

THE LOUISVILLE BICYCLE CLUB

Founded in 1897

www.louisvillebicycleclub.org

July 2013

IN THIS ISSUE

President's Message	1
LBC Officers	2
New Members	2
NOTICES	2
Touring Report - Drexler	3
46 th Wheelmen Nat. - Murphy, Drexler	3,10
Personal Advocacy - Preble	5
Education	6
KY. CENTURY CHALLENGE	6
Bike Trek to Shakertown	7

**A Good Day on the Bike
Is Any Day
You Stay on the Bike!**

The Louisville Cyclist is a monthly newsletter of the Louisville Bicycle Club.

*Please submit articles and photos to:
David Ryan ("PaCkMaN")
1906 Lower Hunters Trace
Louisville, KY 40216,
editor@louisvillebicycleclub.org,
502-447-7814.*

**Deadline for the
Aug 2013 issue is July 30**

Please let us know what you think this newsletter needs. After all, it's your newsletter!



OKHT36 is almost here!

by Andy Murphy, LBC President

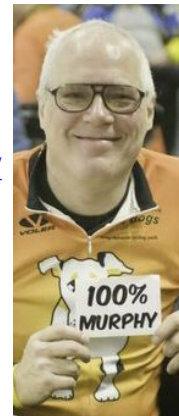
There is still time to register for the 36th Annual OKHT, as a Volunteer or as a Guest! It is only 6 weeks away though, so make plans now to join us! The OKHT is the final stage of The Kentucky Century Challenge! We'll have lots of Krispy Kreme Doughnuts, Chris Cakes Pancakes and the All you Can Eat Pizza Party! Plus, live music and much, much more. You can get all the information here; <http://www.louisvillebicycleclub.org/>



The OKHT donated nearly \$12,000 to charity last year, thanks to our Guests, Volunteers and our Sponsors!

THANK YOU ALL!

Life is good
Murphy



LBC Summer Picnic



we've had the picnic the last couple of years, so bring your climbin' shoes! For those choosing not to ride, guided tours of this nationally renowned botanical garden will be available.

We would like to extend a big thanks to LBC Member and Yew Dell Botanical Gardens Executive Director Paul Capiello for inviting the LBC to Yew Dell!

Thank you, Paul!

The Louisville Bicycle Club Summer picnic will be on Sunday, August 25th, 2013, at Yew Dell Botanical Gardens, 6220 Old LaGrange Road, Crestwood, KY 40014. As usual, the club will provide the main course and liquid refreshments. Members are asked to bring a side dish or a dessert.

There will be 3 rides out of Yew Dell that morning. Check the LBC Ride & Event Schedule for times and distances. The Crestwood area is a bit hillier than the area where



Castle at Yew Dell (photo courtesy Andy Murphy)

EMAIL NEWSLETTER DELIVERY

Don't Miss an Issue!

Keep your membership and email information up-to-date by editing your member profile at:

<http://www.louisvillebicycleclub.org/>

Thanks for your cooperation!

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Your Newsletter
by Email!**

YOUR CLUB OFFICERS 2013 (Executive Committee)

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The Louisville Bicycle Club is affiliated with the **League of American Bicyclists (LAB)** and the **United States Cycling Federation (USCF)**.

NEW MEMBERS

Amos, Tayo	1408 Christy Av	Louisville, KY	40204 (803) 439-1072
Basse, Frandy	10102 Summit Park Place #304	Louisville, KY	40241 (561) 452-6023
Bolin, Darrell	10731 Worthington Ln	Prospect, KY	40059 (502) 718-8615
Burridge, Tom & family	2552 Seneca Dr	Louisville, KY	40205 (502) 475-8800
Carroll, Daniel & Cathy	4737 Shenandoah Dr	Louisville, KY	40241 (502) 425-0705
Collins, Sara	7702 Wood Duck Way	Louisville, KY	40218
Conley, Jayme	8441 Grand Trevi Dr	Louisville, KY	40228 (812) 987-1949
Dailey, Annette			
Danak, Matthew & family	612 Rubel	Louisville, KY	40204 (502) 410-8408
Eiler, Joseph & Morgan	17012 Camberwell Ct	Louisville, KY	40245
Garcia, Pedro			
Goetzing, Bryan	944 Van Dyke Mill Rd	Taylorsville, KY	40071 (502) 655-7674
Hardbarger, Michael	2109 Eastern Pkwy	Louisville, KY	40204 (304) 377-1177
Harvey, Jack			(502) 439-0608
Hatton, Doug & family	1718 Nightingale Rd	Louisville, KY	40213 (502) 664-0906
Hesse, Judy & Bill	4609 Lynnbrook Dr	Louisville, KY	40220
Hibbard, John & family	2004 Beckin Dr	Floyds Knobs, IN	47119 (502) 558-0102
Imes, Jamie			
Irwin, Angela			(502) 314-0623
Jones, Morel &			
Ruckman, Jonathan	6901 Chartwell Ct	Louisville, KY	40241 (502) 640-4405
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Lawhorn, Richard &			
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Zink, Sharri			

