

Louisville Bicycle Club

Newsletter

THANK YOU TO OUR LOUISVILLE
BICYCLE CLUB PARTNERS!

Executive Committee

President

Jeff White
president@louisvillebicycleclub.org

Secretary

Bekki Livingston
secretary@louisvillebicycleclub.org

Treasurer

Phil Mattingly



VP - Advocacy

Steven Jent
advocacy@louisvillebicycleclub.org

VP - Communications

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VP - Education

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VP - Information Technology

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VP - Racing

Kevin Williams
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VP - Touring

Amelia Daur
touring@louisvillebicycleclub.org



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From the desk of

the
President

Turn, Turn, Turn

To everything there is a season. For some at this time of year the end of the riding season. For others there is no off season. Only cold weather gear buying opportunities or gym membership renewals. I salute you all and hope to have a mix of both during this winter.

We are busy planning the Polar Bear Ride and Chili cook off on January 1st and the annual awards banquet on the 22nd. Plan to bring a chili, soup or dessert to the pot luck event on the 1st. We're holding the event at Gingerwoods on Rose Island road again so even if there is a chill in the air it'll be toasty inside when you get back from the ride. There will be prizes for the best chili in both the meaty and meatless versions. The banquet will be Jan 22nd to be held at the Knights of Columbus Hall on River Road. Come and celebrate your friends achievements with them. The cost is 15 bucks and you can reserve your spot online through the club website.

It's also time for us to vote in new club officers for 2022. Any member in good standing can run for any of the offices on the executive committee of the Louisville Bicycle Club. All terms are for one year so all positions are open for anyone to run. If elected this will be my 3rd term. I remember back when I was approached about running for president of the club. It was the furthest thought from my mind. I was pretty happy with the current president but since Andy announced he wouldn't run again I decided to give it some thought. My questions were what do I like and what would I change about the club if I could. Turns out I had a couple of ideas so I went ahead and threw my hat into the ring.

Could that be you? Are there some areas you think could stand some improvement? Maybe you have your own list. There is one area in particular that really needs some leadership and that is Advocacy. At present this will be a vacant position unless someone steps to the plate. This is an area that is not only important for the club but vital to the community. The cycling community really needs a voice right now. Why not make it your voice? Our club candidate search committee is headed up this year by Joe Medley along with Ford Barr and Fred Shuck. Contact any of these 3 esteemed club members or you can contact Bekki Livingston at secretary@louisvillebicycleclub.org or me at president@louisvillebicycleclub.org.

And the 2022 season is right around the corner. It's hard to believe but the first training ride for the Kentucky Derby Festival is February 27th.

There are many holiday celebrations this time of year and we are all truly blessed to live in a place that allows us to celebrate our beliefs freely. I'll be celebrating Christmas and whatever your belief is or isn't I want to wish everyone a joyful season.

Merry Christmas!

Jeff



The next LBC election cycle is fast approaching! We are in search of members to fill the **Advocacy** position. All other positions have at least one member either returning or running. However, any interested member of the LBC that feels the calling to serve their fellow cyclists can run for any vacant position or run against an incumbent. Ballots and candidate statements will soon be appearing on the website and will be included in the next newsletter.

Current Candidates running for election in 2022

<p>President Jeff White</p> <p>Secretary Clinton Phillips</p> <p>Treasurer Phil Mattingly</p>	<p>VP Advocacy OPEN</p> <p>VP Communications Steven Jent</p> <p>VP Education David Wittry</p>	<p>VP Information Technology Erik Helton</p> <p>VP Racing Kevin Williams</p> <p>VP Touring John Pellegrino</p>
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According to the LBC bylaws:

A Candidate Search and Nominating Committee, whose Chair shall be appointed by the President following recommendations by the Executive Committee and who shall in turn select a minimum of two (2) additional members to serve on the Committee, shall identify interested Club Officer candidates and prepare a slate consisting of one or more candidates for each office for presentation at the Annual Meeting. Current Executive Committee members may not serve on the committee and members of the Candidate Search and Nominating Committee may not stand as candidates for office. The Candidate Search and Nominating Committee shall close their search for additional candidates at midnight seven days prior to the election at the Annual Meeting. The Chair of the Candidate Search and Nominating Committee shall insure that the slate of candidates is published to the membership at least seven (7) days prior to the Annual Meeting in the Club newsletter or on the Club website. Notwithstanding the preparation of a slate of candidates, the presiding official at the Annual Meeting shall solicit any nominations from the floor.

Notice: Joe Medley has been selected to be the Nominating Chair.

Please reach out with your interest to: Communications@LouisvilleBicycleClub.org



Join the Club

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides.

Not a member yet?

[Join Now](#)



Upcoming Events

Polar Bear Ride

01 Jan 2022 9:45 AM | Gingerwoods Event Hall, 7611 Rose Island Rd, Prospect, KY 40059

[See All Events](#)



New Rider Clinic

These classes are offered to the public at no charge (FREE!) thanks to Baptist Health.

Riders who complete all 5 classes of a New Rider Clinic will receive a free LBC jersey and a one-year membership in the Louisville Bicycle Club. You may attend as many times as spots are available, however the free jersey and membership are only given once.

[Learn More](#)



In Loving Memory of
Scott Allen Anderson
 1969 - 2021

Remembering Scott Anderson

I know a lot of you have Scott stories. Stories about how fast he was. What a climber. What us cyclists would call a strong rider. My Scott story is about strength as well. I knew Scott for a long time going back to our days riding with the Spoke N Word at Southeast Christian Church. Probably 15-20 years ago. We never spent a lot of time together on the bike. Mostly

I would see him at the beginning of a ride and we'd chat casually. Then the ride would start and that was it. He would be long gone and by the time I made it back to the start he would've finished, packed up and gone home. We had a good relationship though. Although he could ride with the elite group he never acted like he was elite and was generally friendly to everyone.

August 2018. I participated in the Tour de Mad Dog beginning in 2004 and completed the challenge most of those years. In 2018 I wasn't having as much fun with it as I had and decided I would ride the 100 mile series one more time and call it a day. The last ride I needed to complete the challenge that year was Larry Preble's River dance century ride out of the Buckner, KY YMCA. There was a large crowd that day. I saw and spoke briefly with Scott before we took off and figured that would be the last I saw of him for the day. But that was not to be. As I mentioned earlier it was August and was typically hot and humid. I was going to finish the ride but I was struggling that day.

By the time I was nearing Blakemore lane about 85 miles in I was a mess. And then I saw Scott approaching from behind. I must've passed up a store stop or maybe he had a flat or stopped to help someone who did. I don't know how, but I had gotten ahead of him. I figured he would just blow by me. Scott was known as a climber and Blakemore is a series of hills that was just the kind of road he loved to ride. Scott chose instead to ride in with me. Like I said earlier I would finish this ride but I was not having a lot of fun. Anyone who's ever been at that place in a ride knows how much it can help to have someone hang with you, pull you up the hills and just hang out and take your mind away from feeling sorry for yourself in your miserable state. Scott could have crushed those rollers on Blakemore and been at home watching TV by the time I made it back to Buckner but he chose to pull me in.

It was that day that I learned just how strong Scott really was. What he was truly made of. He probably never thought about it but I'll never forget the strength of character Scott showed me that day. We'll miss you my friend.

Jeff



LBC POLAR BEAR RIDE

JANUARY 1, 2022



🚩 Event by Louisville Bicycle Club

📍 Gingerwoods Event Hall, 7611 Rose Island Rd, Prospect, KY 40059

Join the free annual (minus 2021) Polar Bear ride, Chili Cookoff, and swap meet!

