

THE LOUISVILLE BICYCLE CLUB

Founded in 1897

www.louisvillebicycleclub.org

February 2012

IN THIS ISSUE

President's Message	1
LBC Officers	2
New Members	2
NOTICES	2
Best New Ride Contest - Drexler	4
Ironman at 91 - Montgomery	5
1st Louisville Cyclist - Torpey	6
Redbud Ride - Hendrickson	7
UCI Masters CX Ch. - Murphy	8
An Icy Winter Day - Hall	9
Commuting Report - Murphy	9
Banquet Report - Murphy	11-14
Thoughts - Kerns	16

LBC Newsletter Now Monthly!

The Louisville Cyclist is a bi-monthly newsletter of the Louisville Bicycle Club.

*Please submit articles and photos to:
David Ryan ("PaCkMaN")
1906 Lower Hunters Trace
Louisville, KY 40216,
editor@louisvillebicycleclub.org,
502-447-7814.*

**Deadline for the
March 2012 issue is Feb 18**

Please let us know what you think this newsletter needs. After all, it's your newsletter!



And It Starts All Over...

by Andy Murphy, LBC President

New Year's Day brought the usual Polar Bear Ride, but we had a change of venue. Due to a scheduling conflict, we had to move from our usual location at Broadway Baptist Church to The Highland Post of the American Legion. 48 hearty individuals braved the fierce winds and cold for the 15-mile ride. The route travelled along Seneca Park and through Cherokee Park before winding up back at The Highland Post.

Not having the kitchen to work from, it was decided that we should have a "Chili Cook-Off." There were two categories, Carnivore and Herbivore, with the winner in each category receiving a \$100 Gift Certificate from Clarksville Schwinn. Eleven club members brought their chili to be judged. The winners were; Carnivore Division-Steve and Rita Sarson, Herbivore Division-Timothy Stephen. Congratulations to the winners and a big THANK YOU to everyone who brought chili and side dishes!

The SWAP MEET was a resounding success! Adam Livingston picked up a \$100 saddle for \$20! There were lots of deals to be had!

I'd like to thank "The Party Planning Committee" for their outstanding work putting the day's activities together!

Life is good
Murphy



Warming up with a bowl of chili after a brisk ride! (photo courtesy Larry Preble)

EMAIL NEWSLETTER DELIVERY

Notice!

As a cost-saving measure, the newsletter of the Louisville Bicycle Club is available only in electronic format beginning with March/April 2011. Please go to the website address below to sign up or change your email address for uninterrupted service.

Thanks for your cooperation.

Also, beginning with March/April 2007:

The electronic newsletter contains

COLOR PICTURES!

You can sign up to update your email for newsletter and membership renewal delivery by editing your member profile at the LBC website:
<http://www.louisvillebicycleclub.org/>

**Receive
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by Email!**

YOUR CLUB OFFICERS 2012 (Executive Committee)

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Charlie Drexler

VP Touring

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The Louisville Bicycle Club is affiliated with the **League of American Bicyclists (LAB)** and the **United States Cycling Federation (USCF)**.

NEW MEMBERS

Bennett, David	11200 Carriage View Way	Louisville, KY	40299	(502) 930-5354
Champion, Richard	412 Willow Stone Way	Louisville, KY	40223	
Eisinger, Elizabeth & family	3009 Wentworth Ave	Louisville, KY	40206	
Elpers, Brian	13656 Pinnacle Gardens Cir	Louisville, KY	40245	(502) 599-6883
Hamilton, Jerry	102 April Ct	Elizabethtown, KY	42701	(270) 401-7871
Johns, Cliff	8008 Vinecrest Ave	Louisville, KY	40222	(502) 807-8823
Kruse, Todd	PO Box 1165	Prospect, KY	40059	(502) 428-6020
Lafferre, Bruce	6811 Fordham Ln	Louisville, KY	40291	(502) 551-4815
McClure, Bryan	4719 Middlesex Dr	Louisville, KY	40245	(502) 216-0424
Meyer, Michael	7907 Apple Valley Dr	Louisville, KY	40228	(502) 215-9624
Noble, Kelly	2508 Clearbrook Dr	Louisville, KY	40220	(502) 445-0923
Rhoades, Dale	5000 Axtell Ave	Louisville, KY	40258	(502) 494-6024
Vaughan, Christine	2012 Japonica Way	Louisville, KY	40242	(502) 417-0808
Williams, Richard	6513 Harrogate Rd	Louisville, KY	40229	(502) 777-1624

Election of Club Officers

At the annual banquet and general membership meeting on January 14, 2012, five new club officers were elected and three incumbents were returned to office in a vote by acclamation. The list of officers for 2012-2013 may be found at left.

Reelected were President Andy Murphy and VP Communications David "PaCkMaN" Ryan; and elected to a full year was VP Touring Charley Drexler who joined the Executive Committee in mid-2011. Retiring were the following:

- Secretary Barry Lockett, whose effort in producing the club's new website was honored with Communications Volunteer of the Year. He is replaced by Dianna Palmer (Decker).
- Treasurer Jody Patterson who joined in mid-year is replaced by Mark Rougeux.
- VP Advocacy Mark Luking is replaced by John Cummings
- VP Education Tom Armstrong leaves a strong educational program to his erstwhile assistant David Wittry; and,
- VP Racing Larry Pethick is replaced by Travis Kerns after a successful 2011 racing season.

