



Louisville Bicycle Club

Newsletter

THANK YOU TO OUR LOUISVILLE
BICYCLE CLUB PARTNERS!

Executive Committee

President

Jeff White
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Secretary

Clint Phillips
secretary@louisvillebicycleclub.org

Treasurer

Phil Mattingly



VP - Advocacy

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advocacy@louisvillebicycleclub.org

VP - Communications

Steven Jent
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VP - Education

David Wittry
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VP - Information Technology

Erik Helton
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VP - Racing

Kevin Williams
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VP - Touring

John Pellegrino
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Meet your new Executive committee for 2022

President-Jeff White: This will be Jeff's 3rd term serving as your president.



Secretary- Clint Phillips: Clint is new to the executive committee. As a corporate attorney in the health care field he brings an understanding of the legal system and an attention to detail with him to serve the club. He is also a member of the board of directors of a sports apparel corporation. Clint joined the club a couple of years ago and is eager to serve in his new capacity.



Treasurer- Phil Mattingly: This will be Phil's 2nd term. As a retired accounting professional he brings years of experience to the table. Phil is also a Ride Captain and volunteers with the New Rider Clinic.



Vice President/Communications-Steven Jent: Steven has served the club in various positions on the executive committee for the last 4 years. He is returning this year to his passion of communications.

From the desk of

the *President*

Meet your new Executive committee for 2022

Vice President/Education- David Wittry: How many of you have gone through Dave's New Rider Clinic classes? He's been on the job for, well, forever I think. Dave really brings a lot of passion to the education wing of the club.



Vice President/IT- Erik Helton: The corporate world came calling for our last VP/IT making him an offer he could not refuse but unfortunately leaving the club with a void for this newly created position. Enter Erik Helton. Erik "took the job" late last year. Since coming on board he's been responsible for all the positive change you've seen with the clubs website. Erik is a working digital marketing and advertising professional with long time club sponsor Baptist Health as well as very involved with the Kentucky Derby Festival.

Vice President/Racing- Kevin Williams: Kevin returned late last year to help try to bring a revival to the clubs racing program. He brings with him loads of experience both as a racer and leader. We're looking forward to seeing what he's got in store for our racing program.

Vice President/Touring- John Pellegrino: John brings years of experiences riding with the club to the table. John has enjoyed learning and growing as an avid touring cyclist since joining and is excited to serve every cyclist in the club from the beginner to those long distance Mad Dogs and everyone in between.



From the desk of

the *President*

Sadly we must say goodbye to Amelia Dauer, Bekki Livingston and Katie Rowe.

Amelia Dauer served the last 2 years as VP/Touring and brought a load of enthusiasm to the position. She worked tirelessly implementing our dependence from only paper cue sheets to our current Ridewithgps platform creating a library of rides in the process. She worked hard to bring new Ride Captains into the fray. You may have noticed there weren't very many days over the last couple of years that didn't have multiple rides and we all have Amelia and all of our excellent Ride Captains to thank for that. Oh, and in her spare time she helped to design and distribute our new kit.

Bekki Livingston has signed off after serving the club for 7 years as the club secretary. Bekki has been the go to person for every kind of question anybody has had about how the club operates. She knows the computer system inside and out. She has handled all the membership processes, kept all the records and made sure all the i's were dotted and the t's were crossed. She still continues to serve the club in 2 new roles this year. Bekki has taken on the mantle of responsibility as the director of the all new Old Kentucky Home Tour and is also serving as the director of this year's Tour de Mad Dog.

Katie Rowe served the club for 2 years in different roles. First as VP/Advocacy and then as VP/Communications. You may remember her smiling face on some of the live feeds she produced for us on social media. She was instrumental in helping us to get the word out on many projects.

Although not direct members of the executive committee **Donna Connell** continues to serve in her role as clothing director and Phil Samuel will serve another year as our statistician. These are both jobs that are pretty much taken for granted until something goes wrong. A big thanks to both of these fine individuals for making sure all continues to run smoothly.

