

# THE LOUISVILLE BICYCLE CLUB

Founded in 1897

[www.louisvillebicycleclub.org](http://www.louisvillebicycleclub.org)

January 2014

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**Polar Bear Ride & Cookoff,  
January 1**

**The Bicycle Comic  
January 3**

*The Louisville Cyclist is a monthly  
newsletter of the Louisville Bicycle Club.*

*Please submit articles and photos to:  
David Ryan ("PaCkMaN")  
1906 Lower Hunters Trace  
Louisville, KY 40216,  
[editor@louisvillebicycleclub.org](mailto:editor@louisvillebicycleclub.org),  
502-447-7814.*

**Deadline for the  
Feb 2014 issue is Jan 20**

*Please let us know what you think this  
newsletter needs. After all, it's your  
newsletter!*



## Winter Activities

*by Andy Murphy, LBC President*

When the weather turns cold, we all slow down a bit--there's no reason to stop, though. There are lots of activities during the coming months to keep you busy:

January 1, 2014, 11 AM – POLAR BEAR RIDE and CHILI COOK-OFF. Highland Post 201 of The American Legion, at 2919 Bardstown Road. Help us ring in the New Year! Mileage will depend on the weather. The Chili Cook-off and Potluck lunch will be Rain or Shine. After the ride, chili and drinks will be provided. Bring a side dish or desert--**FOCUS ON SIDE DISHES. WE HAD MORE DESSERTS THAN WE NEEDED LAST YEAR!** The format for this year's ride and pot luck lunch will be the same as last year with a Chili Cook-Off. There will again be 2 divisions; Vegetarian and Traditional, with the winner of each category receiving a \$100 Gift Certificate to a local bike shop. Six judges will be selected randomly the morning of the Polar Bear Ride. There isn't a kitchen available in the room we've rented, so you'll need to prepare your chili in advance and bring a crock-pot or slow cooker to keep it warm. If you choose to enter your chili for judging and the chance at the \$100 gift certificates please contact Bobbie Leslie by Dec. 23. RC: Party Planning Committee Chair Bobbie Leslie at 502.548.4167. Bobbie can also be reached via email; [bandbl@twc.com](mailto:bandbl@twc.com) There will also be the Annual SWAP MEET before and after the Polar Bear Ride, so dig out the bike stuff you don't need anymore and sell or trade it for something you might need! A General Membership Meeting of the LBC will follow the Polar Bear Ride and SWAP MEET at 1 PM.



January 18, 2014 – The LBC Annual Awards Banquet at Big Spring Country Club. Please join your cycling friend to reminisce on the year's activities, acknowledge our volunteers, celebrate our achievements, and elect club officers for the upcoming year. This year's banquet will feature some nice door prizes, drawn at random, including lots of cool stuff.

Registration information can be found here; <http://www.louisvillebicycleclub.org/>

Throughout the winter months, A.B. Sandefer offers The Trainer Tour, at Broadway Baptist Church, 4000 Brownsboro Road. There is a minimal charge; \$1 per night or \$10 for the full season. Believe me, you can eat \$5 worth of fresh fruit each night at The Trainer Tour! Check the LBC Ride & Event Schedule for dates and times for The Trainer Tour.

In addition to these activities, there are club rides nearly every day of the year, even in the winter months. Bundle up, ride safe and ride on!

Life is good  
Murphy

## EMAIL NEWSLETTER DELIVERY

**Don't Miss an Issue!**

Keep your membership and email information up-to-date by editing your member profile at:

<http://www.louisvillebicycleclub.org/>

Thanks for your cooperation!

*Receive  
Your Newsletter  
by Email!*

### YOUR CLUB OFFICERS 2013 (Executive Committee)

**Andrew Murphy**  
President  
502 526-1040  
president@louisvillebicycleclub.org

**Dianna Palmer (Decker)**  
Secretary  
502 415-0755  
secretary@louisvillebicycleclub.org

**Mark Rougeux**  
Treasurer  
502 494-9056  
treasurer@louisvillebicycleclub.org

**Doug Brent**  
VP Advocacy  
502 568-5734  
advocacy@louisvillebicycleclub.org

**David Ryan (Packman)**  
VP Communications  
502 447-7814  
communications@louisvillebicycleclub.org

**David Wittry**  
VP Education  
502 645-0992  
education@louisvillebicycleclub.org

**Bill Carey**  
VP Racing  
718 810-3295  
racing@louisvillebicycleclub.org

**Charlie Drexler**  
VP Touring  
502 499-9854  
touring@louisvillebicycleclub.org

The Louisville Bicycle Club is affiliated with the **League of American Bicyclists (LAB)** and the **United States Cycling Federation (USCF)**.

