



THANK YOU TO OUR LOUISVILLE BICYCLE CLUB PARTNERS!

Executive Committee

President

Jeff White
president@louisvillebicycleclub.org

Secretary

Clint Phillips
secretary@louisvillebicycleclub.org

Treasurer

Phil Mattingly



VP - Advocacy

Scott Harrington
advocacy@louisvillebicycleclub.org

VP - Communications

Steven Jent
communications@louisvillebicycleclub.org

VP - Education

David Wittry
education@louisvillebicycleclub.org

VP - Information Technology

Erik Helton
IT@louisvillebicycleclub.org

VP - Racing

OPEN
racing@louisvillebicycleclub.org

VP - Touring

John Pellegrino
touring@louisvillebicycleclub.org



BAPTIST HEALTH®



CLARKSVILLE
 SCHWINN



Louisville Bicycle Club
 Ride Schedule



Louisville Bicycle Club
 Ride Schedule

From the desk of

the *President*

Photo: Dr. Larry Preble

guys showed up! Over 60 volunteers including staff from Yew Dell and Oldham County Tourism helped us put on a wonderful tour. The routes were scenic, all of the rest stops were at private farms, the good people of Oldham County were patient with hundreds of cyclists on the roads and boy, the weather cooperated!

LBC Knocks it outta the park

Or maybe I should say the Gardens. Yew Dell Botanical Gardens that is. Thanks to the generosity of Paul Cappiello and his team at Yew Dell we hosted our 42nd Old Kentucky Home Tour on June 5th and it was a huge success! This year's tour departed from a lot of tradition as it was our first time ever to venture away from Bardstown and also our first time as a one day event. Needless to say we were concerned whether the new location would be accepted. I mean after all how can you call it the Old Kentucky Home Tour and not go to the Old Kentucky Home of Bardstown. We even thought about playing around with the name. Oldham KY Heritage Tour was in the running but in the end we decided Old Kentucky Home Tour was our brand and even though we would be showcasing another KY home we were proud of all the history and work done by those that came before us. And we wanted to honor that tradition by keeping the original name. We needn't have worried. After a covid induced long dry spell you

From the desk of

the *President*

You might as well want to mark it on your calendar now as you won't want to miss it. The date for 2023 is June 17th and it will again be held in our New Old Kentucky Home of Oldham County. It does take a small army to put something like this together and every spoke in the wheel has to be tensioned just right and each is just as important as the other. There is another component though that holds it all together. That hub this year was the dream team of Bekki Livingston and Kim Buckler-Hydes. Kim is with Oldham County Tourism and opened so many doors for us. It was so refreshing to have Tourism behind us all the way! And once those doors were opened our Tour Director Bekki Livingston went through them full bore. And she made sure that every aspect of this years tour was top notch. She even made sure to bring back the "World Famous Homemade Cookie Stop" and that every route made that stop. Thanks again to all of our sponsors, our hosts, our bike shop partners and all of Oldham County for making the comeback of the year possible! See you next June!

Let's Ride!

Jeff



OKHT Wrap-up!



We had a great day to ride the OKHT on Sunday, June 5th. The day started at Yew Dell Botanical Gardens in Crestwood, KY with pancakes, coffee and juice from Chris Cakes. Riders were welcomed at 3 wonderful SAG stops along the way. Kelly McGill and her team were at Circle Bar C Ranch with gourmet popcorn and tons of fresh fruit. Barbara Martin and her team of Cookie Monsters had a great time at the World Famous Homemade Cookie Stop aka Acorn Lane Farm! LBC members did not disappoint with many, many cookies. Brian Borgmann went over the top baking cookies with a professional baker. YUM! We thank everyone who contributed to this sugar overload! The last stop was for the 62 milers at the top of Mayo Lane at Chestnut Hall Racehorse Sanctuary. That is quite a climb and we rewarded riders with Root Beer Floats. We had a team of Mad Dog Riders led by Thomas Nance and his wife Nancy at this location. What a beautiful place to relax before heading back to the start.

We can't thank our sponsors enough and they are all on board for our OKHT 2023 to be held on Saturday, June 17th. Mark your calendars!!! Yew Dell Botanical Gardens was the perfect place to start and end our ride. I hope you were able to tour the gardens and maybe walk a trail. A big thank you to Paul Cappiello, Susan Lucas and Manda Barger. Kim Hydes, Director of Tourism for Oldham County was full of ideas and knowledge of all things Oldham County. We can't wait to work with Kim again. We appreciate the bike shops and how they sent mechanics to keep you on the road: Bob Peters at Clarksville Schwinn, Nira Kinkhabwala at MiddleofTown Cycling and Jon Kindig at Goose Creek Cycling along with their mechanics. Are you enjoying the backpack provided by MiddleofTown?? We had a new sponsor this year – Kaufman & Stigger injury lawyers.