NOTICES

MetroCall – 311 or 574-5000

It's been brought to our attention that not all cell phones recognize 311 as a legitimate phone number. If you have a problem on a bike path, bike lane or in a park you can report the problem to MetroCall at 311 or 574-5000. When you report a problem, you'll be given a tracking number so you can follow-up to make sure the problem has been addressed.



Click to Enter! www.visitbardstown.com/tourism/ or www.sampleourspirit.com

Touring Report

by Charlie Drexler, LBC VP Touring

If you did not come out and participate in any of the Wheelmen 46th Annual Meet that was in town in June. You sure missed out on a lot of fun.

On August 10th, you will not want to miss the Tour de Pork. Last year, the Turtle Run Winery proved to be an outstanding venue for this southern Indiana Ride. The ride benefits the Ohio River Greenway. <http://www.ohiorivergreenway.org/>

With the implementation of the new scheduler, you can easily look out into the future to see what rides are scheduled out into the future. Just go to the LBC Events page and page the monthly view of the calendar to a future month. <http://www.louisvillebicycleclub.org/EventsMain>

New For this Year:

With the change in the touring guidelines for 2013, if you do out of town rides that are listed on the LBC Schedule with a LBC Ride Captain, and there are six LBC members that ride the ride, then you will get full mileage credit for the the ride. So if you are doing RAIN ride this year and there are at least 6 LBC

members that participate, then you will get full mileage credit. Tips on LBC Scheduler

Location: Google Calendar will attempt to link a map to the location that you input. It is best to put in Names of Business or Location or street address. Simplier the better. If you input too much information, Google does not do a good job of determining the location.

If you use the provided Ride ID to edit your ride. When you edit your ride, the scheduler deletes the old entry and creates a new entry with the updated data. The scheduler then provides a new ride id. So if you want to be able to edit the ride again, you will need to provide email address again or save the Ride ID for the edited ride.

For the best formatting of your ride's information, please provide the appropriate information for each of the fields.

Do not manually enter your date, use the date picker provided to select your date.

46th National Meet of The Wheelmen

by Andy Murphy, LBC President

The 46th National Meet of The Wheelmen was held in the Louisville area June 21-25, 2013. The Earn Your Stripes Distillery Run, a parade down 2nd Street through Old Louisville to Waterfront Park and Century Day along the Ohio River in Southern Indiana were just some of the fun events celebrating the history of the bicycle! Thank you to Alison

Torpey and The Kentucky Wheelmen for bringing this wonderful event to Louisville!

Also, thank you to all the LBC members who worked so hard to help make this event the success it was!

THANK YOU!



The Official High Wheel and Antique Safety Tour heading down 2nd Street. (photo courtesy Andy Murphy)



Some of the feats of The Wheelmen were simply amazing! (photo courtesy Andy Murphy)



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CLOTHING : CANNONDALE-DECSENTE-PEARL IZUMI-PRIMAL

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The rides out of Floyd's Fork Park are some of the most enjoyable. The routes mostly take us far away from city traffic, through rolling hills on low traffic two lane roads. Our Tuesday morning ride was off to a great start. The weather was perfect, the company was cheerful, and the pace was lively. Before long, the group began to spread out over the rolling hills as we cycled past picturesque horse farms and country estates on our way to Simpsonville. In Simpsonville, we coasted through Rolling Ridge subdivision and headed out onto Buck Creek Road for the last short stretch to our store stop at the Pilot Station. There were a couple of cars coming our way up ahead, but of greater concern was the 18-wheeler tractor-trailer bearing down on us from the rear. The two lane road was very narrow with no shoulder and a sharp drop off the pavement to the right. There was no way an 18-wheeler could share that lane with us; so, I positioned our tandem far enough towards the center of the lane to make it very clear to the driver that he needed to move into the other lane to pass us. He also needed to wait a few seconds for the oncoming traffic to clear before passing.