Finally we still have one vacancy to fill on your executive committee. The position of **Vice President/Advocacy** remains unfilled for this year. The club has a long history of advocacy in our community and now is no time to pump the brakes. Is yours the name that needs to be associated with this important role? If you think you may be interested in making a difference for all the cyclists in our area contact any of the members of the executive community and we'll be glad to talk to you about this opportunity.

Jeff

awards BANQUET

“The Louisville Bicycle Club had to cancel our Awards Banquet due to a sudden surge in COVID-19, but that doesn't mean the awards themselves were cancelled!”

—Larry Preble (+ Photos Credit)





It was special for me serving as the Louisville Bicycle Club Touring VP for the past two years. I got to see first hand that this is a great bicycle club and it could not be the great club it is without our talented, dedicated members and volunteers. We made lots of changes. RideWithGPS routes are now required for all rides and we now have sweeping mph minimums for ride captains on rides. Change is hard and these were big changes. Thank you for your patience and support.

Since we had to cancel the indoor banquet, we handed out awards to award winners in the parking lot at St. Matthews Baptist Church. Yes, it was cold! The most exciting part of being Touring VP was being able to formally recognize each award winner and especially to present several mileage jerseys to those that reached mileage milestones in 2021.

This year, **Paul Battle reached 175,000 miles!** What an accomplishment! Most of us do not even have dreams of reaching that milestone because it is just too far out of reach. Paul, you are an inspiration to all riders and I am thrilled I was able to award you with your 175,000 mile jersey. Wear it proudly.

Paul Battle/175,000

Throughout the year, we celebrated the following individuals receiving lifetime mileage jerseys. Congratulations to all lifetime mileage winners!

Jim Tretter/150,000

John Larson/100,000

Mike Crawford/75,000

Marilyn Minnick/25,000

We had lifetime mileage jerseys for 25,000, 50,000, 75,000, 100,000, and 150,000. 125,000 miles was missing so we decided to award everyone that had reached the 125,000 milestone with a 125,000 mile jersey They earned it! These individuals are listed below:

Paul Battle

Bernice McGill

Jim Tretter

Perry Finley

Larry Preble

And our Mileage Champions are....

Touring Champion/Yellow Jersey:

Paul Battle

Masters Champions/Blue Jersey:

Larry Preble

CaraSue Kraus



Touring



A big THANK YOU to all 2021 award winners. They were recognized for their contribution to making our touring season successful.

Award Wins:

Volunteer of the Year:	Steve Puckett
Touring Ambassador:	Barbara Martin
Statistician:	Phil Samuel
Ride Captain of the Year:	Tom Askew
Best New Ride Captain:	James Braden
Best New Rider:	Vanessa Williams-Harvey
Most Improved Rider:	CaraSue Kraus
Best Destination Ride:	Craig Dooley
Best New Ride:	John Fong

Special Thanks:

City of Louisville Assistance:	Tommy Sutton
Tour de Lou Assistance:	Andy Murphy
Chili Cook Off:	Kelly McGill

Touring Committee:

Barbara Martin	Jeff Carpenter
James Braden	Mike Crawford

Ride Captains captaining 10+ Rides:

Larry Preble/74	Jeff Carpenter/22
Percy Black/67	Margaret Preble/21
Mike Kaufman/58	James Braden/20
Barbara Martin/42	Andy Murphy/20
Tom Askew/41	Jeff White/20
Melissa Hall/36	Mike Crawford/18
George Cooper/32	Craig Dooley/16
CaraSue Kraus/31	Laura Trachtenberg/15
Kathy Ragland/29	Amelia Dauer/13
Terri Zobel/27	Bekki Livingston/11
David Wittry/25	Ron Heuglin/10
Joe Medley/23	

New Ride Captains (captained 5+ rides):

Vicky Bridges	James Braden
Mark Alford	Steve Puckett
Tom Schurfranz	Joe Hitzelberger
Kyle Schwedler	John Fong
Phil Mattingly	