Please welcome our new officers and thank our departing officers for jobs well done. Send any complaints and missives to the VP Communications who knows how to handle them after five years doing so. And next time come and vote!

NOTICES

MetroCall – 311
or 574-5000



It's been brought to our attention that not all cell phones recognize 311 as a legitimate phone number. If you have a problem on a bike path, bike lane or in a park you can report the problem to MetroCall at 311 or 574-5000. When you report a problem, you'll be given a tracking number so you can follow-up to make sure the problem has been addressed.



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LBC Touring Season: Best "New Ride" Competition 2012 by Charley Drexler, LBC VP Touring

The LBC Best "New Ride" Competition for 2012 was announced at the LBC Annual Banquet. I briefly discussed highlights of the competition at the Banquet. This competition starts on March 1st with the beginning of the 2012 Touring Season. So if you have a great new ride that you have been thinking about but just have not decided to do it, now is the time to dust it off and enter it in this year's "Best New Ride" competition. If you notify me that you would like to enter the ride in the competition before the schedule is published, I will highlight it on the schedule and help promote the ride in the newsletter and on Facebook.

As riders, if during the year you participate in a ride that you think is awesome and new to the club, YOU can nominate the ride to the competition even if the ride captain did not enter the ride. Just drop me a note via the LBC website and tell me about the ride and that you would like to nominate the ride.

Ride participants can also get in on the fun! If you write a ride summary and/or submit photos for inclusion in the Monthly Newsletter then your name will be entered in a prize drawing at next years Annual Banquet.

The FUN starts on March 1 through October 31, 2012.

A link to the New Ride Competition Description is posted on the LBC website under the "Touring" Tab. Also if you were not able to make it to the banquet and would like to see The Touring Program Power Point Slide Show there is a link under the "Touring" tab where you can download the powerpoint.

The full description of the Best "New Ride" competition follows:

General:

There will be three Best New Ride Award Categories:

- One for the Best New Ride <= 35 Miles.
- One for the Best New Ride >35 and <= 65 Miles.
- One for the Best New Ride >65 Miles.

1) The rides must be scheduled during the normal Touring Season. 2) LBC Members will be encouraged to write and submit a Ride Summary of the ride to the VP Communication for possible publication in the club newsletter. 3) LBC Members will also be encouraged to submit photos taken during the ride to the VP Communication for possible publication in the newsletter. 4) At the end of the Touring Season, the Touring Committee will select the top three rides within a category. With winner chosen at the banquet. 5) Photos and Ride Summaries not selected for the newsletter may be posted on the LBC Website and/or Facebook. 6) Best New Ride Winners will be chosen by vote at the Annual Banquet. 7) The names of those who submitted ride summaries and photos will be entered into a drawing to be held at the Annual Banquet. 8) Nominations for Best New Ride may also be made by LBC members after a ride. 9) Ex Comm not eligible for the Best Ride Competition. 10) The competition would be announced at the Annual Banquet Meeting.

Ride Captain Rules:

1) A ride captain may only submit one ride per category for consideration in the 2012 Touring Season. 2) The ride shall be new to the club ie: The ride route cannot be the same as a route scheduled during the 2010, or 2011 Touring Year. 3) When the ride is scheduled, the Ride Captain should notify the VP of Touring that he/she would like for the ride to be considered in the competition. 4) The Ride Captains are encouraged to promote their ride in the Members Forum, on the Ride Update page of the LBC Website and/or Facebook. 5) Ride starting location must be within 100 miles of downtown, Louisville.

More Polar Bear Ride, Swap Meet & Chili Cookout Pictures



The Polar Bear Ride rolls along!
(photo courtesy Larry Preble)



The SWAP MEET at The Polar Bear Ride.
(photo courtesy Andy Murphy)



The Chow Line at The Polar Bear Ride.
(photo courtesy Andy Murphy)

Lunch With 91-Year-Old Triathlon Champion Charlie Futrell

by Steve Montgomery

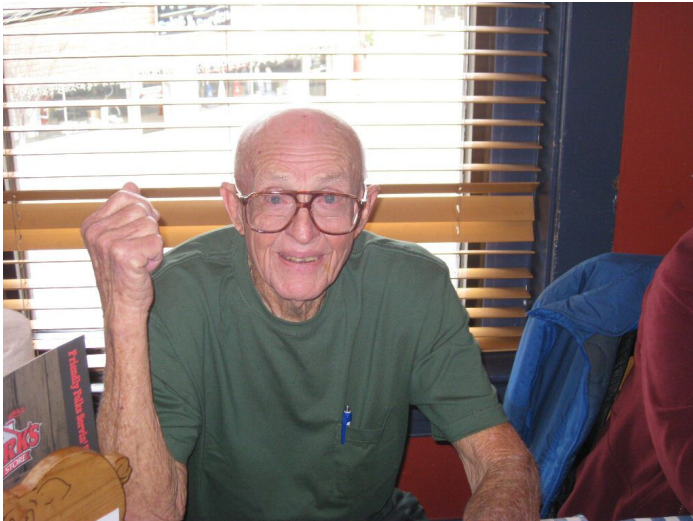
Monday, December 26th a group of us had the pleasure to meet and have lunch at Mark's Feed Store on Bardstown Road with an amazing person. Charlie Futrell is an active 91-year-old resident of The Villages, a retirement community in Central Florida. Charlie is more than active, he is still competing in triathlons!