## NEW MEMBERS

Blevins, Gail	17510 Mimich Way	Louisville, KY	40245 (502) 594-1379
Carey, Patrick & family	105 Westview Dr	Bardstown, KY	40004
Dickinson, John	3801 Union Mill Rd	Nicholasville, KY	40356 (859) 806-5978
Edwards, Pam	6813 Dartmoor Dr	Louisville, KY	40222 (502) 380-7308
Gillette, Michael & Alison	2001 Lancashire Av #102	Louisville, KY	40205 (502) 378-2114
Hughes, Dennis & family	4709 Tivis Ct	Louisville, KY	40218
Kain, David	205 Woodspoint Rd	Lexington, KY	40502 (859) 533-2626
McCarty, Jamie	959 Whetstone Way	Louisville, KY	40223 (502) 572-4640
Minch, Ann	123 Sycamore Dr	Louisville, KY	40223 (502) 533-8449
Montreuil, Kirsten	105 Pennsylvania Av	Louisville, KY	40206 (502) 648-0550
Riesser, Jonathan	3421 Warner Av	Louisville, KY	40207 (614) 378-3191
Smith, Carl & Sarah	431 Park Av #2	Louisville, KY	40208 (502) 439-6896
Tatman, David	401 Cherry Point Dr	Louisville, KY	40243 (502) 435-7083
Woodside, William J Sr.	3033 Wirth Av	Louisville, KY	40217 (502) 637-9698

## NOTICES

### MetroCall – 311 or 574-5000



It's been brought to our attention that not all cell phones recognize 311 as a legitimate phone number. If you have a problem on a bike path, bike lane or in a park you can report the problem to MetroCall at 311 or 574-5000. When you report a problem, you'll be given a tracking number so you can follow-up to make sure the problem has been addressed.



[Click to Enter! www.visitbardstown.com/tourism/](http://www.visitbardstown.com/tourism/) or [www.sampleourspirit.com](http://www.sampleourspirit.com)

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**TANDEM-TRIWHEELER-UNICYCLE-TRAILERS**

**SCHWINN & BH EXERCISERS**

TRAINERS : CYCLEOPS-KENETIC-BLACKBURN-KREITLER

CLOTHING : CANNONDALE-DECSENTE-PEARL IZUMI-PRIMAL

SHOES : SHIMANO-SIDI-DIADORA-PEARL IZUMI

HELMETS : BELL-GIRO-PROTEC

EYEWEAR : OAKLEY-GIRO-TIFOSI

NUTRITION : POWERBAR-CLIFBAR-HAMMER-GU-ENERVIT-  
CHAMPION-ENDURA

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**Candidate for President  
Andy Murphy**

Another year has passed and I would like to thank the membership of the Louisville Bicycle Club for the support I've received throughout this very busy year! I humbly ask for your continued support as I seek another term as your President. I will continue to do my best to represent the interests of all bicyclists in our community. Thank you again for your support! Life is good.

**Candidate for Secretary  
Dianna Palmer**

As a candidate for Secretary of the Louisville Bicycle Club (LBC), I pledge to continue to fulfill the duties of Secretary as described in the LBC By-laws. It has been my privilege to serve as your Secretary for the past 2 years. During those years, my duties have been to maintain the official membership roster, to report on membership size and breakdown, to notify members when their memberships expire, to summarize meeting minutes, to give all notices required by law or the LBC By-Laws, and to maintain the LBC By-Laws and any amendments. I will continue those duties if I am honored by your vote. Sincerely.

**Candidate for Treasurer  
Mark Rougeux**

I would like return as your treasurer in this coming year. 2013 has seen the club continue it's move into the digital age with it's finances and I would like to continue our move in that direction. In 2013 we refined our budgeting process which allowed us to see where we are at any given moment. This year also saw us expand, with the help of Steve Rice, our online OKHT registration right up through the night before the ride. We will continue to tweak and improve that process. I like the direction our ExComm is taking the club: encouraging ride captains in putting on all sorts of rides, and moving towards greater transparency. I welcome your comments and suggestions, and ask for your support. Thank you.

**Candidate for VP Advocacy  
Doug Brent**

I assumed this position when it was vacated during 2013 and would continue in the role if elected.

To me cycling advocacy includes two main roles. The first is to help promote the fun and benefits associated with cycling, always working to expand our community and promote interest in membership in the Louisville Bicycle Club. The best way to promote positive attitudes about bicycling is to convert people into regular riders. The second is to remain aware of legal, political and community issues that will affect the interests of recreational cyclists. During 2012 I joined the task force (chaired by David Karem of Waterfront Development Corp.) working toward reopening the K&I Bridge for recreational use. That would remain a priority. I would also continue working to develop communication with other cyclist organizations in our community to find issues of common concern.

**Candidate for VP Communications  
PaCkMaN**

All, I've been your VP Communications for 7 years, a record for the position as far as I can tell. I apologize for my shortcomings but, if again elected, will continue to do my best and keep someone else on the road. Thank You.

## 2014 Candidate Statements

### Candidate for VP Education David Wittry

I would like to continue to be director of education of the Louisville Bicycle Club. The last two years have shown much growth in our program and I think I can help to maintain the level of instruction and possibly increase the number of new riders who will complete the class.