This was very personal for me. My husband was hit by a car last year and based on a referral from another club member, we hired the firm to help us. I can't say enough good things about Kaufman & Stigger – they were professional, prompt, on top of everything and the communication was clear and concise.





We learned a few things along the way. I highly recommend them. Sternberg Truck and Van Rental was back again this year as a sponsor. Donnie Fultz is great to work with and the trucks are just what we need on ride weekend. And last but certainly not least is Jenn Churik at Kentucky Derby Festival. We were able to use the KDF split signs and Jenn was at Yew Dell cheerfully helping with pancakes. What a great partnership we enjoy with KDF.

I can't end this without thanking our club president, Jeff White. He stood beside me for months in the planning of this newly designed ride. He has seen enough of me for now! Also, we had a core group of volunteers who helped get us to ride day. Thank you Erik Helton, Dave Wittry, Glenn Todd, Diane Bellafronto and Bob Schindler. These are the pros and we couldn't do it without you. We want to expand our teams for next year. If you are interested, let one of us know. I would also like to thank Jim Tretter for putting together our Safety Plan. We've had our share of unusual things to happen in the past 42 years, and Jim had a plan to cover it all.

And to our Volunteers – whom I count as friends – THANK YOU. We are already putting plans together for June 17, 2023. Come join us on the planning team!

Bekki Livingston

2022 OKHT Director



42nd OKHT and Buds Helmet Mirrors

Bicycle Mirrors | Helmet Mirrors | Free Shipping | Stable Image | Lightweight | Clip On | Custom Art Available | Hand Made In USA | Twelve Years In Business

We had two mirrors to give away this year. We gave one to the first rider back to Yew Dell and also the very last rider. The first rider back was Miller Cimba who rode the 40 mile route at about a 20mph average. The last rider was Amelia Dauer who swept the 62 mile route. You can order your own mirror at <https://budshelmetmirrors.com>





Remember to thank and patronize our wonderful sponsors!





OKHT Video Review

A special thanks to the musical artists who played this weekend. While I was not able to capture all of them, those who played were awesome! (Credits mentioned at the end of video.)

To all of the OKHT volunteers, it was a job well done. Thanks.

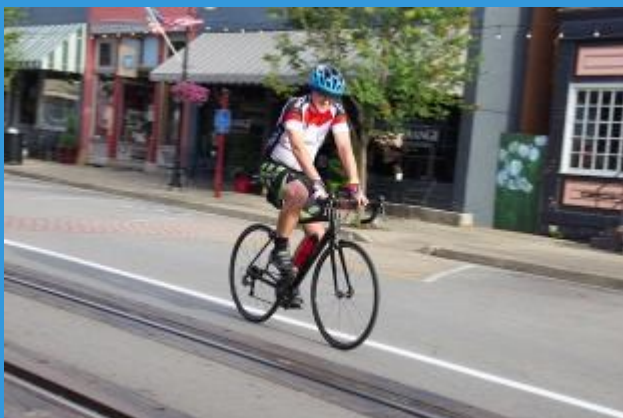
—Dr. Larry



—Larry Preble











All Photos Courtesy of:
Dr. Larry Preble



OKHT
 OLD KENTUCKY HOME BICYCLE TOUR





Mark your calendars!
Louisville Bicycle Club's
43rd Annual



OLD KENTUCKY HOME BICYCLE TOUR

June 17, 2023





Goose Creek Cycle & Skate to close

“It is bittersweet but after 16 years we are closing down both locations of Goose Creek Cycle. (We) still have a lot of inventory and if you are looking for a deal on a bike or just some gear (reach out to us).”



Visit them at:

<http://www.goosecreekcycle.com/>



Upcoming Events

[2022 New Rider Clinic Session 3: St. Matthew's Baptist Church](#)

Monday, June 20, 2022 6:00 PM | 3515 Grandview Ave, Louisville, KY 40207

[Tour de Mad Dog Series Stage 12: Holy Rollers - 99.4-miles](#)

Saturday, June 25, 2022 7:45 AM | Marathon Station off of I-64 - 11980 IN-62, St Croix, IN 47576

[Tour de Mad Dog Series Stage 13: Adjective Ride - 98.4-miles](#)

Saturday, July 09, 2022 8:00 AM | Louisville Water Tower Park, 3005 River Rd, Louisville, KY 40207, USA

[Tour de Mad Dog Series Stage 14: Story Century - 102.4-miles](#)

Saturday, July 23, 2022 8:00 AM | Finley Township Volunteer Fire Department 4012 IN-56, Scottsburg, IN 47170

[2022 New Rider Clinic Session 4: Baptist Health Eastpoint](#)

Sunday, July 31, 2022 2:00 PM | 2400 Eastpoint Pkwy, Louisville, KY 40223

[See All Events](#)



Become a Ride Captain

Have you been interested in becoming a ride captain for the Louisville Bicycle Club? Not sure what is involved? Learn how easy it is to become the backbone of the Louisville Bicycle Club and by becoming a ride captain today!