This wasn't always the lifestyle enjoyed by Charlie. When retiring from teaching in Maryland in 1976, Charlie was a "heavyweight", weighing 226 pounds. "I was in terrible shape," Charlie told us. "I smoked cigars and drank more than I should." Charlie decided it was time for a change and get more active. He bought a pair of \$3 close-out shoes in 1978 to do some gardening. He found them so comfortable he decided to run around the block. This began a career that eventually led to his first road race in 1980.

By 1985 at age 65 Charlie became interested in triathlons, eventually leading to his first of six IronMan events in Kona, Hawaii at age 72! Charlie finished first in his age group for US entrants and third in the world. He has competed in 119 triathlons to date and has twice been crowned world triathlon champion for his age group.

Charlie is still competing, training six days a week and setting goals for the year 2012. With no apparent health problems except for difficulties with his eyesight, he is determined to keep up his hectic schedule. "It's never too late" is his message to anyone who asks how to change their lifestyle or set goals. That's good advice from a 91-year-old IronMan!

For more on Charlie's inspiring life and achievements, visit his website at <http://www.charliefutrell.com/>.



IronMan Champion Charlie Futrell
(photo courtesy Steve Montgomery)



Charlie Futrell speaking to the group.
(photo courtesy Steve Montgomery)



Charlie Futrell (L) and Steve Montgomery
(photo courtesy Steve Montgomery)



The gathering at Mark's Feed Store.
(photo courtesy Steve Montgomery)

Louisville's First Bicyclist

by Carson Torpey

Who had the first bicycle in Louisville and when? There are two answers to this question. Over in Jeffersonville, Indiana there is an example of one of the very first bicycles made, a velocipede or sometimes called a "boneshaker". It is of the Peirre Lallemand (the inventor of the bicycle) design having wood rims, spokes and frame with iron tires and frame reinforcement. It is said to have belonged to the Howard family and would have been popular in the late 1860's or early 1870's. If you would like to see it is at the Howard Steamboat Museum. You will have to ask to see it though as it is in an area not opened to the public. This style of bicycle did not remain popular in the United States and quietly disappeared from public view. In England, the design was refined using lighter steels and rubber and eventually became the penny-farthing.

Several years later, a new bicycle would make its way to the city and this time it would stay, although there have been many swings both up and down in its popularity, and it remains with us today. Try to imagine what it was like to ride one of the first bicycles, a high wheeler nonetheless. Not only would you have to learn to mount the darn thing but you would have to learn to balance and to dismount too, all the time riding on dirt roads. But there had to be a first, and this article from the Courier-Journal August 31, 1890 tells us who he was.

"Ten years ago this summer, the first bicycle ever seen in Louisville was imported from England by Mr. Owen Thomas. It was a wonderful contrivance, constructed of burnished steel, with solid backbone and fork, and weighed in the neighborhood of seventy pounds. When the daring owner ventured out on his queer vehicle, he was followed by hundreds of boys and men, who regarded him somewhat in the same light as that in which the parachute jumper is looked upon today. Mr. Thomas did not break his neck. He moved along so easily and so gracefully, that other venturesome young men became interested, and next season there were nearly a score of bicycles in the city. Among the oldtimer riders were, Charlie and Clarence Jenkins, "Jack" Allison, Horace Beddo, Owen Lawson, Henry Schimpler, Charles Monsch, Percy Bettison, Herman Rave, Will and John Franke, and later Stanley Huber, Orth Woodruff, Dan Moran, Clarence Johnson, Prince Wells, and Ben Humphry. For three or four years this little band of pioneers struggled on, taking their runs on Sunday, and enjoying a sport and pleasure which no one but a wheelmen had ever experienced. The number of riders slowly but surely increased, until last year there were over 200 wheels in Louisville. There have been several tournaments of race meets in the city though it may not be generally known to the present generation of riders, several world's records for fast wheelmen were made on the track here. Charlie Jenkins, in 1882, made a world's amateur record for a mile

in three minutes and eight seconds. He also did a quarter in forty-three seconds, and this was tied by Prince Wells and Henlee. Two years later Asa Dolph reduced the amateur world's record to 2:50 on the old exhibition track. Then Jack Prince, for several years the Champion, made a mile here 2:41. Prince was the first man to do a twenty miles in less than an hour and twenty minutes, his time on the Exhibition track his time being one hour and one minute, Prince also did five miles in seventeen minutes on the Fairgrounds track here.

But it was not until the later part of last year that the bicycle was recognized as a practical mode of contrivance.... The arrival of the safety started a boom and the stability of the wheel was at once appreciated by older men who would never have dared mount one of the high machines. The result of this boom is now apparent. There are in this city five hundred men riders, and probably as many more youngsters who get a great deal of fun out of their bikes. In addition to these, the ladies must not be overlooked. There are today, in Louisville, fifteen ladies who can and do ride bicycles, and they avow that it is the grandest sport in the world; and there are fifteen hundred ladies who would ride if they had wheels."