### Candidate for VP Racing Bill Carey

Hi, my name is Bill Carey. I have served this year as VP of racing for Team Louisville, the racing division of the Louisville Bicycle Club. I took over for Travis Kerns about one year ago, and have greatly enjoyed myself. I am very excited about the future of the team and would love to serve as VP of racing again this year. Thanks.

### Candidate for VP Touring Steve Rice

I respectfully submit my candidacy for Vice President of Touring. Over the past few years I have served on the touring committee, I was instrumental in moving OKHT registration online, and I have created and maintained the LBC online store, which has been very successful for the club. In addition, I worked closely with the prior Vice President of Touring to create the new online scheduler for the touring program. I have also administered the Kentucky Brevet Series since 2007, which has grown substantially over the years to include participants from many states throughout the U.S. and Canada. I believe that the Louisville Bicycle Club should be very proud of the size and diversity of its touring schedule, and I hope to see it continue to grow in the future for all of our members, not only for beginners but also for the short and medium distance aficionados, as well as for veteran long distance cyclists and racers who compete on and off road. Our club has one of the most prolific touring schedules in the United States year round, and my hope is that we can continue this great legacy for all LBC members to participate in for years to come. Thank you for your consideration.

## The Bicycle Comic (Bardstown Theater, Jan. 3, 2014)

by Kirk Miller ([bicyclecomic@gmail.com](mailto:bicyclecomic@gmail.com))

Louisville Bicycle Club Brothers and Sisters. Do you remember the day your training wheels came off? Do you remember where you were? What the weather was like? Most people do. It's like when Kennedy was shot. Or 911. Or when Miley Cyrus twerked that dude on the music awards. You never forget. "How To Ride A Bike" will bring you back to that memory and many more, all while laughing your wheels crooked.

Unlike other one person shows, this is not a story about an intense cancer struggle. It is, however, about The Bicycle Comics experience when a bunch of incredibly good looking nurses played with his private parts in the morning for 12 weeks in a row.

It is also not a story of a 12 step battle with substance abuse. It is, however, a story about a boy that started smoking pot the week of Woodstock, drinking whiskey in high school, still does and can see no reason to stop any of it.

Nor is this a story about escape from a religious cult. But it is a story about a smoking machine wielding, Carrie Nation respect'n, religious badass of a Grandmother.

And lastly, this is not a story about sex addiction. Even though The Bicycle Comic desperately wishes it was.

"How To Ride A Bike" is a one man, two wheel comedy. Come see it. It is at The Bardstown Theater, 1801 Bardstown Road.(on the corner of Speed Avenue) January 3rd. 8 PM. ONE SHOW For tickets call 502 749 5275 or @thebardstown.com.

Peace, Love and Pedals, BC

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**Louisville Bicycle Club Contacts:****The Louisville Bicycle Club**

P.O. Box 35541  
Louisville, KY 40232-5541

**Statistician**

Ron DePrez  
statistician@louisvillebicycleclub.org  
11526 W Highway 42  
Goshen, KY 40026

**Website**

www.louisvillebicycleclub.org

**Facebook**

facebook.com/group.php?  
gid=233519648724

**Listserve (unofficial)**

kycyclist@louisvillebicycleclub.org

**Webmaster**

David "PaCkMaN" Ryan  
webmaster@louisvillebicycleclub.org

**Newsletter Editor**

David "PaCkMaN" Ryan  
editor@louisvillebicycleclub.org

**Kindly Sharing***by Wesley Stephen*

Kindly share the attached pictures with ride coordinators Jackie Gardner and Percy Black. As an avid cyclist, I take my bike along on trips so I can get out and enjoy local trails. So, prior to our trip to Louisville in October, to celebrate our wedding anniversary, I did a little research on Ride the City and, to my surprise, discovered a very impressive bike trail system in your great city. I also discovered the Louisville Bicycle Club and was delighted to find an organized ride scheduled for Sunday, October 20. I immediately contacted ride coordinator, Jackie, and asked if I could join the ride. She responded positively and, as a well trained coordinator, told me about the safety rules. I had a wonderful time with Percy, George and others as we did a fun 32 mile round trip ride from Farnsley Moreman. To memorialize the occasion, I had two pictures taken. Perhaps you can use them in your next newsletter or simply share them with the folks in the picture. In image b, I'm third from the left.

We battled a stiff wind that day but it was a great ride. Those guys were every friendly.

Sincerely,  
Wesley Stephen



(photos courtesy Wesley Stephen)

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Do you have something you want to share with your fellow club members?

Send us an article and photos for the newsletter! We can accept hand-written manuscripts, hardcopy print-outs or articles on disk (Word documents preferred), or e-mail.

Send them to David Ryan (Packman), VP Communications (see cover for addresses) or hand them to any club officer.

The Louisville Bicycle Club reserves the right to edit all submitted articles.

See cover for deadlines.

The newsletter is sent by email only. Please keep your address up-to-date online or advise the club secretary of changes.