and membership are only given once. Riders will also receive tire levers from Middle of Town Cycling during week 4 of the new rider and bicycle handling class.

Education VP: David Wittry
Email: Education@LouisvilleBicycleClub.org

Thank You To Our New Rider & Bike Handling Class Partners





KENTUCKY DERBY FESTIVAL PNC TOUR DE LOU

[Register Now!](#) - Click [here](#) for the Louisville Bicycle Club discount code.

The Derby Festival's annual cycling experience – the PNC Tour de Lou – is a unique way to tour Louisville on two wheels and celebrates its 10th year on Sunday, April 16th, 2023.

Location for Event and Training Program:

Parking Lot at the corner of Witherspoon & Floyd Street.
320 East Witherspoon St
Louisville, KY US 40202

The event has moved to a Sunday and cyclists will once again have the opportunity to ride through the home of the Kentucky Derby. In addition, the Metric Century course encompasses two states – Kentucky and Indiana. As always, the Festival's annual bike event is for riders of all levels of experience, with separate distances and ride options:

- ◆ **62.1 Mile:** Metric Century / Advanced Ride (Open course) @**8:00 AM**
- ◆ **35-Mile:** Experienced Ride / Intermediate Ride (Open course) @**8:15 AM**
- ◆ **20-Mile:** Ride / New to cycling (Open course) @**8:30 AM**
- ◆ **Family Adventure Ride:** *Returns for the second year with a twist. Head to the Water front for a casual two-mile looped course featuring a scavenger hunt. The Family Adventure Ride is recommended for ages 14 and younger. (All children riders must be accompanied by an adult chaperone)* @**9:30 AM**
- ◆ **Virtual Ride 20, 35, and Metric Century Options** ([Find more info here!](#))

All participants in the 2023 PNC Tour de Lou will receive a ride shirt, swag bag, and an invitation to the post-ride party to celebrate.

* Click [here](#) for the Tour de Lou Routes





Kentucky Derby Festival Tour De Lou TRAINING PROGRAM

[Register for the Free Training Program](#)

It's time to condition for your cycling mission! The Kentucky Derby Festival and PNC are gearing up for the annual training program for the 2023 PNC Tour de Lou. Want to ride faster or go further on your bicycle? The Kentucky Derby Festival, PNC, and our official Medical Provider & Training Partner Norton Sports Health can help you reach your goals with this six-week training program or bicyclists at all experience levels.

Registration for the FREE PNC Tour de Lou Training Program is now open!

The six-week training program includes free group rides led by the experts of the Louisville Bicycle Club. Training tips, like hand signals and rules of the road, as well as nutritional information, will also be shared. Plus, the first 250 to register will receive a free training shirt.

The training rides will take place at Noon on Sundays starting February 26th and go through Sunday, April 2nd. All rides will meet in the lot at 301 E Witherspoon St and the Corner of Floyd St.

- The first ride will be 5 miles and begin with a Cycling 101 for all riders
- All participants need to bring their bike and helmet.
- Training rides increase by 5 miles each week.

The 2023 PNC Tour de Lou is set for Sunday, April 16th, and marks the tenth year for the event. The Kentucky Derby Festival looks forward to offering participants the opportunity to ride in-person or virtually through the 20, 35 or 62.1-mile ride and on a closed course through Waterfront Park during the Family Adventure Ride, offering a ride distance for all levels!

All rides will be led by experienced Ride Captains from our partner Louisville Bike Club

GET THE MOST UP-TO-DATE TRAINING RIDE INFO ON THE FACEBOOK EVENT PAGE.

Training Schedule: *All Rides start at Noon on Sunday*

- **Week #1:** 5-Mile Training Ride
Sunday, February 26th
- **Week #2:** 10-Mile Training Ride
Sunday, March 5th
- **Week #3:** 15-Mile Training Ride
Sunday, March 12th
- **Week #4:** 20-Mile Training Ride
Sunday, March 19th
- **Week #5:** 25-Mile Training Ride
Sunday, March 26th
- **Week #6:** 30-Mile Training Ride
Sunday, April 2nd

PNC Tour de Lou Training Program

Register for the FREE PNC Tour de Lou Training Program & get ride ready

Sign Up

* More information is on the Website: <https://louisvillebicycleclub.org/tour-de-lou>



Kudos from Goodwill!