WOW! What a story! Imagine getting one of those big wheels and then learning to balance and ride one by yourself, and on dirt roads too. How queer indeed it must have looked to see someone propelling himself so fast and so high up in the air. The first bicycle in Louisville may be a little older than the story relates. An ad for Columbia bicycles which appeared in 1879, lists Owen Thomas Jr. as the agency for Louisville, Ky. The address given for the business on Main Street is also the location of his father's business, a pork packing house! It was not uncommon at this time for the first bike shops to be located in a store that also sold other products. A later bike store mainly sold typewriters and sewing machines. Mr. Owen's business was one of the first ten bike stores in the USA.

One name not mentioned is Orville Anderson, who with Henry Schimpler, rode the first century run in the United States on December 23, 1880 riding from Louisville to Frankfort and return. Most of the first riders probably rode Columbia bicycles. Percy Bettison and Prince Wells rode Columbia bicycles on their century ride in 1883 in which they broke the Kentucky record.

As to the record times made here in Louisville, the gearing of the early bikes was determined by the size of the front wheel which was usually 52" or 54". Figure out which chainring and cog combination would give you that same gearing and see of you can ride a mile as fast as those pioneers of cycling did.

The Redbud Ride, April 21, 2012, London, Ky

by Rodney Hendrickson

The Redbud Ride Committee in London, Kentucky would like to invite all of our Louisville Bicycle Club friends to join us for the 2012 Redbud Ride.

The 2012 Redbud Ride will take place on April 21. The 2011 Redbud Ride was chosen by Active.com as the "Best Century Ride in America." The ride will start and end in beautiful downtown London, Kentucky. The Redbud Ride features a choice of 4 absolutely beautiful routes with distances of 23, 38, 70, or 100 miles. Each route follows lightly traveled and smoothly paved roads. The 4 routes are sure to please everyone from the beginning cyclist to the most hard-core endurance athlete. The Redbud Ride will prove to be the one of the most scenic bike rides you have ever done. You will view the best scenery that Kentucky has to offer, including one of the top 10 Redbud site-seeing routes in the state.

While the main Redbud Ride will be on Saturday April 21 in London, our cycling friends in Barbourville (23 miles away) are adding a Redbud Warm-up Ride on Friday afternoon April 20.

This year's Redbud Ride will mark the 5th year of this popular event. The 2011 Redbud Ride attracted 669 registered cyclists from 22 states plus Washington DC and Canada. We expect the 2012 Redbud Ride to be bigger and better than ever.



Greenbrier at Letterbox: This is a photo of a group of cyclists at one of our rest stops. We make each rest stop a themed party. This was an Hawaiian Luau. Other rest stops have been Kentucky Derby Parties, Mardi Gras, Pirates of the Rockcastle etc. The rest stops are all sponsored and staffed by local civic organizations.

(photo courtesy Rodney Hendrickson)

Online registration for the 2012 Redbud Ride is only \$30. Your registration includes a complimentary pancake and sausage breakfast, lunch on the road, the "official" 2012 Redbud Ride t-shirt, the absolute most fun rest stops in the cycling world (nothing even comes close), mechanic and sag support, route maps, and turn-by-turn directions. You can register by going to www.redbudride.com.

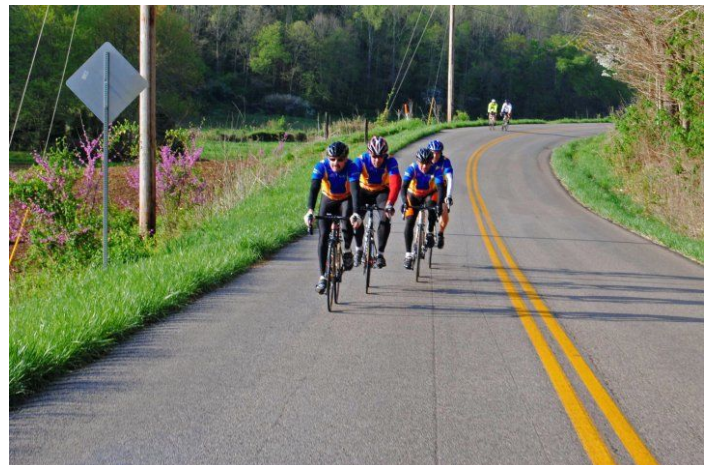
The Hampton Inn will be the host hotel for the 2012 event. Opening in 2008, the Hampton offers a great value, and will work with the Redbud Ride to make your weekend extra fun! Call to reserve now, 606-864-0011. \$89/night. Ask for the Redbud Ride discount.

If you would like more information about the Redbud Ride, email info@redbudride.com. You can also get daily updates and see photos of the routes on "The Redbud Ride" facebook page.



The London Women's League rest stop volunteers posing at their Kentucky Derby Party rest stop.

