



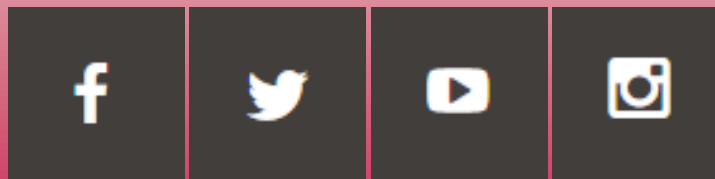
THANK YOU TO OUR LOUISVILLE BICYCLE CLUB PARTNERS!

Executive Committee

<p><u>President</u> Jeff White president@louisvillebicycleclub.org</p> <p><u>Secretary</u> Clint Phillips secretary@louisvillebicycleclub.org</p> <p><u>Treasurer</u> Phil Mattingly</p>	<p><u>VP - Advocacy</u> Scott Harrington advocacy@louisvillebicycleclub.org</p> <p><u>VP - Communications</u> Steven Jent communications@louisvillebicycleclub.org</p> <p><u>VP - Education</u> David Wittry education@louisvillebicycleclub.org</p> <p><u>VP - Information Technology</u> Erik Helton IT@louisvillebicycleclub.org</p> <p><u>VP - Racing</u> OPEN racing@louisvillebicycleclub.org</p> <p><u>VP - Touring</u> John Pellegrino touring@louisvillebicycleclub.org</p>
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Louisville Bicycle Club
Ride Schedule



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Ride Schedule

From the desk of

the *President*

The Time has Come

This is a great bicycle club! When I was approached about becoming president of the club I was saddened that our former president, Andy Murphy, had decided not to run for re-election. Murphy had been president for ten years and I thought the club was enjoying growth and success. So I made a little list of what I thought the club did really well and some areas that I thought we could improve on and threw my hat in the ring.

Lucky for me most of the executive committee agreed to stay on for another year to help me with the learning curve ahead. When Covid-19 reared its ugly head in early 2020 it seemed my first official duty was shutting the club down. I thought, well great, your first official act has been to close the doors. The executive committee though, helped us to get through the dark days. We tried to continue to plan for the future and deal with the cards that were dealt and eventually we were able to ride together again.

And ride together we have! You guys came back. Ride Captains eagerly filled up the schedule and even though we were sporting masks as we gathered we were hitting the roads again and the smaller groups became bigger groups and eventually we lost the masks and it seemed like the club had returned to normalcy. Through all of it you have fully supported me and I am grateful. That could've easily been a time we could've fallen apart but you weren't about to let that happen.

We've come a long way since then and I would say that most of what I had hoped we could accomplish has been realized. With a whole lot of help and a whole lot of patience on your part we introduced Ride with GPS to the club. We reworked the touring guidelines. You know, at first I had thought about eliminating the need for Ride Captains to sweep their rides as I thought it was an impediment to a lot of you to ask you to give up your ride to sweep everyone else in. Then came the day a gun was pulled out just ahead of me on one of the guys in a group I was riding with and it made me understand that anything can happen to any one of us out there on our own and that I wanted to ensure the best I could that nobody was left alone and vulnerable. We've tried to make our current guidelines reflect all of this. We ask our Ride Captains to sweep but we also ask our participants to be sure they feel comfortable with the course and prepared to keep a minimum average pace. We redesigned our jersey.

