

Louisville Bicycle Club

Newsletter

THANK YOU TO OUR LOUISVILLE
BICYCLE CLUB PARTNERS!

Executive Committee

President

Jeff White
president@louisvillebicycleclub.org

Secretary

Clint Phillips
secretary@louisvillebicycleclub.org

Treasurer

Phil Mattingly



VP - Advocacy

Scott Harrington
advocacy@louisvillebicycleclub.org

VP - Communications

Steven Jent
communications@louisvillebicycleclub.org

VP - Education

David Wittry
education@louisvillebicycleclub.org

VP - Information Technology

Erik Helton
IT@louisvillebicycleclub.org

VP - Racing

OPEN
racing@louisvillebicycleclub.org

VP - Touring

John Pellegrino
touring@louisvillebicycleclub.org



BAPTIST HEALTH®



CLARKSVILLE
SCHWINN



Louisville Bicycle Club
Ride Schedule



Louisville Bicycle Club
Ride Schedule

From the desk of

the President

Spring Wrap Up

Well, we've had a terrific spring season for the LBC. The calendar is chock full of riding opportunities. Our new VP/Touring John Pellegrino has been blown away by the way our ride captains have stepped it up and kept it up. In April alone you guys put on 70 rides! The Tour de Mad Dog is full speed ahead. Larry Preble is the current Yellow Jersey leader with 7 century rides already in the books! Speaking of stepping up, we had another great early season of volunteer opportunities. You guys hit it hard helping out with the Tour de Lou hosting all those training rides and then serving as ride marshals the day of the event. So many participants thanked me for your efforts. It really means a lot to so many to have calm, experienced and confident mentors to help make the TDL a great event! You guys were all over the course for the Marathon/Mini Marathon as well providing support for the runners. Some of you guys worked the packet pick-ups for both of these events not to mention assisting with this year's Pegasus Parade. Oh yeah, we even had a group assisting with Pegasus Pin Sales at the Fest-A-Ville this year. Wherever and whatever you helped with I thank you. We don't do too bad for a bunch of people that just want to ride bikes together. I believe the community sees us and appreciates your work as well.

Our New Rider Clinic is also in full bloom! VP/Education David Wittry has finished the first session of the year and already into the second. These 5 week training courses are an invaluable asset to our community providing new riders with the skill they need to feel confident on the road. Dave does an incredible job with these classes covering good practice and safety with classroom time, parking lot drills and group rides accompanied by, you guessed it, more LBC volunteers.

We're closing in on The Old Kentucky Home Tours rebirth in its new home at Yew Dell Gardens on June 5th. Tour Director Bekki Livingston is living on the edge right about now making sure all the final preparations are in place for a great event. She has been working tirelessly to provide not only a great bicycle ride but a great experience as well. We're so excited to share Oldham County this year as our Kentucky Home! And Oldham County has really jumped on board to join us. We're really thankful for all the assistance from The Oldham County Police Dept, Oldham County Tourism, The landowners of the beautiful farms we'll be visiting for our rest stops and of course the good folks at Yew Dell Gardens that are hosting us. If you haven't registered yet, times running out. You won't want to miss this one!

From the desk of

the *President*

We said goodbye and hello to a couple of executive committee members this month. Sadly Kevin Williams resigned as VP/Racing citing ever changing family obligations. We thank you for the hard work Kevin and wish you well with the future responsibilities. And I'm sure we'll see you on the road soon. We said hello to our new VP/Advocacy Scott Harrington. I met Scott at the unveiling event of the Tour de Lou jersey this year and was immediately impressed at his exuberance for everything cycling. I could tell you more but just scroll down a little and you will find an article on him in this newsletter. I know he is going to be a great asset for not only the LBC but for all cyclists in the Metro!

We will once again be participating in the Mayors Hike, Bike and Paddle on May 30th this year. While you're out enjoying the freedom to just ride your bike along the road with your

friends, participating in a family cookout, hanging out with some good friends or doing whatever it is that makes you feel happy and free on this Memorial Day holiday remember to take a little time to remember the sacrifices that have been made on your behalf by the selfless actions of the men and women that have given every last measure to give us the gift of freedom. Thank God for these heroes and their family members that have been left behind with only their memories. Thank you from the bottom of my heart.

Let's Ride!

Jeff

Photo: Larry Preble



NEW EXECUTIVE COMMITTEE MEMBER

Meet Scott Harrington, the Club's newest member to join the Executive Committee



I am looking forward to working with members in my new role as Vice President of Advocacy. I recently joined Louisville Bicycle Club, so I realize I have a lot to learn about cycling; however, I'm not new to the role of advocacy. I currently hold an appointed position with Louisville Metro Council as Legislative Assistant for District 11.

My position in local government affords me opportunities to share with you legislation, development plans and budgetary items relating to cycling.