(photo courtesy Rodney Hendrickson)



Hancock: The routes of the Redbud Ride range from flat to short but steep hills. *(photo courtesy Rodney Hendrickson)*

2012 UCI MASTERS CYCLOCROSS WORLD CHAMPIONSHIPS *by Andy Murphy, LBC President*

January 12-15, 2012, the UCI Masters Cyclocross World Championships were held on The Cyclocross Course at Eva Bandman Park on River Road here in Louisville. This was the first time these races have been held outside of Europe. The entire City of Louisville got behind this event to make it the success it was. Metro Parks was instrumental in assuring the infrastructure at the park supported the event and they did a great job in very trying circumstances. Thursday, for the qualifying races, much of the course was mud. That mud froze overnight and made a treacherous course for the World Championship races on Friday, Saturday and Sunday. The athletes that competed in these championships were nothing short of incredible! They were riding their bicycles over terrain



Belgian Sven Van Eyndt tackles the "Limestone Step-up" en route to victory in the Men's 30-34, thus earning the first World Championship jersey awarded at Eva Bandman Park. *(photo courtesy Andy Murphy)*

I could barely walk on. Their efforts were quite simply - amazing!

Almost as amazing, were the volunteer efforts of the Louisville Bicycle Club. I want to thank everyone who helped with course set-up, registration, race-day support or course teardown after the races. Bruce Fina and Joan Hanscom, Executive Directors of the USGP of Cyclocross, asked me to thank all the volunteers from the LBC who helped at the races. It really was cool. There were LBC members everywhere; working at Registration, working as Crossing Guards, Parking Attendants and Course Repair. The volunteer efforts of the Louisville Bicycle Club were outstanding! To everyone who helped-- THANK YOU!

Life is
good
Murphy



The field heads down the ZIPP Hill at Eva Bandman Park. *(photo courtesy J.A. Kendrick)*

University

A proud member

An Icy Winter Day

by Melissa "Puddle" Hall

Outside the icy rain is pelting down turning the world into a slick, silver wonderland: beautiful but treacherous. This is no weather for riding a bicycle unless you have studded tires and are young enough to recover from falls more quickly than you do when you are my age. It is a good day to cuddle inside with a book and a cup of tea and a blanket as soft as snow but as warm as fire to match my burning forehead. If I have to be ill, and I am, it is a good day for it. There is no guilt for not braving the cold on foot or on bicycle and finding winter's frozen splendor. It was not the predicted weather either, and I think of Adrienne Rich's poem, "Storm Warnings":

"The glass has been falling all the afternoon,
And knowing better than the instrument
What winds are walking overhead,
what zone of grey unrest is moving across the land,
I leave the book upon a pillowed chair."

How grateful I am to those few teachers who showed me the beauty of words, their ability to evoke and identify emotions and to reveal the beauty that is sometimes hidden in the world.

I suppose they opened my eyes to something that my heart already knew. All I really know is that I go back into that world at times, and it nurtures me.

Yesterday was to be the BMB ride, a tribute ride to those first Mad Dogs who braved the cold and the disapproval from those cyclists who put their bikes up at the end of October until spring arrived. While it was canceled, I think of the implications it had for winter riding in this area. It has blossomed. Yes, some people still put their bikes up for the winter, and there is nothing wrong with that. Absence may make the riding sweeter when the earth once again gives birth and greenness riots. But many people now ride all year, regardless of weather, and there is nothing wrong with that either. That is one of the wonderful things about bicycling, that it is so many different things to different people.

And it has given me things to dream about now when I go rest my guiltless head.

<http://randomthoughtsofapuddle.blogspot.com/>

LBC Commuter Program Report

by Andy Murphy, LBC President



In 2011, the 64 members of the Louisville Bicycle Club Commuters Group registered 55,975.1 miles I would like to thank everyone who took the time to help get our Commuters Group going. 2012 has started at about the same pace, with 1,679.9 miles registered so far.

If you'd like to join, go to My Cycling
Log here:

<http://www.mycyclinglog.com/>

Register -IT'S FREE- and click on the Louisville Bicycle Club

group, then click on JOIN. Remember, WE'RE ONLY TRACKING COMMUTER MILEAGE. If you decide to join the group, you should only log rides that are legitimate commutes--trips that you could've taken by automobile but chose to ride your bicycle. Please don't log training rides or mileage accrued on LBC rides. Riding to and from club rides would count as a commute, but not the mileage on the ride itself.

There will be no LBC Awards associated with the Commuter Program. There will be no "Winner" for most Commuting Mileage. We appreciate folks commuting and taking the time log their rides.

- Life is good, Murphy

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LBC Banquet

by Andy Murphy, LBC President

The 2011 Annual Meeting & Awards Banquet was held on Saturday, January 14th, 2012, at Big Spring Country Club. In addition to mileage awards being distributed, volunteers from each program were recognized.

* Racing Program recognized Duane Walker and Joan Hanscom as Top Racers and Travis Kerns as Top Volunteer.

* Touring Program awarded David King and Bernice McGill with Touring Champion jerseys and Perry Finley "The Internet Sensation" and Renita Bernat received The Master's jerseys. The Most Improved Rider Awards went to Kelly McGill and Timothy Stephen. Steve Rice was recognized as Top Ride Captain. Tour de Mad Dog Champions were Larry Preble and Renita Bernat.

- * Top Advocacy Volunteer was Gil Crenshaw.
- * Top Communications Volunteer was Barry Luckett.
- * Top Education Volunteer was John Samways.
- * Top OKHT Volunteers were Bob Schindler and Bobbie Leslie.
- * Volunteer of the Year was Joe Thomas.