THIS WEEK AT GOODWILL

FEBRUARY 10 - 17, 2023

COMMUNITY ENGAGEMENT



The Louisville Bicycle Club (LBC) held its annual Polar Bear Ride on January 1 at the **East Broadway Opportunity Center** and **Last Mile to Work (LMTW)** bike shop. The club has been instrumental in providing bikes, parts and volunteers for our LMTW program, which allowed our team to accomplish the following in 2022:

- Refurbish 260 bikes
- Complete 89 walk-in repairs
- Place 269 people on bikes

In 2022, we received bikes and parts through our Goodwill stores, Clarksville Schwinn, Louisville Police Department, TARC, Falls City Bike Works and LBC club members. In 2023, we are adding the University of Louisville. It truly takes a village!

Future events to be held at the LMTW shop include a bike maintenance class and a new rider clinic.

You can watch a video of the ride [here](#).

Reprinted with permission from Goodwill

See the original publication here: https://analytics.goodwillky.org/PoliteMail/files/TWAG_021023_3.pdf



Rev. I Glenn Todd III M.Ed.
Last Mile to Work Project Coordinator
Goodwill Industries of Kentucky, Inc.
909 East Broadway
Louisville, KY 40218
502 585-5221

Goodwill Industries of Kentucky helps people with disabilities or other disadvantages achieve and maintain employment to gain a better quality of life.



Ride photos, videos, and comments courtesy of Dr. Larry Preble

A windy February morning didn't stop us from hitting the road! Eight LBC cyclists braved the elements for a 30-mile ride from St Matthews to New Albany. What a great group of fun riders! [#LouisvilleBicycleClub](#)



Mad Dogs of LBC conquer the January century ride! A group of 13 brave riders took on the cold weather with one more joining in for a 55-mile shortened version. Thanks to the riders' enthusiasm, we quickly warmed up, but check out some of the thermal images I captured in the video - a few of our riders were even wearing battery heated gloves and socks in addition to layers of warm clothing. A big shoutout to Clint for captaining this ride! [#MadDogs](#) [#LBC](#)





Ride photos, videos, and comments courtesy of Dr. Larry Preble

Wow, what a morning it was! I had the privilege of leading a strong group of cyclists from St Matthews to the Iroquois Overlook and it was an absolute blast! The scenic views over roads less travelled, the camaraderie, and the laughter along the way made it a truly great experience. Thanks for the memories! [#LouisvilleBicycleClub](#)

—[Larry Preble](#)



Hey there! Just had the most unexpected and fun ride with [Steven Sarson](#) this morning in the Parklands. Steven was the early bird, the first of several riders to show up for my 9 o'clock ride, but he quickly realized he had left his front wheel at home! Lucky for him, I had a spare bike in my car - a tandem! Margaret normally rides with me, but the seat height and pedals were a perfect fit for Steven. Who would have thought we'd end up riding as a "Mandem Team"? 🤔 🚲

—[Larry Preble](#)



Strave Hollow Gravel Adventure 02 05 23 (Hosted by [Ridenfaden](#))



Video by: [John Fong](#)

And here are a few LBCz Screenshots



Interested? Join the club LBCz on Zwift via the Zwift Companion app!



2023 Tour De Mad Dog Schedule

DATE	ROUTE	RIDE CAPTAIN
Saturday, January 21, 2023	SMBC Moderate-Century aka "Blame it on Phil"	Clinton-Phillips
Saturday, January 28, 2023	Hibernia-100	Thomas Nance
Saturday, February 11, 2023	Honest Abe	Phil Mattingly
Saturday, February 25, 2023	Puddle's Maple Syrup Century	Thomas Nance
Saturday, March 4, 2023	Sink or Swim	Dee Schreur
Sunday, March 19, 2023	Tour De DuPont Century Pt. Deux	Steve Puckett
Saturday, April 22, 2023	Surburbane	John Pellegrino
Saturday, April 29, 2023	Crawdaddy's Atypical (Beaucoup Facile) Tour de Kentuckiana	Michael Crawford
Sunday, May 7, 2023	Story	Melissa Hall
Saturday, May 20, 2023	The Harrison	Bob Grable
Saturday, June 3, 2023	Muscatatucky Century	Michael Kamenish
Saturday, June 10, 2023	Crestwood Killer	Fritz Kopatz
Saturday, July 8, 2023	Adjective Ride	Sam Bland
Saturday, July 15, 2023	A Good Second Century	Andy Murphy
Saturday, August 5, 2023	Wises Landing Century	Larry Preble
Saturday, August 19, 2023	Two Bridges Century	Larry Preble
Saturday, September 16, 2023	BMB	Tom Askew
Saturday, September 23, 2023	Twice Boston Century	John Fong
Saturday, October 7, 2023	Wheels of Screams	Thomas Nance
Saturday, October 14, 2023	Medora Goes Pink	Melissa Hall

◆ For current Tour De Mad Dog News and schedules visit =>

<https://louisvillebicycleclub.org/tmd-schedule>

2023 Tour De Mad Dog Sponsors





NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?