My interest in cycling started last year following recovery from a prostatectomy. In September I rode a cruiser bicycle to raise awareness for men's prostate health. I rode 300 miles in a month to encourage men to get their PSA (Prostate Specific Antigen) checked. If caught early, it's very treatable. We lit the Big Four Pedestrian Bridge light blue, the color for Prostate Cancer Awareness, for my final trek.

I am married to Christina. I graduated from Eastern Kentucky University. I briefly taught in Jefferson County Public Schools, have a Maltipoo dog, and live in La Grange.



NEW EXECUTIVE COMMITTEE MEMBER

Since my first group ride, I became your advocate. As a new rider, I was overwhelmed by how many of you introduced yourself, made me feel welcome, and encouraged me. Ride Captains stayed with me at my newbie pace and motivated me along the routes. After a ride someone would say, "Scott, we do this ride every week so I hope you can join us again." Because of everyone's kindness, I joined LBC, rode 35 miles in the Tour de Lou, went clipless, enrolled in New Rider Clinic courses, and registered to ride in the upcoming OKHT in Oldham County on June 5th. I tell everyone how friendly LBC members are and encourage others to join.

As I grow into my new role, I'd like to form an Advocacy Committee that meets once or twice a month. Committee members will help establish goals and objectives for the advocacy team. We'll work together but I'd like to recruit members who can fulfill the following positions:

- Someone who is good with computers, researching the internet and developing an online poll.
- Someone who enjoys meeting with elected officials/department heads and public speaking.
- Someone who is familiar with ordinances and state statutes.

I look forward to chatting with you on our next ride and welcome your thoughts on how I can advocate on your behalf. I also welcome connecting with you on Strava or Facebook.



Enjoy your next ride and be safe!

-Scott Harrington



**Kentuckiana Re-
gional Planning &
Development
Agency KIPDA**

We want to hear from you when it comes to the transportation planning process and engaging with the public. We are inviting you to take a short survey about the role KIPDA plays in the overall transportation planning process.

Please visit:

<https://bit.ly/3G4DgZz>

to help us continue to serve the region.



May is Motorcycle and Bike Safety Awareness Month

In recognition of May as Motorcycle and Bike Safety Awareness Month, the Kentucky Transportation Cabinet’s (KYTC) Office of Highway Safety (KOHS) is joining the National Highway Traffic Safety Administration (NHTSA) in reminding all road users to work together to help prevent crashes, injuries and deaths on Kentucky roadways.

In 2021 there were 1,490 crashes involving motorcycles in Kentucky, resulting in 1,085 injuries and 99 deaths (88 motorcyclists). Of those crashes, 811 involved a motorcycle and at least one other vehicle. Bicyclists were involved in 325 crashes resulting in 239 injuries and 9 deaths. Of those crashes, 320 involved at least one other vehicle.

Metro Council Budget Committee announces Hearing Schedule for FY23 Capital and Operating Budgets

Louisville Metro Council’s Budget Committee has released its schedule for reviewing Mayor Greg Fischer’s proposed 2022-2023 Capital and Operating Budgets.

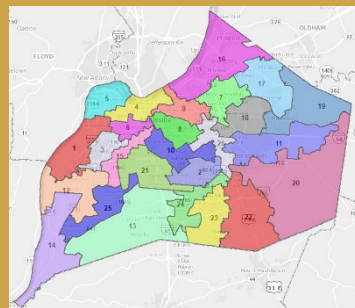
May 18, 2022 at 6:00 p.m.

June 2, 2022 at 6:00 p.m.

To participate in-person or virtually, speakers must sign up - **Here**

The link will be active on May 17 and June 1 from 3:00 p.m. to 4:30 p.m.

There are several Biking related items on the docket. LBC members are encouraged to call and or email their representative to declare their support for Cycling infrastructure projects.



What to know who your Metro Council Representative is?

Visit the following resources to see!

- **<https://louisvilleky.gov/government/metro-council/districts-1-26>**
- **<https://louisvilleky.gov/government/metro-council/email-council-member>**
- **<https://apps.lojic.org/metrocouncildistricts/>**

42nd Annual

HOME


OKHT

REGISTRATION

OLD KENTUCKY HOME BICYCLE TOUR 2022

Everything seems to be changing and adapting in this time of Covid. And so, the 42nd OKHT is adapting too. **WE ARE BACK!** This year we are over the moon with our partnership with Yew Dell Botanical Gardens, 6220 Old Lagrange Road, Crestwood, KY and Oldham County Tourism and Conventions. We will have three distances; 20, 40 and a very challenging 62 miles that will all start and finish at Yew Dell. Chris Cakes pancakes for breakfast and food trucks will be available for food purchases when you return. The SAG stops are unique locations not readily open to the public. Coming from out of the area? We have a full weekend planned for you. On Saturday you can try our club ride designed especially with you in mind. Packet pick-up is Saturday from 3-8pm at Hive and Barrel Meadery located right behind 3rd Turn Brewery in Crestwood. Sunday is the big ride with entertaining SAG stops, including the world famous homemade cookie stop and remember to explore the gardens and trails at Yew Dell when you return.