Bike Parking at The Banquet
(photo courtesy Andy Murphy)



Touring Champions David King and Bernice McGill
(photo courtesy Andy Murphy)



Masters Champions Perry Finley and Renita Bernat
(photo courtesy Andy Murphy)



Most Improved Riders Kelly McGill and Timothy Stephen
(photo courtesy Andy Murphy)



Top Ride Captain Steve Rice
(photo courtesy Andy Murphy)

(VP Touring Charley Drexler at right all 4.)

Banquet Presentation (Jan. 14, 2012)



Highlights

- Large Team
- Continuing the Development Path
- Hosted Two Great Races This Year
- Spin-off Group Formed "Team Whyne"
- Several Riders Advanced to Other Teams
- Several Riders from Former "Twin Spires"

Financially

- Solvent.
- Long Run Circuit Race – About \$5k
- Fisherman's CX – About \$2k
- Sponsorship from Clarksville Schwinn
- Louisville Bicycle Club - \$0
- One Jersey, One Pair of Shorts
- Half-Dozen Reimbursed Riders



Banquet Presentation (Jan. 14, 2012)

Louisville Bicycle Club Touring Program Stats

	2011	2010	2009	2008	2007	2006	2005	2004	2003
Number of Riders	759	754	788	771	752	712	638	613	506
# of Rides For All Riders	15,373	17,880	16,673	15,665	13,523	12,990	11,883	12,531	8,786
Total Miles Ridden	534,321	673,680	600,776	558,159	490,161	483,183	454,239	487,263	321,665
Average Miles/Rider	35	37	37	35	36	37	38	39	36
Average Miles/Rider	704	893	762	724	652	679	712	795	636
Average Riders/Ride	17	16	16	16	19	16	19	20	17
# 4000+ Mile Riders	25	35	32	30	23	25	21	28	15
# 3000+ Mile Riders	44	22	16	17	16	9	16	7	4
# 2000+ Mile Riders	34	43	40	37	26	24	26	31	17
# 1000+ Mile Riders	69	77	74	55	60	77	63	63	60
Century Club Members	55	73	62	59	55	58	48	47	14
# TMD Participants	NA	NA	NA	NA	NA	NA	57M 12W 25M 4W	46M 13W 18M 4W	NA
# Completing TMD	NA	NA	NA	NA	NA	NA	NA	NA	NA

To the Moon 2.24 Times
21.5 Times Around the Earth

Louisville Bicycle Club Touring Program Stats The Club Offers Rides For All Riders

Ride Length	Offered Rides for the 2010-2011 Ride Year		Offered Rides for the 2009-2010 Ride Year		Offered Rides for the 2008-2009 Ride Year	
	Count	% Total	Count	% Total	Count	% Total
0-14 Miles	186	16%	180	14%	208	18%
15-24 Miles	246	22%	262	20%	236	20%
25-34 Miles	317	28%	418	32%	309	27%
35-44 Miles	121	11%	148	11%	123	11%
45-54 Miles	80	7%	102	8%	107	9%
55-64 Miles	78	7%	61	5%	63	5%
65-74 Miles	23	2%	29	2%	27	2%
75-84 Miles	3	0%	13	1%	15	1%
85-94 Miles	5	0%	20	2%	6	1%
95-104 Miles	47	4%	49	4%	47	4%
105+ Miles	22	2%	32	2%	19	2%
Totals	1128	100%	1314	100%	1160	100%

Louisville Bicycle Club Touring Program Brevet/Randonneur Program Stats

- Steve Rice (Reginal Brevet Administrator)
- LBC Hosted a full series of Brevets (200, 300, 400 and 600km).
- 121 starts between 54 unique people, 9 finished all 4.
- 48 started and completed the 200km Brevet (the largest brevet ever in Ky.)
- Included riders from KY, IN, OH, TN, MI and Canada
- With this series, 6 LBC members qualified for and completed PBP.
- 5 non-LBC members qualified for PBP with this series
- **LBC was the 17th most represented in the PBP out of 101 US clubs.**
- 6 LBC members qualified for and completed PBP with this series.

Louisville Bicycle Club Touring Program Brevet/Randonneur Program Stats

- In August of 2011, the following LBC Members completed the Brevet Series and qualified for and completed the Paris-Brest-Paris.
 - Melissa Hall.
 - David R. King.
 - Bill Pustow.
 - Steve Rice.
 - Steve Roysce.
 - Todd Williams.

Louisville Bicycle Club Touring Program Populaire Series Stats

- Run like Brevets
- Populaires have been 100 km.
- First three averaged 18 riders each.
- Three local LBC randonneurs used one of the events as their final bike and equipment check for PBP.
- Two non-LBC riders later became LBC members.
- The Populaires have continued on into the winter months.
- There have been about 1 per month.