Instead of waiting, the driver split the lane squeezing both the oncoming traffic and our tandem towards each edge of the roadway. As he passed, his trailer inched closer while we struggled to get out of the way, veering towards the dangerous drop-off to the right. He came so close that I was ready to ditch the bike off the edge of the roadway. Just then, the rear of the behemoth rumbled past, missing us—but not by much. I had just enough time to read the logo on the truck: “Pepsi.”



(photo courtesy Dr. Larry Preble)

My stoker Nita Bernat exclaimed, “That was close! Couldn't he have waited another second to pass?” She was upset, but I was fuming. Seconds later, the driver made a right turn into our store stop! He was going to the Pilot Station to deliver a trailer full of Pepsi products. I followed him. Sensing my anger, Nita spoke up, “Why don't we just go over and calmly explain what just happened?” It wasn't my first instinct, but I agreed that it would be the best approach. I let her speak first.

Nita was very diplomatic, and using her calmest voice, asked if he couldn't have just waited a few seconds more for traffic to clear before trying to pass us. Her words were met with

antagonistic response from the driver. I added my two cents to the conversation and got nowhere.

“I pulled over plenty far enough,” he said. There was nothing but argumentative contempt from the man.

So, I pulled out my iPhone and took a couple of pictures of both the truck and the driver. Then we walked away.

Back home, I searched the web for contact information. Nita made a few phone calls and left some messages. We were looking for a representative of either the trucking outfit, New Bern Transport Corp., or for someone at Pepsi—anyone in charge who would listen. It took many days, but eventually someone from Pepsi returned a call. Nita spoke to a gentleman who very kindly offered to pass the information on and make sure that our concerns were addressed. Most smart phones include GPS map coordinates as well as the time of day embedded in every digital picture taken. I extracted that information and sent time-stamped photos and a map along to help identify the truck and the driver.

A few days later, I received a phone call from one Lindsey Johnson in charge of Human Resources for Pepsi in Kentucky and Tennessee—she was a delightful lady. It turns out she is a runner who, from time to time, has had to jump for safety when reckless truck drivers came too close. Lindsey spent perhaps half an hour talking with me—but it wasn't just talk. It became very clear that they take these kinds of safety issues very seriously. She let me know that she was disappointed with the driver's response when she had spoken to him. Then the driver's boss, and the boss of the driver's boss, had a few words with him, apparently with better results.

Lindsey is planning a series of safety meetings for everyone in her region to teach drivers how to better “share the road.” Each truck driver will also carry materials onboard the vehicles which will stress safety and proper passing procedures when encountering cyclists on the road. Our club president Murphy is communicating with Pepsi representatives to see if LBC can contribute to the educational process.

After talking with me, Lindsey spent another half hour on the phone with my stoker Nita. We both agree that it was as good an outcome as we could have expected, which leaves me with something to consider.

Sometimes it seems all too easy to just yell at a miscreant driver, but there are other options. That day, advocacy got very personal for us. Most of us carry cellphones with cameras now. We can all be advocates. A good yell may seem like a great way to vent when an incident occurs, but a positive change for the cycling community is ultimately most satisfying.



NORTON SPORTS HEALTH

[Click to enter!](#)

The Louisville Bicycle Club's New Rider Clinic presented by Norton Sports Health first graduating class of 2013 took a spin in their new LBC jerseys!