There are volunteer positions open for club members to help the day of the ride. A big thank you goes out to Jeff White, Dave Wittry, Jim Tretter, Bob Schindler, Diane Belfronto, Erik Helton and Glenn Todd for their help and dedication to making this a great ride. Check the website for details on all of this or contact me at okht@louisvillebicycleclub.org

We are very grateful for our sponsors: Yew Dell Botanical Gardens, Oldham County Tourism & Conventions, Clarksville Schwinn, Kaufman & Stigger, LLC, MiddleofTown Cycling, Sternberg Trucks, and KDF (Kentucky Derby Festival), and Goose Creek Cycles.

Thank you for supporting our ride.

I hope to see you all there!

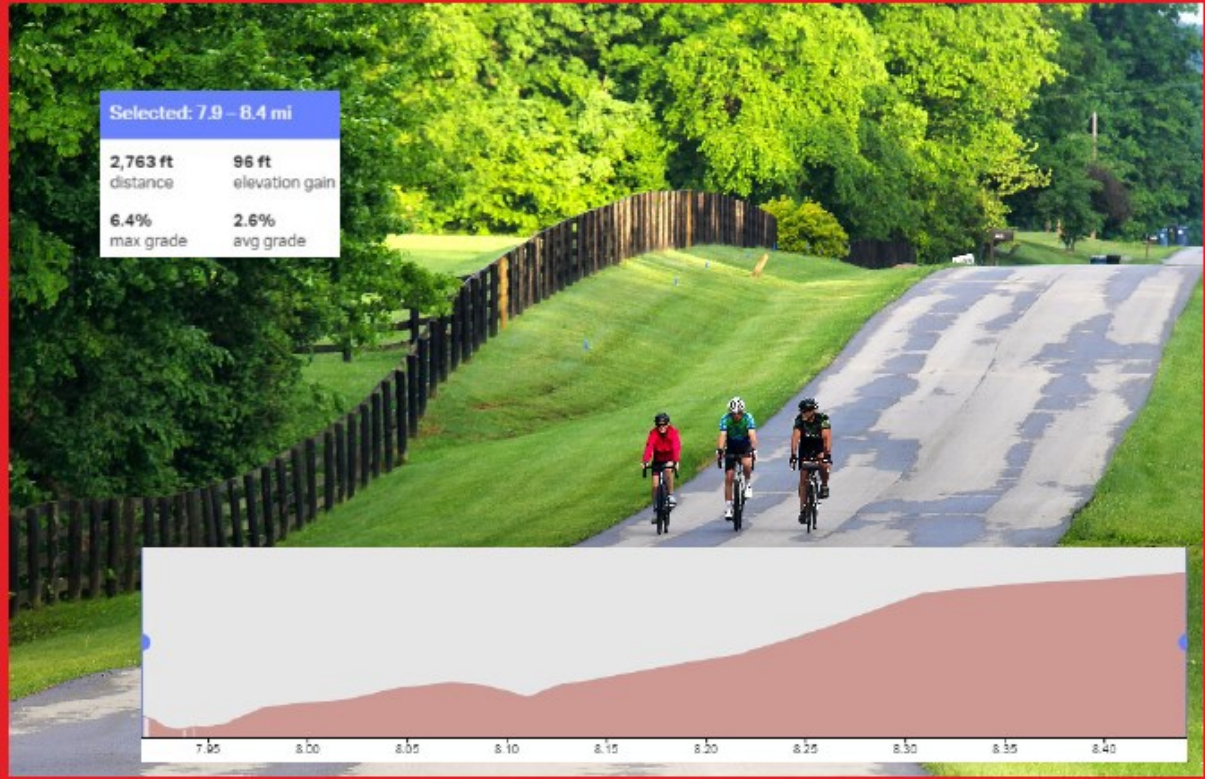
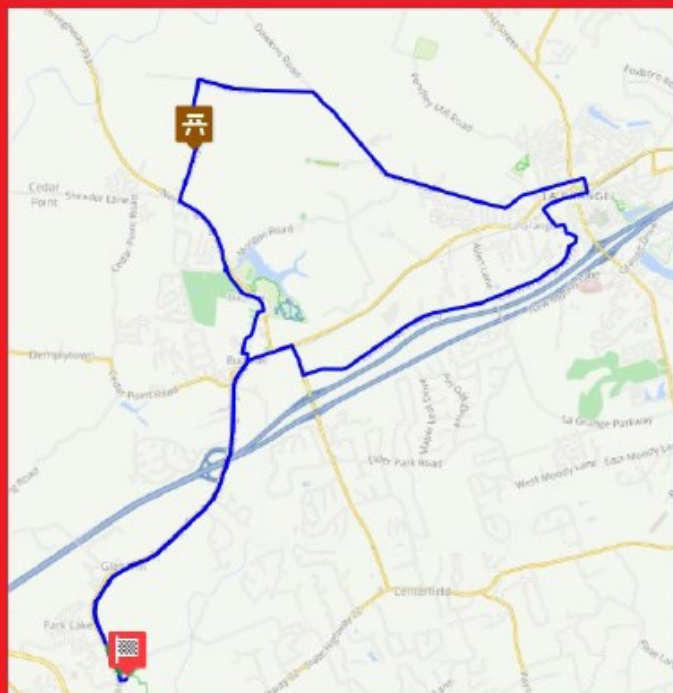
- Bekki Livingston, Director