Louisville Bicycle Club Lifetime Mileage Awards As of 10/31/2011

100,000 Club Miles

Bernice McGill

75,000 Club Miles

A. B. Sandefur

50,000 Club Miles

Perry Finley David King John Larson
Lynn Roberts

25,000 Club Miles

Renita Bernat Michael Blair Roger Bradford
Michael Crawford Carl Davis

Louisville Bicycle Club Top Ride Captains NAMES IN RED RECEIVE Ride Captain Jersey All others receive Volunteer Award

Jenn Armstrong (10)	Alison Ewart (14)	John Larson (23)	Kirk Roggenkamp (14)
Tom Armstrong (31)	Perry Finley (108)	Adam Livingston (11)	Mark Rougeux (11)
Renita Bernat (10)	Connie Guild (12)	Lynn Luking (20)	A. B. Sandefur (47)
Bob Clifford (28)	Melissa Hall (19)	Kelly McGill (15)	Steve Sarson (16)
Dave Combs (53)	Mary Ann Heckler (17)	Victor Miller (13)	Eric Sellers (13)
Donna Connell (10)	Richard Heckler (17)	Marilyn Mimick (13)	Deb Sexton (13)
George Cooper (18)	Steve Highbaugh (10)	Steve Montgomery (13)	Steve Sexton (14)
Gil Crenshaw (12)	Cathy Hill (14)	Andrew Murphy (38)	Timothy Stephen (18)
John Cummings (27)	Jeffrey Johnson (12)	Stewart Frather (12)	Tommy Sutton (17)
Dianna Decker (32)	David R. King (22)	Larry Preble (16)	L. Trachtenberg (32)
Ron Dobbs (10)	Joe Kinsinger (35)	Bill Pustow (16)	Jim Tretter (34)
Vicky Dobbs (21)	Doug Klein (18)	Steve Rice (16)	Kevin Webster (11)
Charlie Drexler (10)			Jeff White (15)

Louisville Bicycle Club Touring Season Champions Mar. 1, 2011 thru Oct. 31, 2011

Overall Touring Champions

Bernice McGill David R. King

Masters Touring Champions

Renita Bernat Perry Finley

Banquet Presentation (Jan. 14, 2012)

Louisville Bicycle Club Most Improved Riders

Most Improved Female Rider
Kelly McGill

Most Improved Male Rider
Timothy Stephen

Louisville Bicycle Club Touring Program Volunteer of the Year

Steve Rice

Louisville Bicycle Club Century Club (5 or More)

Lise Andreasen (11)	Steven Dunsford (8)	John Larson (14)	Steve Rice (44)
Ford Barr (9)	Perry Finley (13)	Stephen Maurer (17)	Lynn Roberts (10)
Paul Battle (5)	Edward Gootee (7)	Kelly McGill (9)	Kirk Roggenkamp (11)
Diane Bellafronto (7)	Bob Grable (12)	Steve Meredith (13)	Mark Rougeux (21)
Renita Bernat (22)	Melissa Hall (42)	Steve Montgomery (15)	Stephen Royse (8)
Roger Bradford (6)	Bruce Heichelbech (6)	Jim Moore (11)	Steve Sexton (23)
Nathan Callaway (10)	Cathy Hill (13)	Ted Niemann (5)	Kim Stanton (12)
Tim Chilton (15)	Scott Hoback (5)	Jody Patterson (17)	Timothy Stephen (11)
David Combs (10)	Susan Howell (9)	Larry Preble (26)	Janice Theriot (11)
George Cooper (5)	Scott Howes (8)	Bill Pustov (20)	Matthew Tinal (17)
Rick Croslin (9)	Mike Jenkins (6)	John Pyron (12)	Wes Warren (17)
Carla Dearing (13)	Mike Kamenish (18)	Susan Pyron (12)	Jeff White (5)
Ron Dobbs (6)	David R. King (45)	Chris B. Quirey (12)	Jason Willis (20)
Vicky Dobbs (5)	Ted King (16)	Dick Rauh (8)	

Louisville Bicycle Club Touring Season 100 Ride Club (LBC Gloves)

Lise Andreasen (103)	David Combs (165)	David R. King (130)	Jim Preston (120)
Paul Battle (100)	George Cooper (165)	John Larson (106)	Anthony Rickett (101)
Renita Bernat (136)	Vicky Dobbs (126)	Bernice McGill (288)	AB Sandefur (112)
Michael Blair (110)	Perry Finley (286)	Kelly McGill (194)	Glenn Todd (109)
Charles Brown (205)	Jerry Gordon (118)	Joe Medley (114)	L. Trachtenberg (115)
Tim Chilton (137)	Joe Hitselberger (152)	Larry Preble (154)	Jim Tretter (134)

Louisville Bicycle Club Tour de Mad Dog TMD Director David R. King

Top Finishers

Men's Podium		Women's Podium	
1) Larry Preble	Yellow Jersey Champion	1) Nita Bernat	Yellow Jersey Champion
2) David R. King		2) Carla Dearing*	
3) Steve Rice		3) Melissa Hall	
Matt Tinal*	White Jersey Champion (best new/young rider)	Carla Dearing*	White Jersey Champion (best new/young rider)
Kelly McGill*	2011 Lanterne Rouge (last place finisher)		