[Learn More](#)

2022 MAD DOG SCHEDULE

MONTH	DATE	RIDE CAPTAIN	ROUTE
JANUARY	Saturday, 1/15	Thomas Nance	Cancelled/Weather
JANUARY	Saturday, 1/29	Gail Blevins	A Good First Century
FEBRUARY	Saturday, 2/12	Phil Mattingly	Honest Abe
FEBRUARY	Saturday, 2/26	Dave Robinson	Virgin
MARCH	Saturday, 3/12	Gail Blevins	Sink or Swim
MARCH	Saturday 3/26	Alan McCoy	Short Frankfort
APRIL	Saturday, 4/16	Thomas Nance	Haunted Hollow
APRIL	Saturday, 4/23	John Pellegrino	Suburbane
MAY	Saturday, 5/7	John Fong	Twice Boston Century
MAY	Saturday, 5/14	Michael Crawford	Old Tour d' Bridgeport
JUNE	Sunday, 6/12	Mike Kamenish	Muscatatuck
JUNE	Saturday, 6/25	Bob Grable	Holy Rollers
JULY	Saturday, 7/9	Fritz Kopatz	Adjective Ride
JULY	Saturday, 7/23	Melissa Hall	Story Century
AUGUST	Saturday, 8/6	Larry Preble	Two Bridges
AUGUST	Saturday, 8/13	Larry Preble	Wises Landing
AUGUST	Saturday, 8/20	Steve Rice	Pappyles Lawrenceburg Loop
SEPTEMBER	Saturday, 9/3	Andy Murphy	Good First Century
SEPTEMBER	Saturday 9/10	Alan McCoy	BMB
OCTOBER	Saturday 10/8	Melissa Hall	Medora
OCTOBER	Saturday 10/15	Dee Schreur /Tony Nall	Margaritaville

mad dogs



mad dogs



mad dogs



NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?

Join the community at:

www.strava.com/clubs/louisville-bicycle-club



Did you also Know...

...that LBC has a club Ride with GPS Account?

See the member only section of the LBC website for more information!



JUL 30 AT 6 AM – JUL 31 AT 3 PM

Amishland and Lakes 2022

Lakeland High School (Lagrange, Indiana)



Amishland and Lakes, based at Lakeland High School in LaGrange, Indiana is a two day bike tour of the Amish countryside and lakes of northeast Indiana. Amishland and Lakes is all about enjoying riding, viewing the scenery, and socializing with other riders. We have participants from age 3 to 93, families, women's groups, and regional cycling clubs from throughout the Midwest, and we have been told that the ride is very "tandem friendly."

The Amishland and Lakes bicycle tour visits a world where lifestyles have remained almost unchanged for over a hundred years. The routes range from 22 to 100 miles, offering smooth, quiet roads, where buggies are numerous and cars are few. There are wide open spaces, clean country air, friendly people and lots of great food. There is plenty to explore, experience and eat. Amishland and Lakes is famous for great SAG food (watermelons, peaches, blueberries, bananas and fresh baked cookies), and there are Amish bakeries, restaurants and home-made ice cream parlors along the route for riders who want to sample local "home cooking".

Visit: <https://www.amishlandandlakes.com/>

2022 NEW RIDER / BIKE HANDLING CLASSES



Dates and sites have been set for this year's New Rider Clinic

The third session is at St. Matthews Baptist Church on Mondays at 6 PM. on June 20,27 and July 11, 18, and 25.

The final session will be at Baptist Healthcare Eastpoint on Sundays at 2:00. Dates are July 31 and August 7, 14, 21, and 28.

Students who complete the course will receive a newly designed tech tee shirt and a year's membership in the Louisville Bicycle Club.

Registration is online and open!

Join our fast growing LBC Facebook Group:

<https://www.facebook.com/groups/louisvillebicycleclub>

Louisville Bicycle Club Cycling Group



We'd like to remind all of our cycling friends in Louisville, that it's important to report issues w/ our bike lanes and paths to Metro311. Just call 311 during the week, 7 a.m. - 7 p.m. They now have a full-time sweeping contract and the time from call to completion is shorter than ever.
- Ride safe! Thanks!!

!!! Contributors Needed !!!

Do you fancy yourself a journalist? Do you have a Cycling interest, event or opinion you wish to share?

The LBC newsletter committee is always in search of quality article submissions and content.

To contribute contact:

communications@louisvillebicycleclub.org

Louisville's bike share program is up and running!
Read about it at louvelo.com



[Learn About Bike Laws](#)