- Preliminary routes are subject to change.
- Visit the [OKHT](#) page for the latest details!
- Photo Credit: Larry Preble



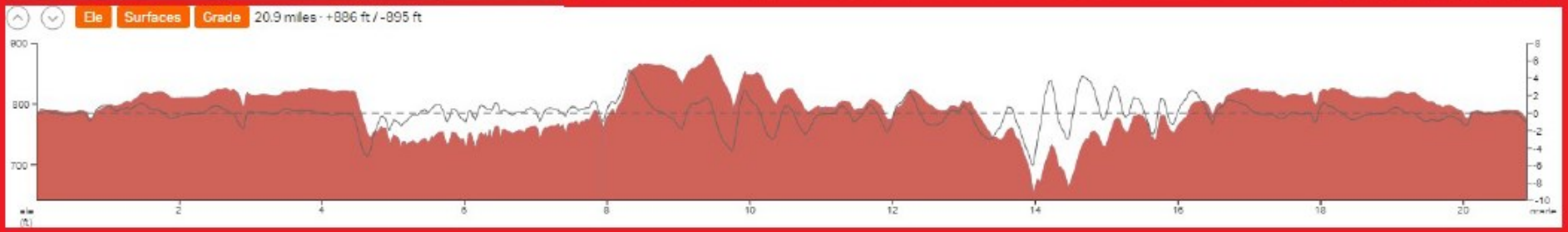
20-mile

20.9 mi + 886 ft 5.0% -6.0%



Selected: 7.9 - 8.4 mi

2,763 ft distance	96 ft elevation gain
6.4% max grade	2.6% avg grade

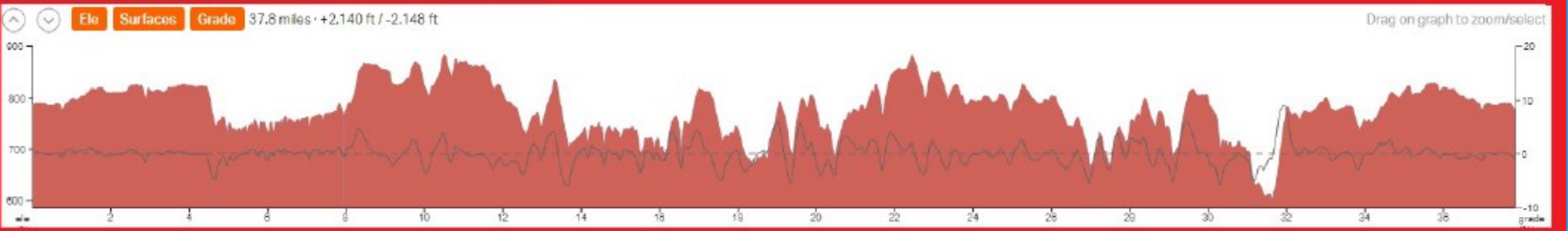
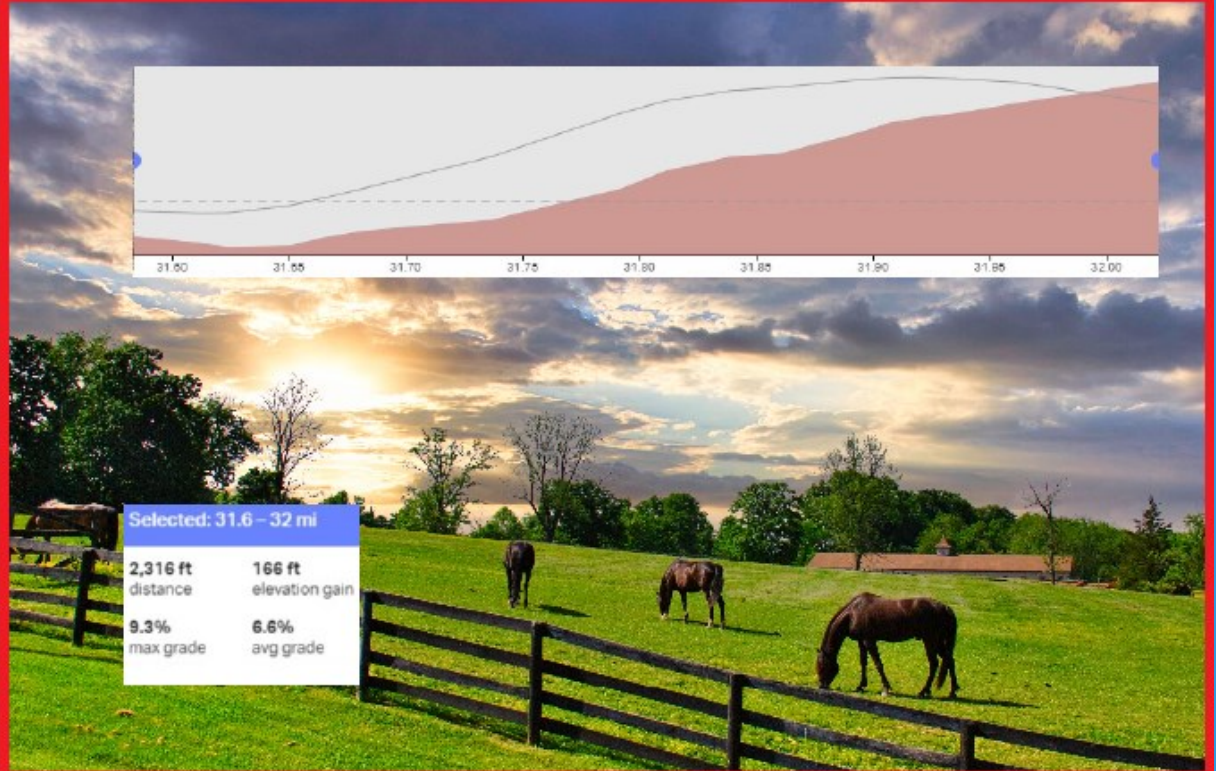