Most of the first graduating class of the LBC New Rider Clinic presented by Norton Sports Health, pose for a pre-ride photo.
(photo courtesy staff)



The class heads out onto River Road. (photo courtesy staff)

2013 Kentucky Century Challenge

Register for The Kentucky Century Challenge, complete The Challenge and get a free jersey! Click here to see the jersey: <http://www.kentuckytourism.com!/userfiles/Adventure/KCC%20Jersey.pdf> - The Challenge features Kentucky's four premier cycling events featuring Century--100 mile ride options:

1. Redbud Ride – April 13, 2013, London, KY - <http://www.redbudride.com/>
2. Horsey Hundred – May 25, 2013, Georgetown, KY - http://bcc.clubexpress.com/content.aspx?page_id=22&club_id=740127&module_id=110194
3. Preservation Pedal – June 15, 2013, Frankfort & Franklin Co. KY - <http://www.preservationkentucky.org/pages.php?id=6>
4. **Old Kentucky Home Tour – September 7 – 8, 2013, Louisville, KY** - <http://www.louisvillebicycleclub.org/OKHT>



All of the featured rides also offer distances that are less than a century. To qualify for the challenge and receive the Century Challenge jersey, riders registered for the Challenge must complete the century distance on at least 3 of the 4 rides. The Kentucky Century Challenge jersey is available only to riders who successfully complete the challenge. The jersey will not be sold, or made available to the general public, so to get the jersey, you have to ride at least 300 miles.

Keep in mind that these rides are all **PAID RIDES THAT YOU MUST REGISTER FOR INDIVIDUALLY** and to be eligible for the challenge you can register here: <http://www.kentuckytourism.com/outdoor-adventure/centurychallenge.aspx>

Take the Kentucky Century Challenge and get a FREE jersey!

American Lung Association BIKE TREK TO SHAKERTOWN September 14-16, 2013

Kentucky cyclists know that the best way to experience the state's scenic countryside, with its miles of rolling farmland and tree-lined roads, is from the seat of a bicycle, and there is no time more perfect for a Kentucky bicycle tour than September.

The American Lung Association's annual Bike Trek to Shakertown, September 14-16, begins in Harrodsburg on Saturday, with an overnight for all participants at Danville's Pioneer Playhouse. Three-day riders will spend Sunday night at Shaker Village, where they will be treated to a delicious "Shaker" dinner and evening entertainment provided by Michael Johnathon, host of the Woodsongs Old Time Radio Hour. The 2-day option includes the Saturday night stay in Danville and a visit to Shakertown, where riders will catch a shuttle back to the start point in Harrodsburg.

Among the event's amenities are a gear truck for luggage, on-road repair service, free massages, rest stops with refreshments and experienced tour leaders who "bring up the rear" to encourage and support the slowest riders.

The Bike Trek attracts cyclists of all ability levels. Choices

include a basic route of 30-35 miles per day or a more challenging moderately hilly metric century on Saturday and a similar option on Sunday. Monday's routes will both be shorter.

Proceeds from the Bike Trek help fund cutting-edge medical research, patient services, education and advocacy for public policy in support of the American Lung Association's mission to save lives by improving lung health and preventing lung disease.

Cost: Participants pay a \$65 registration fee and agree to raise pledges for the fight against lung disease. Pledge minimum: \$300 for the 2-day ride; \$400 for the 3-day ride, including dinner and overnight at Shakertown.

Recruiter of the Year will be awarded to the participant who recruits the most new riders. The winner will receive a \$300 gift certificate from either Bicycle Sport in Louisville or Pedal the Planet in Lexington.

For more information: 877-893-5864 or <http://www.BikeTrektoShakertown.org/>



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Do you have something you want to share with your fellow club members?

Send us an article and photos for the newsletter! We can accept hand-written manuscripts, hardcopy print-outs or articles on disk (Word documents preferred), or e-mail.

Send them to David Ryan (Packman), VP Communications (see cover for addresses) or hand them to any club officer.

The Louisville Bicycle Club reserves the right to edit all submitted articles.

See cover for deadlines.

The newsletter is sent by email only. Please keep your address up-to-date online or advise the club secretary of changes.

46th Wheelmen National Meet, Louisville Ky.

Velocipede, Dandy-Horse, Hobby-Horse, Laufmaschine, Draisine (invented by Baron Karl Drais, Germany, 1818)
(photo courtesy Charlie Drexler)



What they really came for ;-)
(photo courtesy Charlie Drexler)



Pedersen Hammock Seat Bicycle (invented 1894)
(photo courtesy Charlie Drexler)



And they're on! (photo courtesy Charlie Drexler)