From the desk of

the *President*

The old design served us well for many years but, yeah, it was an old design. So I put the club in the pink (romine red actually) and you guys have enthusiastically supported the change. We had big plans to change the OKHT that in recent years had just not been enjoying the successes of the past. The Derby City Fondo we had hung our hopes on was sadly a casualty of Covid but we were able to re-invent the OKHT with a lot of help from our friends at Yew Dell Gardens in Crestwood. We finally got this event back for 2022 and feel like we have a great opportunity to grow it. We changed everything including not going to Bardstown where that sad old song was written but you guys embraced the change and made it a success. The Tour de Mad Dog is back and going strong. I don't think there are very many clubs (if any) that host anything like the TMD. Twenty century stages with the focus on helping each other and finishing in a group plus an individual time trial. And I'm happy to report that our mid-range weekend rides have made a comeback. We're putting on a lot of rides between 40-60 miles allowing a long ride and a life off the bike as well. Our webpage has been redesigned and reformatted to appeal to a wider range yet still works pretty much the way we're used to it working. Our treasury has been restored. We have never been in bad shape but we had less in reserve than we used to. Although costs continue to soar we added a couple of new revenue streams and we've had the help of our wonderful sponsors to build up a little more in reserve. And we're on the grow. We have a robust Facebook group and our paid membership is growing.

There's still work to be done. One of the things that has eluded me is the rebuilding of the racing team. I was also hoping for a more robust mountain biking presence but that has just not produced many fruits. I still feel that both of these areas are a great avenue to bring future leaders into the LBC.

And so I think it's time I move on. As stated above you guys have been great in your support of me and I appreciate everything that everybody has done to help the club. I've fallen short on a few things and I've made some mistakes. To that I can only say that I've always acted on behalf of the club and even though I got some of it wrong sometimes I have always tried to act for the greater good of the members.

If you think you would like to lend your talent to this challenging position please contact our nominating chairperson Dee Schreur. You can find her contact info in the club directory at www.louisvillebicycleclub.org. Any member in good standing has access to the directory.

In the meantime I have promised the executive committee that I wouldn't coast to the end and they will hold me to it. I'm looking forward to the next mayor's ride, planning our annual banquet and all the great riding in the next few months. We've already begun working on the 2023 OKHT and have re-committed the club to assist the Kentucky Derby Festival with the Tour de Lou. It has been my pleasure to serve this great group of people.

Let's Ride

Jeff



Mark your calendars!
Louisville Bicycle Club's
43rd Annual



June 17, 2023

LBC President Jeff White presents a check in support of the MS 150 Bike Tour to Richard and Mary Ann Heckler.

More information can be found at the MS websites:



Our friends at the Bourbon Country Burn are looking for volunteers for their event that is:

September 30th - October 2nd.

They need volunteers prior to and during the event.

If you are interested in volunteering for this amazing event, please follow the instructions below:

1. Please fill out this form:
<https://docs.google.com/.../1FAIpQLSdnyFFwTk5.../viewform>
2. Click here to sign up for positions:
<https://www.signupgenius.com/go/8050f4faaab2ba1f94-bourbon2>
3. A Burn team member will follow up with more details



PRESENTED BY
NORTON
SPORTS HEALTH

HIKE BIKE & PADDLE
LABOR DAY, SEPTEMBER 5, 2022
1325 RIVER ROAD

MONDAY, SEPTEMBER 5, 2022 AT 8 AM

Mayor's Labor Day Hike, Bike & Paddle 2022

1325 River Rd, Louisville, KY 40206-1729, United States

The Mayor's Labor Day Hike, Bike & Paddle returns for the 36th edition and 18th year of promoting healthy living and being active in Louisville, KY!

For more information visit:

HikeBikeandPaddle.org



Please take the brief survey below that will help me identify locations where water bottle stations are needed most.

Thank you!

[Scott Harrington, VP of Advocacy](#)

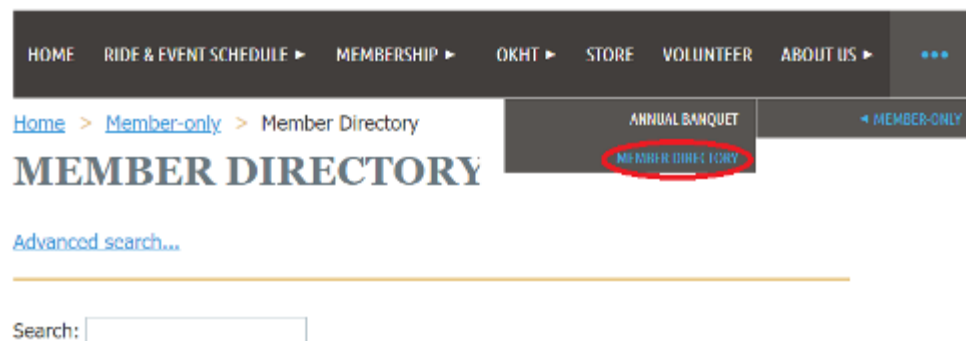
Click -> [Water Bottle Refill Station Survey](#)