Other Finishers

Steve Sexton	Steve Montgomery	Kim Stanton*	Lise Andreasen*	Perry Finley
Mike Kamenish	Kirk Roggenkamp	Jim Moore	Ford Barr	Susan Howell
Cathy Hill	John Pyron	Janice Theriot	Steve Maurer*	Nate Callaway*
Ted King*	Susan Pyron	Timothy Stephen*	Steve Dunsford*	Steve Meredith
Bob Grable	Tim Chilton	Mark Rougeaux*	Jody Patterson	Dave Combs
Wes Warren*	Jason Willis*	John Larson	Bruce Heichelbach	(*new/young riders)

Louisville Bicycle Club Touring Program Update New for 2012-Best New Ride Competition

- Complete guidelines are posted on the Website.
- For New Rides scheduled during Touring Season (New to the club).
- Ride start within 100 miles of downtown Louisville.
- Three Award Categories:
 - 35 Miles or less
 - Between 35 and 65 miles
 - Over 65 miles

Louisville Bicycle Club Touring Program Update New for 2012-Best New Ride Competition

- Winner in each category will be determined by vote at next years Annual Banquet.
- Club members who submit ride summaries and/or photos for use in the newsletter will be entered in a drawing for a prize given at the Annual Banquet.
- The Fun Starts with the 2012 Touring Season: March 1, 2012.

Louisville Bicycle Club Education Program

Volunteer of the Year
John Samways

SYKES is proud to support the 2011 Old Kentucky Home Tour!

“A family of global businesses delivering business process outsourcing services, SYKES sets the standard for excellence in customer service. Whether serving a credit card customer in Denver, a healthcare patient in Toronto, or a utility customer in Budapest - SYKES brings over 30 years of service expertise to every customer interaction.

Since our business is people-intensive, SYKES’ greatest asset is our people. We are dedicated to finding talented people across the world who are dedicated to our philosophy of always reaching higher. At SYKES, we challenge ourselves to do better tomorrow than we did today. This mission is what drives us in our development, recognition and retention of our most vital assets - employees.

Across countries, we are one team – dedicated to taking ourselves and our clients farther than we’ve gone before.”

Real People. Real Solutions.



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Do you have something you want to share with your fellow club members?

Send us an article and photos for the newsletter! We can accept hand-written manuscripts, hardcopy print-outs or articles on disk (Word documents preferred), or e-mail.

Send them to David Ryan (Packman), VP Communications (see cover for addresses) or hand them to any club officer.

The Louisville Bicycle Club reserves the right to edit all submitted articles.

See cover for deadlines.

The newsletter is sent by email only. Please notify Barry Luckett, club secretary, of email address changes.

Thoughts from a Frequent Rider*by Travis Kerns, LBC VP Racing*

Most, if not all of us, very much enjoy riding our bikes. We ride for various reasons: some for fitness, some for fun, some for training/racing, some enjoy the great outdoors, some for the adventure etc. Maybe you ride for more than one of these reasons, or all of them. Some ride on the roads, some on trails, some on both. Cyclists come from all socio-economic groups, races, ages and cultures. Cycling is enjoyed by both male and female. Whoever you are, whatever you do, wherever you are from, cycling is all-inclusive. And, though we are all different, we all share one thing in common: we want to be safe and live to ride again.

After years of solo rides, group rides and team training rides, I've noticed something while on the open roads that is both frightening and utterly foolish, namely, persons riding a bike as though the rules of the road do not apply to cyclists. I've seen more than my share of close calls between cyclists and motorists and a number of them have been due to some cyclist's strong, yet extremely absurd, desire to "win" a ride on an open road. The Sunday afternoon "sprint" is a perfect example with cyclists (on the vast majority of those rides) crossing a double yellow line while riding up a blind hill, all to "win" the ride. Admittedly, I've been party to some of these same ridiculous thoughts and actions. However, having recently witnessed some cyclists on a club ride blow through a very red traffic light between two 18-wheelers in a heavily trafficked area, I can no longer sit by quietly, simply hoping actions will change.

Those who ride their bikes as though traffic laws do not apply to bikes are making riding a bike even more dangerous for all who ride. Many motorists already have a disdain for cyclists, but seeing cyclists show blatant disregard for traffic laws likely makes those same motorists even more upset and may move a motorist who holds a neutral view of cyclists toward a negative view. I've personally been chided on group rides for slowing, or trying to stop, a large group so as to not blow through a stop sign or a traffic light at high speeds. This is unacceptable. Furthermore, a number of police departments around the Metro area have already declared that they are going to give citations to cyclists who fail to follow traffic laws. If more angry motorists or police citations are not enough to change behavior, please consider the following. Any time a cyclist shows blatant disregard for traffic laws, that rider is making cycling a more dangerous activity for everyone who chooses to participate in the sport, whether it be a 6-year-old child riding near her home, a 60-year-old racer riding in Jefferson Memorial Forest, or a commuter riding from home to the office each day. Continued disregard for traffic laws means more negativity toward cyclists. Take your fellow cyclists into consideration when you ride.

We all have a part to play in this. Ride as though you'd want everyone else to ride the same way you do. Call other cyclists out who show blatant disregard for traffic laws, though without being disagreeable. If in a group, be a leader. If you mess up, apologize to the group if you blow a stop sign, traffic light, etc.

Know the traffic laws and follow them.



The Bicycle Parking Racks were full at The Polar Bear Ride!

(photo courtesy Andy Murphy)