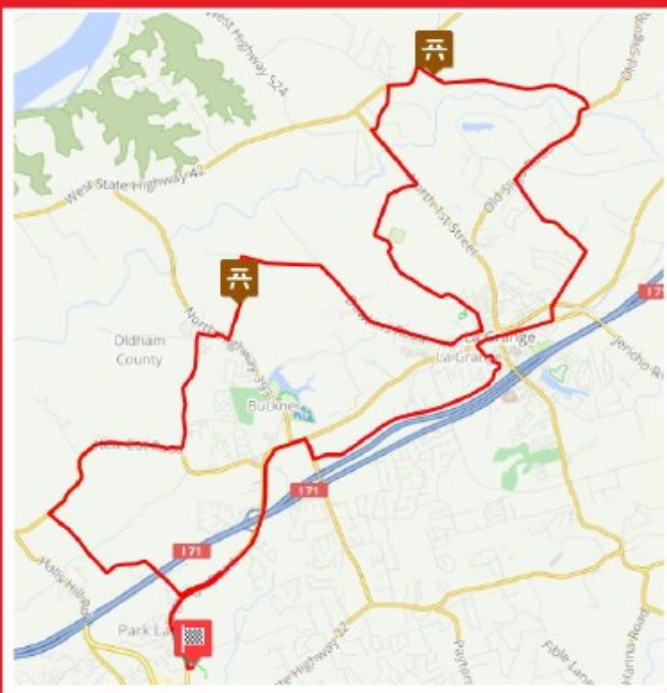


- Preliminary routes are subject to change.
- Visit the [OKHT](#) page for the latest details!
- Photo Credit: Larry Preble



40-mile

37.8 mi + 2,140 ft 8.5% -6.0%

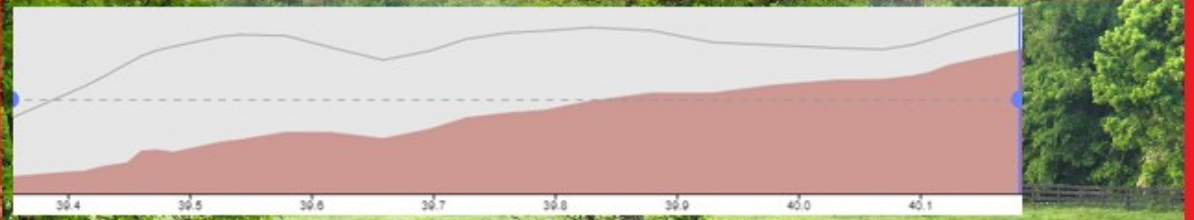


- Preliminary routes are subject to change.
- Visit the [OKHT](#) page for the latest details!
- Photo Credit: Larry Preble



62.1-mile (100k)