It is important to stay hydrated while cycling to help replenish the water cyclists lose through sweating. Water is essential to keeping us focused on the ride while also improving stamina. Louisville Metro has been installing new water fountains that have a water bottle component. We are seeking your input on where these new fountains are needed most.

Did you know that you can easily search for other LBC members via the Membership Directory on the Website?

You must be a registered user and logged in!



Metro311 Mobile App

Did you notice any debris, glass, potholes, missing storm grates or other safety issue on your bike ride either on the road or in a bike lane? Did you report it?

One thing I do after a ride is open my Metro311 app and submit requests to the City. If you do not have the app, please download it. Submitting requests to Metro311 via the app is the most efficient way to report road hazards. The app allows you to move a pushpin on your screen to identify the precise location needing attention. You can also submit pictures. As a Metro Employee, I can tell you this: If it's not reported, it won't get fixed!

Just look for the Louisville Metro 311 icon below when you search for "Louisville Metro 311" in your Apple Store or Google Play store.





Our friends at [Southern Indiana Wheelmen Bicycle Club](#) are having their signature event this October. Help support our local cycling clubs and participate in this fantastic event. We have several [Louisville Bicycle Club](#) members going up to participate. We will have an LBC ride captain on hand so you can get ride mileage credit. — Erik Helton

SATURDAY, OCTOBER 1, 2022 AT 7 AM

2022 Harvest Homecoming Bicycle Tour

Lanesville, IN Heritage Site Community Bldg

One of the most picturesque rides offered to cyclists in Southern Indiana/Metro Louisville (KY). The tour winds along the back roads of Southern Indiana with views of fall colors accenting the Ohio River Valley. This is a leisurely tour for beginner, intermediate, and advanced cyclists. Three routes of 28, 40 or 66 miles vary from gently rolling to hilly. Breakfast, well-stocked SAGs and lunch included. Once you've ridden this ride, you'll want to return every year!

Upcoming Events

[Tour de Mad Dog Series Stage 18: A Good Second Century - 101-miles](#)
 Saturday, September 03, 2022 7:30 AM | Mile Wide Brewing Company, 636 Barret Ave, Louisville, KY 40204

[Tour de Mad Dog Series Stage 19: BMB - 101-miles](#)
 Saturday, September 10, 2022 7:45 AM | Boston School, 130 Wilson Creek Rd, Boston, KY 40107, USA

[Tour de Mad Dog Series Stage 20: Medora Century - 101-miles](#)
 Saturday, October 08, 2022 8:00 AM | Clark Forestry, Henryville, IN

[See All Events](#)



Become a Ride Captain

Have you been interested in becoming a ride captain for the Louisville Bicycle Club? Not sure what is involved? Learn how easy it is to become the backbone of the Louisville Bicycle Club and by becoming a ride captain today!

[Learn More](#)

NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?

Join the community at:

www.strava.com/clubs/louisville-bicycle-club



Did you also Know...

...that LBC has a club Ride with GPS Account?

See the member only section of the LBC website for more information!



Bike to Beat Cancer

@biketobeatcancer



- i** Make a difference right here in our community for those battling cancer in Kentucky and Southern Indiana.

Official Norton Healthcare page.

- i** Event: Saturday, Sept. 11, 2021

The Bike to Beat Cancer is a one-day cycling event for riders who want to make a difference and help those battling cancer at Norton Cancer Institute.



The Cameron Ponder Cycling Classic

Saturday, September 17
Elizabethtown, KY.



Four rides starting at 1201 North Dixie:

- Century
- Metric Century
- 29 mile
- Trail Ride.