Start Time:	9:45 AM
Route Distance:	18-miles
Starting Location:	Gingerwoods Event Hall (7611 Rose Island Rd, Prospect, KY 40059)
Route Description:	Ride as many as 18 miles or as few as you want. The ride begins at Gingerwoods Event Hall and takes you across the Lewis and Clark Bridge, down Old Salem Rd. to Utica, then around to Paul Garret (Waterline) Rd. and back.
Surface Type:	Road
Ride Terrain and Pace:	3D
Ride with GPS Route:	https://ridewithgps.com/routes/28949678
Ride Captain:	Larry Preble
Post Ride Activities:	Chili Cookoff & Swap Meet start at 11:00 AM

REGISTER

THE OKHT IS BACK FOR 2022



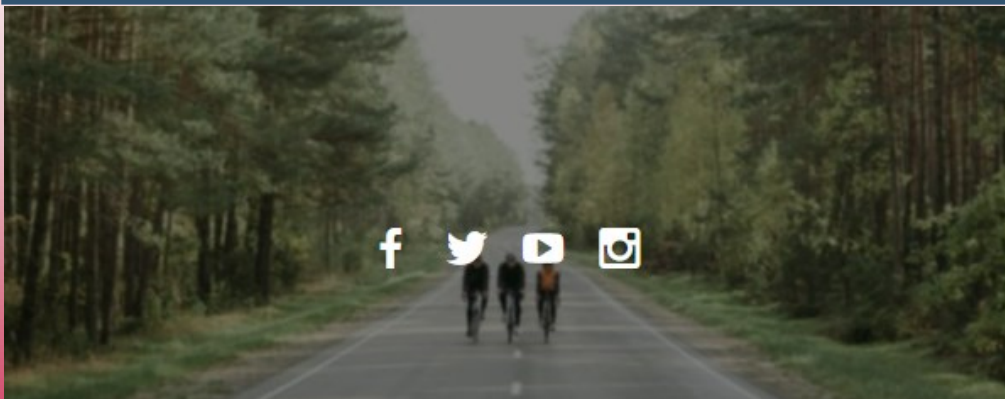
We are excited to offer a new version of the OKHT for 2022. Partnering with Yew Dell Botanical Gardens and Oldham County Tourism & Conventions, Save the date, Sunday June 5, 2022. (In the future, we plan to hold our ride on the 3rd Saturday of June each year.)

More information will be coming as planning moves forward. Would you like to get more involved with the club? This is a great opportunity to put your skills to work and meet more club members. If you would like to be a part of the planning committee, just shoot me an email. We have already established a core group working on certain aspects of the ride, but we need a few more. And sponsors – if your company or non-profit group would like their logo on our jersey or other printed marketing material, we have sponsorship levels to suit any budget. We already have two Titanium Level sponsors!!



Level sponsors!!
 Titanium: \$5,000
 Carbon: \$2,000
 Aluminum: \$1,000
 Steel: \$250-\$500
 Bamboo: In Kind Services

Contact: OKHT@louisvillebicycleclub.org
 Director: Bekki Livingston



Follow the Louisville Bicycle Club on one of our many social media channels. We will post Louisville Bicycle Club updates and cycling community news.



2021 LBC Membership Banquet

When: 22 Jan 2022
6:00 PM - 10:00 PM

Location: Knights of Columbus

REGISTRATION: Regular – \$15.00

[REGISTER](#)

All members are welcome to the LBC Annual Awards Banquet to reminisce on the year's activities, acknowledge our volunteers, celebrate our achievements, and elect club officers for the upcoming year.

Registration limited to the first 120 paid-up members!

The banquet will be held at:

Knights of Columbus
4417 River Road

Saturday, January 22, 2022.

Cost is \$15.00 per person for the buffet dinner.
Cost is \$20.00 if purchased at the door.