- Amelia

42nd Annual

HOME



REGISTRATION

Everything seems to be changing and adapting in this time of Covid. And so, the 42nd OKHT is adapting too. **WE ARE BACK!** This year we are over the moon with our partnership with Yew Dell Botanical Gardens, 6220 Old Lagrange Road, Crestwood, KY and Oldham County Tourism and Conventions. We will have three distances; 20, 40 and a very challenging 62 miles that will all start and finish at Yew Dell. Chris Cakes pancakes for breakfast and food trucks when you return. The SAG stops are unique locations not readily open to the public. We hope to have the full design of the jersey and t-shirt soon. Coming from out of the area? We have a full weekend planned for you. Saturday you may register for a full day tour of bourbon, horses and more. If that doesn't suit you, try our club ride designed especially with you in mind. There are a few options for dinner on Saturday night along with picking up your packet Saturday from 3-8pm at Hive and Barrel Meadery located right behind 3rd Turn Brewery in Crestwood. Sunday is the big ride with entertaining SAG stops, including the world famous homemade cookie stop and remember to explore the gardens and trails at Yew Dell when you return.

There are volunteer positions open for club members to help the day of the ride. A big thank you goes out to Jeff White, Dave Wittry, Jim Tretter, Bob Schindler, Diane Belafronto, Erik Helton and Glenn Todd for their help and dedication to making this a great ride. Check the website for details on all of this or contact me at okht@louisvillebicycleclub.org

We are very grateful for our sponsors: Yew Dell Botanical Gardens, Oldham County Tourism & Conventions, Kaufman & Stigger, LLC, MiddleofTown Cycling, Sternberg Trucks, Clarksville Schwinn, Goose Creek Cycles and KDF (Kentucky Derby Festival). We will be highlighting each of our sponsors leading up to the OKHT.

Thank you for supporting our ride.

I hope to see you all there!

- Bekki Livingston, Director

The 2022 OKHT Jersey:



Yew Dell Botanical Gardens - its name comes from the venerable evergreen yew plants (*Taxus* species) that are ubiquitous in today's landscape. Theodore Klein, who's farm and plant nursery now operate as Yew Dell Botanical Gardens, was one of the largest yew growers in the region between the 1940s and 1980s.

Yews have been cultivated for hundreds of years. While they are popular landscape plants now, their past use was much more utilitarian. Yew wood is incredibly dense and strong and during medieval times it was used to make the legendary English longbows. They were considered so important they were often planted within churchyards which were considered off limits when a town was plundered. There are several North American native yew species but they are rarely cultivated. The most common forms in the landscape are hybrids of the English yew (*Taxus baccata*) and Japanese yew (*Taxus cuspidata*).



The OKHT is BACK!

Join the Louisville Bicycle Club for the **42nd Old Kentucky Home Bicycle Tour**. This year's ride will go through historic Oldham County on **Sunday, June 5, 2022**.



NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?

Join the community at:

www.strava.com/clubs/louisville-bicycle-club



Did you also Know...

...that LBC has a club Ride with GPS Account?

See the member only section of the LBC website for more information!



Your path. Your destination. Your Festival

2022 Kentucky Derby Festival PNC Tour de Lou Registration Now Open!

The ride will take place on Saturday April 16, 2022. This year, all three courses (20-mile, 35-mile and metric century) will ride through historic Churchill Downs. Get a glimpse of the beautiful grounds as you ride. Also, metric century cyclists will cross state lines by riding in both Kentucky and Indiana.

[Learn More](#)

Tour de Lou Training 2022

Spring is right around the corner. I even looked out the window the other day and saw a couple of red, red robins bob, bob, bobbin around in the still snowy backyard. Another sure sign is that the Kentucky Derby Festival PNC Tour de Lou has been hard at work planning this years event and the first training ride will happen on Sunday, February 27th at 12:00 noon.

The LBC is continuing in this wonderful partnership crafted by our former president Andy Murphy by facilitating the training rides as well as collaborating in the main event. This is a rewarding and fun way for our members to serve the community in a practical way.