You can register at:

<https://www.bikesignup.com/Race/Register/?racelid=122823>



08/14/2022

The Louisville Bicycle Club hosted their annual Picnic / Bike Ride at Yew Dell Botanical Gardens this morning. A special thanks to the Director of Yew Dell, [Paul Cappiello](#), who provided us with a beautiful venue for the event!

—[Larry Preble](#)



Louisville Bicycle Club
Published by Larry Preble · August 15 at 10:07 AM ·



Yew Dell Gardens

0:04 / 2:00

Larry Preble
August 15 at 10:00 AM ·
Here's a highlight reel from LBC's annual Picnic / bike ride.
--Larry Preble

More photos and a special video courtesy of
—[Larry Preble](#)





08/16/2022

LBC was invited to attend Mayor Fischer's press conference at the Belvedere promoting WorldFest and the upcoming Hike, Bike and Paddle over Labor Day. The press conference was followed by a bike ride with a club supported stop at William's Bakery in Clarksville for attending LBC cyclists.

2022 MAD DOG SCHEDULE

MONTH	DATE	RIDE CAPTAIN	ROUTE
JANUARY	Saturday, 1/15	Thomas Nance	Cancelled/Weather
JANUARY	Saturday, 1/29	Gail Blevins	A Good First Century
FEBRUARY	Saturday, 2/12	Phil Mattingly	Honest Abe
FEBRUARY	Saturday, 2/26	Dave Robinson	Virgin
MARCH	Saturday, 3/12	Gail Blevins	Sink or Swim
MARCH	Saturday 3/26	Alan McCoy	Short Frankfort
APRIL	Saturday, 4/16	Thomas Nance	Haunted Hollow
APRIL	Saturday, 4/23	John Pellegrino	Suburbane
MAY	Saturday, 5/7	John Fong	Twice Boston Century
MAY	Saturday, 5/14	Michael Crawford	Old Tour d' Bridgeport
JUNE	Sunday, 6/12	Mike Kamenish	Muscatatuck
JUNE	Saturday, 6/25	Bob Grable	Holy Rollers
JULY	Saturday, 7/9	Bob Grable	Adjective Century
JULY	Saturday, 7/23	Melissa Hall	Hardinsburg
AUGUST	Saturday, 8/6	Larry Preble	Two Bridges
AUGUST	Saturday, 8/13	Larry Preble	Wises Landing
AUGUST	Saturday, 8/20	Melissa Hall	Paul Henge
SEPTEMBER	Saturday, 9/3	Andy Murphy	A Good Second Century
SEPTEMBER	Saturday 9/10	Tom Askew	BMB
OCTOBER	Saturday 10/8	Melissa Hall	Medora
OCTOBER	Saturday 10/15	Dee Schreur / Tony Nall	Margaritaville





Remember to thank and patronize our wonderful OKHT sponsors!



2022 NEW RIDER / BIKE HANDLING CLASSES



Dates and sites have been set for this year's New Rider Clinic

The final session of 2022 will be at Baptist Healthcare Eastpoint on Sunday at 2:00. on August 28th.

Students who complete the course will receive a newly designed tech tee shirt and a year's membership in the Louisville Bicycle Club.

Registration is online and open!

Join our fast growing LBC Facebook Group:

<https://www.facebook.com/groups/louisvillebicycleclub>

Louisville Bicycle Club Cycling Group



We'd like to remind all of our cycling friends in Louisville, that it's important to report issues w/ our bike lanes and paths to Metro311. Just call 311 during the week, 7 a.m. - 7 p.m. They now have a full-time sweeping contract and the time from call to completion is shorter than ever.
- Ride safe! Thanks!!

!!! Contributors Needed !!!

Do you fancy yourself a journalist? Do you have a Cycling interest, event or opinion you wish to share?

The LBC newsletter committee is always in search of quality article submissions and content.

To contribute contact:
communications@louisvillebicycleclub.org

Louisville's bike share program is up and running! Read about it at louvelo.com



[Learn About Bike Laws](#)