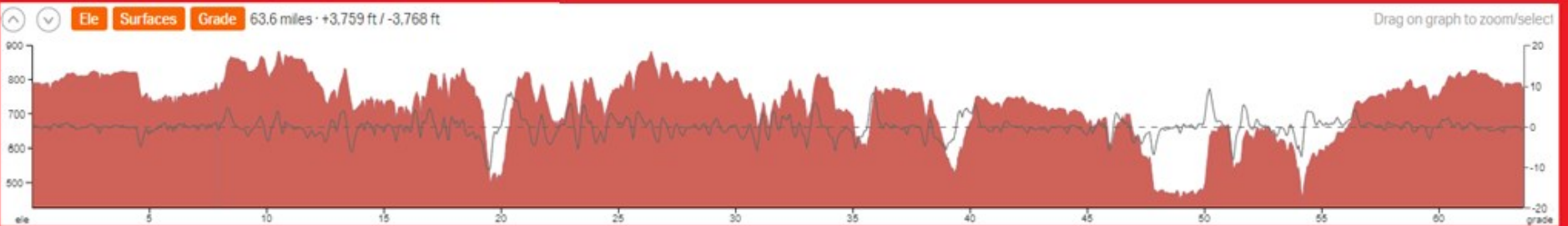
63.6 mi + 3,759 ft ↗ 9.5% ↘ -10.7%



Selected: 39.4 - 40.2 mi
4,369 ft distance 187 ft elevation gain
5.1% max grade 4.8% avg grade



Selected: 49.9 - 50.3 mi
1,671 ft distance 139 ft elevation gain
9.7% max grade 8.1% avg grade



The 2022 OKHT Jersey:



Yew Dell Botanical Gardens - its name comes from the venerable evergreen yew plants (*Taxus* species) that are ubiquitous in today's landscape. Theodore Klein, who's farm and plant nursery now operate as Yew Dell Botanical Gardens, was one of the largest yew growers in the region between the 1940s and 1980s.

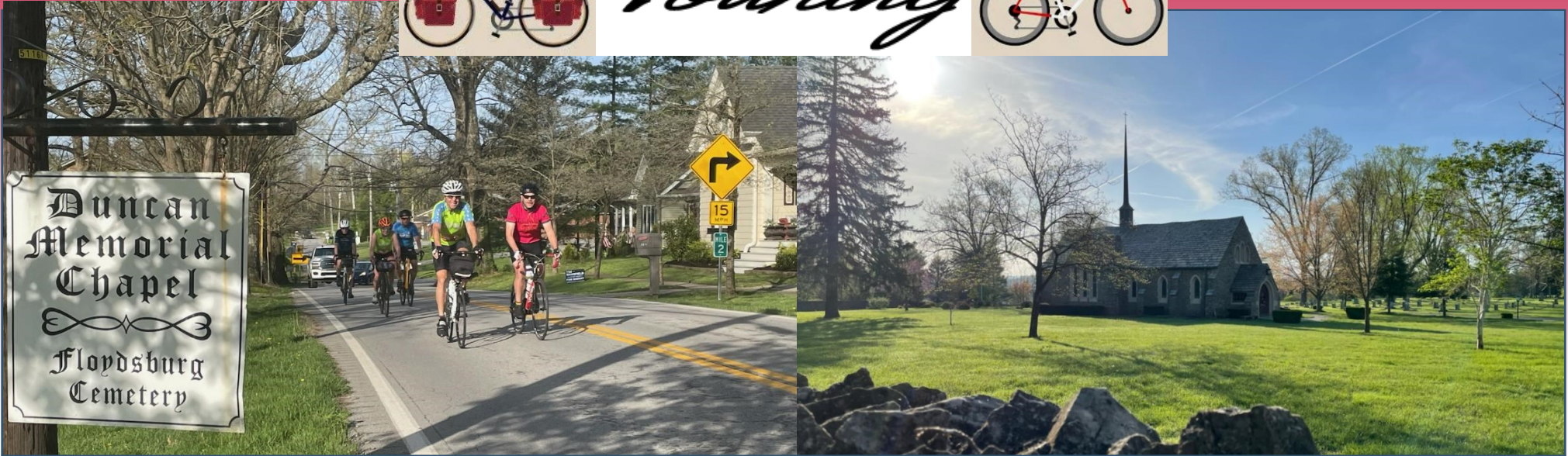
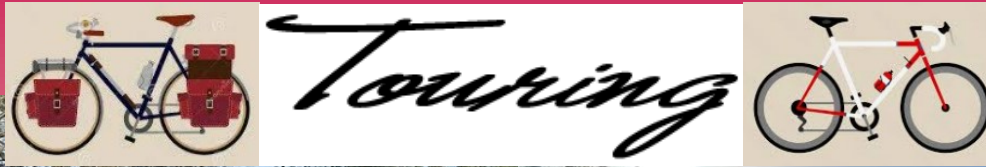
Yews have been cultivated for hundreds of years. While they are popular landscape plants now, their past use was much more utilitarian. Yew wood is incredibly dense and strong and during medieval times it was used to make the legendary English longbows. They were considered so important they were often planted within churchyards which were considered off limits when a town was plundered. There are several North American native yew species but they are rarely cultivated. The most common forms in the landscape are hybrids of the English yew (*Taxus baccata*) and Japanese yew (*Taxus cuspidata*).



The OKHT is BACK!

Join the Louisville Bicycle Club for the **42nd Old Kentucky Home Bicycle Tour**. This year's ride will go through historic Oldham County on **Sunday, June 5, 2022**.