Join the community at:

www.strava.com/clubs/louisville-bicycle-club

Did you also Know...

...that LBC has a club Ride with GPS Account?



We'd like to remind all of our cycling friends in Louisville, that it's important to report issues w/ our bike lanes and paths to Metro311. Just call 311 during the week, 7 a.m. - 7 p.m. They now have a full-time sweeping contract and the time from call to completion is shorter than ever.
- Ride safe! Thanks!!



Join the LBC's Club Bike to Beat Cancer Team

2023 Bike to Beat Cancer is Saturday, Sept. 9th.



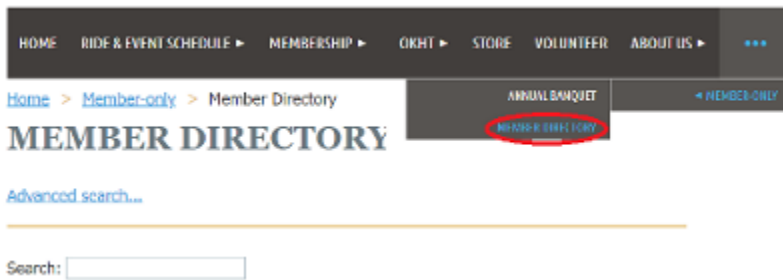
!!! Contributors Needed !!!

Do you fancy yourself a journalist? Do you have a Cycling interest, event or opinion you wish to share?

The LBC newsletter committee is always in search of quality article submissions and content.

To contribute contact:

communications@louisvillebicycleclub.org



Louisville's bike share program is up and running! Read about it at louvelo.com



VeloInk Custom Bike Decals

Custom Name Decals with LBC Logo for your Bicycle or Helmet

[Click here to order](#)





Join our fast growing LBC Facebook Group:

<https://www.facebook.com/groups/louisvillebicycleclub>

Louisville Bicycle Club Cycling Group

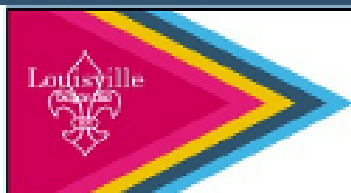


Mark your calendars!
Louisville Bicycle Club's
43rd Annual

June 17, 2023

Registration is OPEN!

<https://www.louisvillebicycleclub.org/event-4856381>



20% Off Road ID

ROAD ID and Louisville Bicycle Club Have Partnered to Benefit You!





Club Information:

The Louisville Bicycle Club (formerly Louisville Wheelmen) is a cycling club in Louisville, Kentucky, USA, and serves the greater Louisville metropolitan area, including Southern Indiana. We are dedicated to promoting the sport of bicycling and advocating for the rights of all cyclists. Since its founding in 1897, the Louisville Bicycle Club has been one of the most active and progressive clubs in the Midwest.

Address:

Louisville Bicycle Club
P.O. Box 35541
Louisville, KY 40232-5541

Contact:

communications@louisvillebicycleclub.org

Website:

www.louisvillebicycleclub.org

Annual Membership Dues:

Individual: \$20.00
Family (+ dep. Children): \$30.00

Louisville Bicycle Club Newsletter

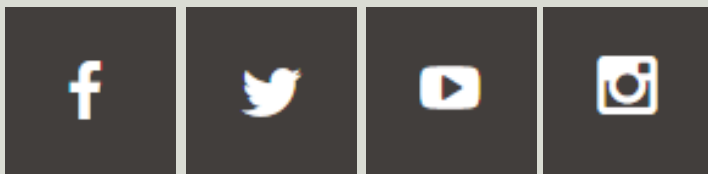
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Editor: Steven Jent

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* The Louisville Bicycle Club reserves the right to edit all submitted articles.



Executive Committee

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