6:00 p.m.	Reception and Cash Bar
7:00 p.m.	Buffet Dinner
8:00 p.m.	General Meeting, Awards, and Election of Officers for 2022
10:00 p.m.	Adjournment

Online registration will be available until 10pm, Wednesday, January 19th. We must give our reservations numbers Thursday morning.

NOT A MEMBER YET?

Join the Louisville Bicycle Club and the hundreds of members for one of our daily rides. The Louisville Bicycle Club has rides for all levels and distances. Not a member yet?

Did you Know...

...that LBC has a robust and active Strava Club?

Join the community at:

www.strava.com/clubs/louisville-bicycle-club



Did you also Know...

...that LBC has a club Ride with GPS Account?

See the member only section of the LBC website for more information!



Your path. Your destination. Your Festival

2022 Kentucky Derby Festival PNC Tour de Lou Registration Now Open!

The ride will take place on Saturday April 16, 2022. This year, all three courses (20-mile, 35-mile and metric century) will ride through historic Churchill Downs. Get a glimpse of the beautiful grounds as you ride. Also, metric century cyclists will cross state lines by riding in both Kentucky and Indiana.

[Learn More](#)



Touring



Touring Guideline Update:

VP Touring- Amelia Dauer

10/15/2021— This was added: Effective in 2022, any Executive Committee member may recuse themselves from any club competition at the beginning of the touring season.

Ride Captain Guideline Updates:

10/15/2021— The following was removed: Please add rides to the calendar at least two (2) days prior to the ride.

11/10/2021— The following was removed: At the Ride Captain's discretion, a ride start may be delayed up to two hours. The new start time must be announced to the assembled riders. If possible, the ride captain should be present at the start location at the original start time to notify the arriving riders of the delay.

12/8/2021— The following was removed: Ride Captains whose rides have been canceled before the ride start, due to inclement weather or other safety considerations, will receive Ride Captain credit but not mileage credit, provided that the Ride Captain notifies the Club Statistician.

Hints and Tips—Google Calendar

- Would you like the LBC calendar to be one click away? Download the Google Calendar app to your phone and that will happen.
- Are you on the web site from your desktop and want to see the full screen? Scroll down the calendar then Click on the + next to Google Calendar.
- From the web site on your computer, would you like to see a week at a time, a month at a time, or a different view, click on Week, Month, or Agenda
- If the GPS link is not highlighted for you, click on "more details" where it will then be highlighted and accessible.

Hints and Tips—Club's RWGPS

- Clicking on this link makes you a club RWGPS member, allowing you to view the route library and download routes from the library. https://ridewithgps.com/auto_approve/Club/5393/DAfvxsiND74Llokh After clicking on the link, On your computer, go into the club's rwgps account. You can do this from your personal account by going to Jump To at the top right, scroll to the bottom and on the left you will see the red LBC logo. Click on that then Sign Into Club on the right. No password is needed. You know you are in the club account by the yellow bar across the top.
- To access RWGPS club routes on your phone, on the RWGPS App, click on the LBC icon, then Organization Routes, then Search for the route that is in the club library.
- If you are a current ride captain, you will be made a Route Manager, allowing you mapping capability.
 - o When mapping, do not click at intersections. Instead, click before or after intersections.
 - o Routes need to be in the club's RWGPS library to enable everyone access to the route.
 - o Name your routes with the start location and destination as this is a library of rides and we want everyone that likes your ride to be able to find it in the library.
 - o You can move your personal routes to the club library by getting onto the club RWGPS, Find the route, then Keywords to find your route, View the route, go to More, then Copy To My Routes.