This year we hope to be able to accommodate a show and go platform grouping participants into small groups of 8-10 and hitting the streets as soon as possible trying to avoid a massive group forming. Even though we are outdoors and covid seems to be on the decline we want to remain as vigilant as possible to keep our Hometown Healthy.

The first training ride is 5 miles, and 5 miles are added each week, culminating in a 30 miler. They all start at noon and depart from the parking lot (399 E Witherspoon St, Louisville, KY 40202) at the corner of Preston and Witherspoon. The rides are all on the LBC calendar if you want to preview them. Some stay here in Louisville, and some will cross the bridge into Southern Indiana, where I'm told the sun always shines.

How can you help? Why, I'm glad you asked. We'll need a lot of experienced cyclists to accompany these small groups and show them the ropes. Some participants have ridden on the roads before and are just getting back in shape after the winter hibernation. Some have not ridden before and face intimidation at the thought of navigating our friendly city on their bicycle. Either way, it's a comfort to have a friend to help you find your way.

Where do I sign up? If you want to take advantage of this valuable training, you can pre-register by visiting <https://www.bikesignup.com/Race/KY/Louisville/KDFTourDeLou> on the internet, although you can also sign up in person at the event. If you want to volunteer splendid! Just show up. Club members usually show up between 11:30-12:00 so we can be organized and ready to go when the first participants start arriving. I look forward to serving with you again through this great opportunity of service to the community!

- Jeff



Upcoming Events

Tour de Mad Dog Stage 4 - Virgin Century:
98.1-miles

26 Feb 2022 8:00 AM | Silver Creek Senior High School (557 Renz Ave, Sellersburg, IN 47172)

Tour de Lou Training Ride: 5-miles

27 Feb 2022 12:00 PM | 399 E Witherspoon St, Louisville, KY 40202

Tour de Lou Training Ride: 10-miles

06 Mar 2022 12:00 PM | 399 E Witherspoon St, Louisville, KY 40202

See All Events



Become a Ride Captain

Have you been interested in becoming a ride captain for the Louisville Bicycle Club? Not sure what is involved? Learn how easy it is to become the backbone of the Louisville Bicycle Club and by becoming a ride captain today!

Learn More

2022 NEW RIDER / BIKE HANDLING CLASSES



BAPTIST HEALTH
SPORTS MEDICINE

Dates and sites have been set for this year's New Rider Clinic

The first class will be Monday, April 25 at the Yellow Lot at 6 PM. The next four classes will be on the following four Mondays, June 2, 9, 16 and 23.

The second session is at St. Stephen Baptist Church on Sundays at 2PM. The dates are May 15, 22, 29 June 12 and 19.

The third session is at St. Matthews Baptist Church on Mondays at 6 PM. on June 20, 27 and July 11, 18, and 25.

The final session will be at Baptist Healthcare Eastpoint on Sundays at 2:00. Dates are July 31 and August 7, 14, 21, and 28.

Students who complete the course will receive a newly designed tech tee shirt and a year's membership in the Louisville Bicycle Club.

Registration is online and will be open mid March.



LOUISVILLE
METRO311

We'd like to remind all of our cycling friends in Louisville, that it's important to report issues w/ our bike lanes and

paths to Metro311. Just call 311 during the week, 7 a.m. - 7 p.m. They now have a full-time sweeping contract and the time from call to completion is shorter than ever.

- Ride safe! Thanks!!

!!! Contributors Needed !!!

Do you fancy yourself a journalist? Do you have a Cycling interest, event or opinion you wish to share?

The LBC newsletter committee is always in search of quality article submissions and content.

To contribute contact:

communications@louisvillebicycleclub.org

Louisville's bike share program

is up and running!

Read about it at louvelo.com



The Louisville Cycling Podcast

The Louisville Cycling Podcast is dedicated to celebrating the people, rides, and events that make Louisville and the surrounding area a great place to be a cyclist!

Hosted By: **Barry Gary**

What's New for Texas Roadhouse Cycling?

What's in store in 2022 for the Texas Roadhouse Cycling team? Well, in this episode, I talk with Director, Curtis Tolson to get the full run down!