Hints and Tips—Google Calendar

- Would you like the LBC calendar to be one click away? Download the Google Calendar app to your phone and that will happen.
- Are you on the web site from your desktop and want to see the full screen? Scroll down the calendar then Click on the + next to Google Calendar.
- From the web site on your computer, would you like to see a week at a time, a month at a time, or a different view, click on Week, Month, or Agenda
- If the GPS link is not highlighted for you, click on “more details” where it

Hints and Tips—Club's RWGPS

- Clicking on this link makes you a club RWGPS member, allowing you to view the route library and download routes from the library. https://ridewithgps.com/auto_approve/Club/5393/DAfvxsiND74Llokh After clicking on the link, On your computer, go into the club’s rwgps account. You can do this from your personal account by going to Jump To at the top right, scroll to the bottom and on the left you will see the red LBC logo. Click on that then Sign Into Club on the right. No password is needed. You know you are in the club account by the yellow bar across the top.
- To access RWGPS club routes on your phone, on the RWGPS App, click on the LBC icon, then Organization Routes, then Search for the route that is in the club library.
- If you are a current ride captain, you will be made a Route Manager, allowing you mapping capability.
 - o When mapping, do not click at intersections. Instead, click before or after intersections.
 - o Routes need to be in the club's RWGPS library to enable everyone access to the route.
 - o Name your routes with the start location and destination as this is a library of rides and we want everyone that likes your ride to be able to find it in the library.



Touring



Larry Preble Gallery People





Upcoming Events

[2022 OKHT Old Kentucky Home Tour 3](#)
 Sunday, June 05, 2022 6:45 AM | Yew Dell Botanical Gardens, Crestwood, KY

[Code only registration OKHT](#)
 Sunday, June 05, 2022 6:45 AM | Yew Dell Botanical Gardens, Crestwood, KY

[2022 600K Brevet](#)
 Saturday, June 18, 2022 4:00 AM | Red Roof Inn Shelbyville

[2022 New Rider Clinic Session 3: St. Matthew's Baptist Church](#)
 Monday, June 20, 2022 6:00 PM | 3515 Grandview Ave, Louisville, KY 40207

[See All Events](#)



Become a Ride Captain

Have you been interested in becoming a ride captain for the Louisville Bicycle Club? Not sure what is involved? Learn how easy it is to become the backbone of the Louisville Bicycle Club and by becoming a ride captain today!

[Learn More](#)

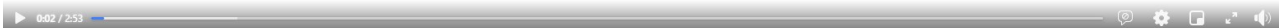
video by: *John Fong*

Louisville Bicycle Club

04.23.22

TMD Suburbane Century

Ride Captain: John Pellegrino



2022 MAD DOG SCHEDULE

MONTH	DATE	RIDE CAPTAIN	ROUTE
JANUARY	Saturday, 1/15	Thomas Nance	Cancelled/Weather
JANUARY	Saturday, 1/29	Gail Blevins	Cancelled/Weather
FEBRUARY	Saturday, 2/12	Phil Mattingly	Honest Abe
FEBRUARY	Saturday, 2/26	Dave Robinson	Virgin
MARCH	Saturday, 3/12	Gail Blevins	Cancelled/Weather
MARCH	Saturday 3/26	Alan McCoy	Short Frankfort
APRIL	Saturday, 4/16	Thomas Nance	Haunted Hollow
APRIL	Saturday, 4/23	John Pellegrino	Suburbane
MAY	Saturday, 5/7	John Fong	Twice Boston Century
MAY	Saturday, 5/14	Michael Crawford	Old Tour-d' Bridgeport
MAY	Sunday 5/22	Bekki Livingston	Mad Dog Time Trial
JUNE	Sunday, 6/12	Mike Kamenish	Muscatatuck
JUNE	Saturday, 6/25	Bob Grable	The Harrison
JULY	Saturday, 7/9	Fritz Kopatz	Adjective Ride
JULY	Saturday, 7/23	Melissa Hall	Story Century
AUGUST	Saturday, 8/6	Larry Preble	Two Bridges
AUGUST	Saturday, 8/13	Larry Preble	Wises Landing
SEPTEMBER	Saturday, 9/3	Thomas Nance	TBD
SEPTEMBER	Saturday 9/10	Tom Askew	BMB
OCTOBER	Saturday 10/8	Melissa Hall	Medora
OCTOBER	Saturday 10/15	Dee Schreur / Tony Nall	Margaritaville

mad dogs



TMD—News and Updates

- The Mad Dog time trial is Sunday at 1:00pm. (May 22) It's on the ride calendar. A Special Thank you to Jon Kindig at Goose Creek Cycles and Brian Borgmann for helping with this!
- To date there have been 31 participants on 7 stages. So we are halfway through our series and the touring season. We will be adding another stage to the calendar - probably in September. So stayed tuned. Riders who complete these century rides with a group of 5 or more, receive a point. The person with the most points at the end of the season is the winner of the Series.

NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?

Join the community at:

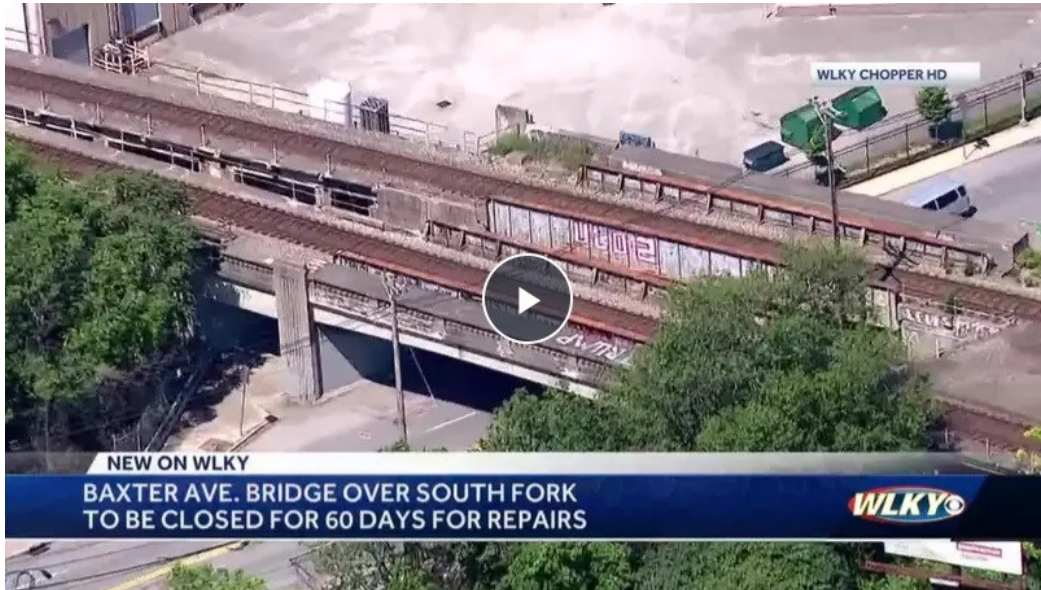
www.strava.com/clubs/louisville-bicycle-club



Did you also Know...

...that LBC has a club Ride with GPS Account?

See the member only section of the LBC website for more information!



Section of Baxter Avenue in Phoenix Hill closing for two months

Baxter Avenue near Lexington Road in the Phoenix Hill neighborhood will be shutting down for two months beginning Monday for repairs.

The section of Baxter Avenue undergoing repairs is the bridge over the South Fork of Beargrass Creek. That's right by Irish Hill Park and Baxter Jacks Volleyball Club. The Kentucky Transportation Cabinet said motorists will need to use Liberty Street and Lexington Road to get around the closure.

The bridge will be under full closure and weather or unforeseen factors may impact the timeline of the project.

Signs will be put up in the area during the estimated 60-day project.

2022 NEW RIDER / BIKE HANDLING CLASSES



Dates and sites have been set for this year's New Rider Clinic

The first class will be Monday. **April 25** at the Yellow Lot at 6 PM. The next four classes will be on the following four Mondays, **May 2, 9, 16** and 23.

The second session is at St. Stephen Baptist Church on Sundays at 2PM. The dates are **May 15, 22, 29** June 12 and 19.

The third session is at St. Matthews Baptist Church on Mondays at 6 PM. on **June 20, 27** and **July 11, 18,** and 25.

The final session will be at Baptist Healthcare Eastpoint on Sundays at 2:00. Dates are **July 31** and **August 7, 14, 21,** and 28.

Students who complete the course will receive a newly designed tech tee shirt and a year's membership in the Louisville Bicycle Club.

Registration is online and will be open mid March.

**Past*



We'd like to remind all of our cycling friends in Louisville, that it's important to report issues w/ our bike lanes and paths to Metro311. Just call 311 during the week, 7 a.m. - 7 p.m. They now have a full-time sweeping contract and the time from call to completion is shorter than ever.
- Ride safe! Thanks!!

!!! Contributors Needed !!!

Do you fancy yourself a journalist? Do you have a Cycling interest, event or opinion you wish to share?

The LBC newsletter committee is always in search of quality article submissions and content.

To contribute contact:

communications@louisvillebicycleclub.org

Louisville's bike share program
is up and running!
Read about it at louvelo.com



Louisville backs \$30 million plan to add pedestrian path to K&I Bridge

Metro government is leading a new push for pedestrian and cycling access on the Kentucky & Indiana Bridge, a span that carries trains across the Ohio River.

The city of Louisville is sponsoring a \$30 million proposal to make the crossing between the Portland neighborhood and New Albany, Indiana, a "shared-use path" that would open by 2040. A regional planning agency now will consider adding it to a list of priorities in a long-range transportation plan.

Read the full article—[HERE](#)