LBC In the Community

(Pictures from recent Rides)



Photo Credits

Larry Preble John Fong



2022 Tour de Mad Dog Series



Director:
Bekki Livingston

2022 MAD DOG SCHEDULE

DATE	RIDE CAPTAIN	ROUTE
15-Jan	Thomas Nance	Safety Net
29-Jan	Gail Blevins/Trey Mathis	A Good First Century
12-Feb	Phil Mattingly	Honest Abe
26-Feb	Dave Robinson	Virgin
12-Mar	Gail Blevins/Trey Mathis	Sink or Swim
26-Mar	Alan McCoy	Short Frankfort
16-Apr	Chris Embry	Louisville Loop
23-Apr	John Pellegrino	Suburbane
07-May	John Fong	Twice Boston Century
14-May	Michael Crawford	Old Tour d' Bridgeport
12-Jun	Mike Kamenish	Muscatatuck
25-Jun	Bob Grable	The Harrison
09-Jul	Fritz Kopatz	Adjective Ride
02-Jul	Melissa Hall	Story Century
06-Aug	Larry Preble	Two Bridges
13-Aug	Larry Preble	Wises Landing
03-Sep	Thomas Nance	
10-Sep	Tom Askew	BMB
08-Oct	Melissa Hall	Medora
15-Oct	Dee Schreur/Tony Nall	Margaritaville

2020 Mad Dog Series Rules

There will be 21 stages

There will be two Mad Dog Centuries each month from January through October

There will be a time trial – yet to be determined to get to the 21 total

If a rider completes 10 century rides, they earn a jersey. Cost – if any – to be determined. We need to secure a sponsor(s).

Anyone can participate in the series, but only LBC club members are eligible for the jersey. To be eligible for the series and a jersey, you must have completed one of the centuries by the end of May. We hope to secure sponsors that will make the jersey free.

A male and female winner will be awarded at year end based on who completes the most TMD centuries in a group of five or more. A drawing will determine the winner if 2 or more folks tie for the most points – or if we hold a time trial, the best time will win.

The sign-in sheets at the completion of the rides will determine who completed each ride and who completed in a group of five or more. Ride Captains will automatically earn a point for sweeping their ride, and not held to complete with 5 riders.

It will be the ride captain's call to cancel their ride. Rides will not be rescheduled. Dates must be approved in advance to avoid any club conflicts. If possible, a Ride Captain that cannot fulfill their role on the day they signed up for, should find a replacement Ride Captain. The stage should not be cancelled unless absolutely necessary. This does not apply due to weather related conditions. If a ride is cancelled due to weather, a replacement cannot be made. Official Communication to riders will be through the Ride Schedule or emails through the Director.

Anyone is welcome to ride. We simply suggest the rider be century fit meaning they should be capable of riding 100 miles at a reasonable pace (min. 13-15mph). If you haven't ridden 60 to 75 miles on your own, I would not suggest trying to do a Mad Dog century.

There is no vehicle support for these centuries. If you or someone with you cannot repair your bike, you will need to have a backup plan to get back to the starting point or home. Our ride captains typically ride in the rear of all participants and promote a safe ride but they are not responsible for getting you back to your car or home.

Our rides are typically in rural areas throughout Kentucky and Southern Indiana. The scenery is beautiful with low traffic roads chosen to ensure rider safety. We expect riders to obey traffic laws and exhibit good judgement to the cars and people they encounter on these rides.

The rides typically have 3 store stops every 25 miles with the second stop intended for lunch. Because of the pandemic, some stores may be closed without prior warning. Be prepared with ample food and drink to get you to a next stop.

The ride captain will provide cue sheets for the course and GPS routes via the club GPS library. Ride Captains are encouraged to put their rides on the calendar as soon as possible.

Ride Captains will preview their course prior to the ride and verify that parking is available and does not affect a business. It is highly encouraged to start in locations with restrooms available or at least nearby.

These rides typically attract 20 to 30 riders. We encourage riders to ride in a pack that fit the pace they prefer to ride. You will find packs that span various pace levels. Group riding, rather than individual speed, will be rewarded this year.

All riders will be required to sign-in at the beginning of the ride and also to sign-in at the end of the ride with your group. Ride Captains will leave the sign in sheet on the tire of their car for easy access for those completing the ride before the sweep.(or somewhere easily accessible and told to the group prior to starting the ride)